

Name: _____ Label: 1 Symbol: A (ID: 21)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 35 yd ln	4.0 stps outside Front hash(@8.75)
#2	24	4.0 stps on Side 2 50 yd ln	4.0 stps outside Front hash(@8.75)
#2A	44	3.0 stps inside Side 1 40 yd ln	8.0 stps outside Front hash(@8.75)
#3	52	3.0 stps inside Side 1 40 yd ln	8.0 stps outside Front hash(@8.75)
#4	68	3.0 stps on Side 2 50 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps on Side 2 50 yd ln	2.0 stps outside Front hash(@8.75)
#5	92	4.0 stps on Side 2 50 yd ln	2.0 stps outside Front hash(@8.75)
#6	108	on Side 2 45 yd ln	2.0 stps outside Front hash(@8.75)
#7	124	4.0 stps outside Side 2 40 yd ln	6.0 stps outside Front hash(@8.75)
#7A	136	4.0 stps outside Side 2 35 yd ln	on Front hash(@8.75)
#8	144	4.0 stps outside Side 2 35 yd ln	on Front hash(@8.75)
#9	172	on Side 2 30 yd ln	12.0 stps inside Front side line
#9A	186	1.0 stps outside Side 2 25 yd ln	10.5 stps inside Front side line
#10	193	1.0 stps outside Side 2 25 yd ln	10.5 stps inside Front side line
#11	221	2.0 stps outside Side 2 25 yd ln	5.0 stps outside Front hash(@8.75)
#12	235	2.5 stps inside Side 2 30 yd ln	5.5 stps outside Front hash(@8.75)
#13	243	2.0 stps inside Side 2 30 yd ln	7.0 stps outside Front hash(@8.75)
#14	251	1.5 stps outside Side 2 30 yd ln	12.5 stps outside Front hash(@8.75)
#15	267	1.5 stps outside Side 2 30 yd ln	12.5 stps outside Front hash(@8.75)
#16	283	2.5 stps outside Side 2 40 yd ln	9.5 stps inside Front side line
#17	307	3.0 stps outside Side 2 45 yd ln	12.0 stps outside Front hash(@8.75)
#17A	331	on Side 2 45 yd ln	on Front hash(@8.75)
#18	351	on Side 2 45 yd ln	on Front hash(@8.75)
#19	379	on Side 1 40 yd ln	4.0 stps outside Front hash(@8.75)
#20	391	4.0 stps inside Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)

Name: _____ Label: 2 Symbol: A (ID: 22)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 35 yd ln	on Front hash(@8.75)
#2	24	on Side 2 45 yd ln	4.0 stps outside Front hash(@8.75)
#2A	44	4.0 stps inside Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#3	52	4.0 stps inside Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#4	68	4.0 stps outside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps outside Side 2 45 yd ln	2.0 stps outside Front hash(@8.75)
#5	92	4.0 stps outside Side 2 45 yd ln	2.0 stps outside Front hash(@8.75)
#6	108	4.0 stps outside Side 2 45 yd ln	2.0 stps outside Front hash(@8.75)
#7	124	on Side 2 35 yd ln	6.0 stps outside Front hash(@8.75)
#7A	136	on Side 2 30 yd ln	on Front hash(@8.75)
#8	144	on Side 2 30 yd ln	on Front hash(@8.75)
#9	172	4.0 stps outside Side 2 30 yd ln	12.0 stps inside Front side line
#9A	186	3.5 stps outside Side 2 25 yd ln	13.0 stps inside Front side line
#10	193	3.5 stps outside Side 2 25 yd ln	13.0 stps inside Front side line
#11	221	on Side 2 25 yd ln	4.0 stps outside Front hash(@8.75)
#12	235	2.0 stps outside Side 2 35 yd ln	5.5 stps outside Front hash(@8.75)
#13	243	on Side 2 30 yd ln	5.0 stps outside Front hash(@8.75)
#14	251	2.0 stps outside Side 2 30 yd ln	9.5 stps outside Front hash(@8.75)
#15	267	2.0 stps outside Side 2 30 yd ln	9.5 stps outside Front hash(@8.75)
#16	283	2.0 stps inside Side 2 35 yd ln	9.5 stps inside Front side line
#17	307	4.0 stps outside Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)
#17A	331	4.0 stps outside Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#18	351	4.0 stps outside Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#19	379	on Side 1 45 yd ln	8.0 stps inside Front hash(@8.75)
#20	391	4.0 stps inside Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)

Name: _____ Label: 3 Symbol: A (ID: 23)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 35 yd ln	4.0 stps inside Front hash(@8.75)
#2	24	4.0 stps outside Side 2 45 yd ln	4.0 stps outside Front hash(@8.75)
#2A	44	3.0 stps inside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#3	52	3.0 stps inside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#4	68	3.0 stps inside Side 2 35 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps outside Side 2 40 yd ln	2.0 stps outside Front hash(@8.75)
#5	92	4.0 stps outside Side 2 40 yd ln	2.0 stps outside Front hash(@8.75)
#6	108	on Side 2 40 yd ln	2.0 stps outside Front hash(@8.75)
#7	124	4.0 stps outside Side 2 35 yd ln	6.0 stps outside Front hash(@8.75)
#7A	136	4.0 stps outside Side 2 30 yd ln	on Front hash(@8.75)
#8	144	4.0 stps outside Side 2 30 yd ln	on Front hash(@8.75)
#9	172	on Side 2 25 yd ln	12.0 stps inside Front side line
#9A	186	3.5 stps inside Side 2 20 yd ln	12.0 stps outside Front hash(@8.75)
#10	193	3.5 stps inside Side 2 20 yd ln	12.0 stps outside Front hash(@8.75)
#11	221	3.0 stps inside Side 2 25 yd ln	4.0 stps outside Front hash(@8.75)
#12	235	on Side 2 35 yd ln	5.0 stps outside Front hash(@8.75)
#13	243	3.0 stps inside Side 2 30 yd ln	3.0 stps outside Front hash(@8.75)
#14	251	2.0 stps inside Side 2 30 yd ln	on Front hash(@8.75)
#15	267	2.0 stps inside Side 2 30 yd ln	on Front hash(@8.75)
#16	283	0.5 stps outside Side 2 30 yd ln	13.5 stps inside Front side line
#17	307	on Side 2 35 yd ln	on Front hash(@8.75)
#17A	331	4.0 stps on Side 2 50 yd ln	8.0 stps inside Front hash(@8.75)
#18	351	4.0 stps on Side 2 50 yd ln	8.0 stps inside Front hash(@8.75)
#19	379	4.0 stps inside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#20	391	4.0 stps inside Side 1 35 yd ln	on Front hash(@8.75)

Name: _____ Label: 4 Symbol: A (ID: 24)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps on Side 2 50 yd ln	8.0 stps inside Back hash(@-8.75)
#2	24	4.0 stps outside Side 2 45 yd ln	8.0 stps inside Front hash(@8.75)
#2A	44	2.0 stps outside Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#3	52	2.0 stps outside Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#4	68	2.0 stps outside Side 2 45 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	on Side 2 45 yd ln	1.0 stps inside Front hash(@8.75)
#5	92	on Side 2 45 yd ln	1.0 stps inside Front hash(@8.75)
#6	108	on Side 2 45 yd ln	1.0 stps inside Front hash(@8.75)
#7	124	4.0 stps outside Side 2 40 yd ln	3.0 stps outside Front hash(@8.75)
#7A	136	4.0 stps outside Side 2 35 yd ln	3.0 stps inside Front hash(@8.75)
#8	144	4.0 stps outside Side 2 35 yd ln	3.0 stps inside Front hash(@8.75)
#9	172	on Side 2 30 yd ln	13.0 stps outside Front hash(@8.75)
#9A	186	1.0 stps outside Side 2 25 yd ln	4.5 stps outside Front hash(@8.75)
#10	193	1.0 stps outside Side 2 25 yd ln	4.5 stps outside Front hash(@8.75)
#11	221	3.5 stps inside Side 2 30 yd ln	5.5 stps outside Front hash(@8.75)
#12	235	3.5 stps outside Side 2 40 yd ln	1.5 stps inside Front hash(@8.75)
#13	243	4.0 stps outside Side 2 45 yd ln	1.0 stps outside Front hash(@8.75)
#14	251	3.0 stps inside Side 2 35 yd ln	on Front hash(@8.75)
#15	267	3.0 stps inside Side 2 35 yd ln	on Front hash(@8.75)
#16	283	2.5 stps outside Side 2 30 yd ln	5.5 stps outside Front hash(@8.75)
#17	307	3.0 stps outside Side 2 35 yd ln	6.0 stps inside Front hash(@8.75)
#17A	331	on Side 1 45 yd ln	8.0 stps inside Front hash(@8.75)
#18	351	on Side 1 45 yd ln	8.0 stps inside Front hash(@8.75)
#19	379	on 50 yd ln	4.0 stps inside Front hash(@8.75)
#20	391	on Side 1 45 yd ln	on Front hash(@8.75)

Name: _____ Label: 5 Symbol: A (ID: 25)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 45 yd ln	8.0 stps inside Back hash(@-8.75)
#2	24	on Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#2A	44	3.0 stps outside Side 2 35 yd ln	8.0 stps inside Front hash(@8.75)
#3	52	3.0 stps outside Side 2 35 yd ln	8.0 stps inside Front hash(@8.75)
#4	68	3.0 stps outside Side 2 40 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	on Side 2 40 yd ln	1.0 stps inside Front hash(@8.75)
#5	92	on Side 2 40 yd ln	1.0 stps inside Front hash(@8.75)
#6	108	4.0 stps outside Side 2 45 yd ln	1.0 stps inside Front hash(@8.75)
#7	124	on Side 2 35 yd ln	3.0 stps outside Front hash(@8.75)
#7A	136	on Side 2 30 yd ln	3.0 stps inside Front hash(@8.75)
#8	144	on Side 2 30 yd ln	3.0 stps inside Front hash(@8.75)
#9	172	4.0 stps outside Side 2 30 yd ln	13.0 stps outside Front hash(@8.75)
#9A	186	3.5 stps outside Side 2 25 yd ln	6.0 stps outside Front hash(@8.75)
#10	193	3.5 stps outside Side 2 25 yd ln	6.0 stps outside Front hash(@8.75)
#11	221	1.0 stps inside Side 2 30 yd ln	5.0 stps outside Front hash(@8.75)
#12	235	3.5 stps outside Side 2 40 yd ln	1.0 stps outside Front hash(@8.75)
#13	243	2.0 stps outside Side 2 35 yd ln	5.0 stps outside Front hash(@8.75)
#14	251	2.0 stps outside Side 2 30 yd ln	4.0 stps outside Front hash(@8.75)
#15	267	2.0 stps outside Side 2 30 yd ln	4.0 stps outside Front hash(@8.75)
#16	283	3.5 stps outside Side 2 35 yd ln	10.5 stps inside Front side line
#17	307	2.0 stps inside Side 2 35 yd ln	4.0 stps outside Front hash(@8.75)
#17A	331	4.0 stps outside Side 2 45 yd ln	8.0 stps inside Front hash(@8.75)
#18	351	4.0 stps outside Side 2 45 yd ln	8.0 stps inside Front hash(@8.75)
#19	379	on Side 1 40 yd ln	8.0 stps inside Front hash(@8.75)
#20	391	4.0 stps inside Side 1 30 yd ln	4.0 stps inside Front hash(@8.75)

Name: _____ Label: 6 Symbol: A (ID: 26)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 45 yd ln	8.0 stps inside Back hash(@-8.75)
#2	24	4.0 stps outside Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#2A	44	4.0 stps outside Side 2 30 yd ln	8.0 stps inside Front hash(@8.75)
#3	52	4.0 stps outside Side 2 30 yd ln	8.0 stps inside Front hash(@8.75)
#4	68	4.0 stps outside Side 2 35 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	on Side 2 35 yd ln	1.0 stps inside Front hash(@8.75)
#5	92	on Side 2 35 yd ln	1.0 stps inside Front hash(@8.75)
#6	108	on Side 2 40 yd ln	1.0 stps inside Front hash(@8.75)
#7	124	4.0 stps outside Side 2 35 yd ln	3.0 stps outside Front hash(@8.75)
#7A	136	4.0 stps outside Side 2 30 yd ln	3.0 stps inside Front hash(@8.75)
#8	144	4.0 stps outside Side 2 30 yd ln	3.0 stps inside Front hash(@8.75)
#9	172	on Side 2 25 yd ln	13.0 stps outside Front hash(@8.75)
#9A	186	3.5 stps inside Side 2 20 yd ln	9.0 stps outside Front hash(@8.75)
#10	193	3.5 stps inside Side 2 20 yd ln	9.0 stps outside Front hash(@8.75)
#11	221	1.5 stps outside Side 2 30 yd ln	4.5 stps outside Front hash(@8.75)
#12	235	2.5 stps inside Side 2 35 yd ln	3.5 stps outside Front hash(@8.75)
#13	243	3.0 stps inside Side 2 30 yd ln	1.0 stps outside Front hash(@8.75)
#14	251	3.0 stps outside Side 2 30 yd ln	6.5 stps outside Front hash(@8.75)
#15	267	3.0 stps outside Side 2 30 yd ln	6.5 stps outside Front hash(@8.75)
#16	283	0.5 stps outside Side 2 35 yd ln	10.0 stps inside Front side line
#17	307	3.0 stps inside Side 2 35 yd ln	6.0 stps outside Front hash(@8.75)
#17A	331	on Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#18	351	on Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#19	379	4.0 stps inside Side 1 40 yd ln	8.0 stps inside Front hash(@8.75)
#20	391	on Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)

Name: _____ Label: 7 Symbol: A (ID: 27)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on 50 yd ln	4.0 stps inside Back hash(@-8.75)
#2	24	on Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)
#2A	44	4.0 stps outside Side 2 45 yd ln	8.0 stps inside Front hash(@8.75)
#3	52	4.0 stps outside Side 2 45 yd ln	8.0 stps inside Front hash(@8.75)
#4	68	4.0 stps on Side 2 50 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	4.0 stps on Side 2 50 yd ln	4.0 stps inside Front hash(@8.75)
#5	92	4.0 stps on Side 2 50 yd ln	4.0 stps inside Front hash(@8.75)
#6	108	on Side 2 45 yd ln	4.0 stps inside Front hash(@8.75)
#7	124	on Side 2 35 yd ln	4.0 stps inside Front hash(@8.75)
#7A	136	4.0 stps outside Side 2 35 yd ln	6.0 stps inside Front hash(@8.75)
#8	144	4.0 stps outside Side 2 35 yd ln	6.0 stps inside Front hash(@8.75)
#9	172	on Side 2 30 yd ln	10.0 stps outside Front hash(@8.75)
#9A	186	2.5 stps outside Side 2 35 yd ln	5.5 stps outside Front hash(@8.75)
#10	193	2.5 stps outside Side 2 35 yd ln	5.5 stps outside Front hash(@8.75)
#11	221	3.5 stps inside Side 2 35 yd ln	2.5 stps inside Front hash(@8.75)
#12	235	0.5 stps outside Side 2 30 yd ln	5.5 stps inside Front hash(@8.75)
#13	243	1.0 stps outside Side 2 30 yd ln	on Front hash(@8.75)
#14	251	2.5 stps outside Side 2 35 yd ln	on Front hash(@8.75)
#15	267	2.5 stps outside Side 2 35 yd ln	on Front hash(@8.75)
#16	283	2.0 stps outside Side 2 30 yd ln	11.0 stps outside Front hash(@8.75)
#17	307	1.0 stps outside Side 2 35 yd ln	2.0 stps inside Front hash(@8.75)
#17A	331	on 50 yd ln	8.0 stps inside Front hash(@8.75)
#18	351	on 50 yd ln	8.0 stps inside Front hash(@8.75)
#19	379	on Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#20	391	on Side 1 40 yd ln	on Front hash(@8.75)

Name: _____ Label: 8 Symbol: A (ID: 28)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps on Side 2 50 yd ln	4.0 stps inside Back hash(@-8.75)
#2	24	4.0 stps outside Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)
#2A	44	3.0 stps inside Side 2 35 yd ln	8.0 stps inside Front hash(@8.75)
#3	52	3.0 stps inside Side 2 35 yd ln	8.0 stps inside Front hash(@8.75)
#4	68	3.0 stps inside Side 2 40 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	4.0 stps outside Side 2 45 yd ln	4.0 stps inside Front hash(@8.75)
#5	92	4.0 stps outside Side 2 45 yd ln	4.0 stps inside Front hash(@8.75)
#6	108	4.0 stps outside Side 2 45 yd ln	4.0 stps inside Front hash(@8.75)
#7	124	4.0 stps outside Side 2 35 yd ln	4.0 stps inside Front hash(@8.75)
#7A	136	on Side 2 30 yd ln	6.0 stps inside Front hash(@8.75)
#8	144	on Side 2 30 yd ln	6.0 stps inside Front hash(@8.75)
#9	172	4.0 stps outside Side 2 30 yd ln	10.0 stps outside Front hash(@8.75)
#9A	186	0.5 stps outside Side 2 30 yd ln	4.5 stps outside Front hash(@8.75)
#10	193	0.5 stps outside Side 2 30 yd ln	4.5 stps outside Front hash(@8.75)
#11	221	3.5 stps inside Side 2 35 yd ln	2.5 stps outside Front hash(@8.75)
#12	235	2.5 stps outside Side 2 35 yd ln	5.5 stps inside Front hash(@8.75)
#13	243	2.0 stps inside Side 2 35 yd ln	5.0 stps inside Front hash(@8.75)
#14	251	2.5 stps outside Side 2 35 yd ln	4.0 stps inside Front hash(@8.75)
#15	267	2.5 stps outside Side 2 35 yd ln	4.0 stps inside Front hash(@8.75)
#16	283	on Side 2 25 yd ln	3.5 stps outside Front hash(@8.75)
#17	307	1.0 stps inside Side 2 30 yd ln	8.0 stps inside Front hash(@8.75)
#17A	331	on Side 2 40 yd ln	12.0 stps inside Front hash(@8.75)
#18	351	on Side 2 40 yd ln	12.0 stps inside Front hash(@8.75)
#19	379	on 50 yd ln	8.0 stps inside Front hash(@8.75)
#20	391	4.0 stps inside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)

Name: _____ Label: 9 Symbol: A (ID: 29)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 45 yd ln	4.0 stps inside Back hash(@-8.75)
#2	24	on Side 2 40 yd ln	12.0 stps inside Front hash(@8.75)
#2A	44	2.0 stps inside Side 2 30 yd ln	8.0 stps inside Front hash(@8.75)
#3	52	2.0 stps inside Side 2 30 yd ln	8.0 stps inside Front hash(@8.75)
#4	68	2.0 stps inside Side 2 35 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	4.0 stps outside Side 2 40 yd ln	4.0 stps inside Front hash(@8.75)
#5	92	4.0 stps outside Side 2 40 yd ln	4.0 stps inside Front hash(@8.75)
#6	108	on Side 2 40 yd ln	7.0 stps inside Front hash(@8.75)
#7	124	on Side 2 30 yd ln	7.0 stps inside Front hash(@8.75)
#7A	136	4.0 stps outside Side 2 30 yd ln	9.0 stps inside Front hash(@8.75)
#8	144	4.0 stps outside Side 2 30 yd ln	9.0 stps inside Front hash(@8.75)
#9	172	on Side 2 25 yd ln	7.0 stps outside Front hash(@8.75)
#9A	186	3.5 stps outside Side 2 30 yd ln	4.0 stps outside Front hash(@8.75)
#10	193	3.5 stps outside Side 2 30 yd ln	4.0 stps outside Front hash(@8.75)
#11	221	1.5 stps inside Side 2 35 yd ln	4.5 stps outside Front hash(@8.75)
#12	235	on Side 2 35 yd ln	5.0 stps inside Front hash(@8.75)
#13	243	2.0 stps outside Side 2 40 yd ln	1.0 stps outside Front hash(@8.75)
#14	251	on Side 2 35 yd ln	on Front hash(@8.75)
#15	267	on Side 2 35 yd ln	on Front hash(@8.75)
#16	283	2.5 stps outside Side 2 30 yd ln	8.5 stps outside Front hash(@8.75)
#17	307	2.0 stps outside Side 2 35 yd ln	4.0 stps inside Front hash(@8.75)
#17A	331	4.0 stps inside Side 1 45 yd ln	8.0 stps inside Front hash(@8.75)
#18	351	4.0 stps inside Side 1 45 yd ln	8.0 stps inside Front hash(@8.75)
#19	379	4.0 stps inside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#20	391	4.0 stps inside Side 1 40 yd ln	on Front hash(@8.75)

Name: _____ Label: 11 Symbol: A (ID: 31)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps on Side 2 50 yd ln	on Back hash(@-8.75)
#2	24	4.0 stps outside Side 2 45 yd ln	12.0 stps inside Back hash(@-8.75)
#2A	44	on Side 2 35 yd ln	8.0 stps inside Front hash(@8.75)
#3	52	on Side 2 35 yd ln	8.0 stps inside Front hash(@8.75)
#4	68	on Side 2 40 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	on Side 2 40 yd ln	7.0 stps inside Front hash(@8.75)
#5	92	on Side 2 40 yd ln	7.0 stps inside Front hash(@8.75)
#6	108	4.0 stps outside Side 2 45 yd ln	7.0 stps inside Front hash(@8.75)
#7	124	4.0 stps outside Side 2 35 yd ln	7.0 stps inside Front hash(@8.75)
#7A	136	on Side 2 30 yd ln	9.0 stps inside Front hash(@8.75)
#8	144	on Side 2 30 yd ln	9.0 stps inside Front hash(@8.75)
#9	172	4.0 stps outside Side 2 30 yd ln	7.0 stps outside Front hash(@8.75)
#9A	186	2.0 stps inside Side 2 30 yd ln	5.5 stps outside Front hash(@8.75)
#10	193	2.0 stps inside Side 2 30 yd ln	5.5 stps outside Front hash(@8.75)
#11	221	3.5 stps outside Side 2 40 yd ln	on Front hash(@8.75)
#12	235	2.0 stps inside Side 2 30 yd ln	6.0 stps inside Front hash(@8.75)
#13	243	1.0 stps outside Side 2 35 yd ln	2.0 stps outside Front hash(@8.75)
#14	251	2.0 stps inside Side 2 30 yd ln	4.0 stps inside Front hash(@8.75)
#15	267	2.0 stps inside Side 2 30 yd ln	4.0 stps inside Front hash(@8.75)
#16	283	on Side 2 25 yd ln	6.5 stps outside Front hash(@8.75)
#17	307	4.0 stps outside Side 2 35 yd ln	8.0 stps inside Front hash(@8.75)
#17A	331	4.0 stps outside Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)
#18	351	4.0 stps outside Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)
#19	379	4.0 stps on Side 2 50 yd ln	8.0 stps inside Front hash(@8.75)
#20	391	on Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)

Name: _____ Label: 10 Symbol: A (ID: 30)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 45 yd ln	4.0 stps inside Back hash(@-8.75)
#2	24	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Front hash(@8.75)
#2A	44	1.0 stps inside Side 2 25 yd ln	8.0 stps inside Front hash(@8.75)
#3	52	1.0 stps inside Side 2 25 yd ln	8.0 stps inside Front hash(@8.75)
#4	68	1.0 stps inside Side 2 30 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	4.0 stps outside Side 2 35 yd ln	4.0 stps inside Front hash(@8.75)
#5	92	4.0 stps outside Side 2 35 yd ln	4.0 stps inside Front hash(@8.75)
#6	108	on Side 2 40 yd ln	4.0 stps inside Front hash(@8.75)
#7	124	on Side 2 30 yd ln	4.0 stps inside Front hash(@8.75)
#7A	136	4.0 stps outside Side 2 30 yd ln	6.0 stps inside Front hash(@8.75)
#8	144	4.0 stps outside Side 2 30 yd ln	6.0 stps inside Front hash(@8.75)
#9	172	on Side 2 25 yd ln	10.0 stps outside Front hash(@8.75)
#9A	186	1.0 stps inside Side 2 25 yd ln	3.5 stps outside Front hash(@8.75)
#10	193	1.0 stps inside Side 2 25 yd ln	3.5 stps outside Front hash(@8.75)
#11	221	1.0 stps outside Side 2 35 yd ln	5.5 stps outside Front hash(@8.75)
#12	235	2.5 stps inside Side 2 35 yd ln	4.0 stps inside Front hash(@8.75)
#13	243	on Side 2 40 yd ln	4.0 stps inside Front hash(@8.75)
#14	251	on Side 2 35 yd ln	4.0 stps inside Front hash(@8.75)
#15	267	on Side 2 35 yd ln	4.0 stps inside Front hash(@8.75)
#16	283	1.5 stps inside Side 2 25 yd ln	1.0 stps outside Front hash(@8.75)
#17	307	2.0 stps outside Side 2 30 yd ln	8.0 stps inside Front hash(@8.75)
#17A	331	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Front hash(@8.75)
#18	351	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Front hash(@8.75)
#19	379	4.0 stps inside Side 1 45 yd ln	8.0 stps inside Front hash(@8.75)
#20	391	on Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)

Name: _____ Label: 12 Symbol: A (ID: 32)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 45 yd ln	on Back hash(@-8.75)
#2	24	on Side 2 40 yd ln	12.0 stps inside Back hash(@-8.75)
#2A	44	1.0 stps outside Side 2 30 yd ln	8.0 stps inside Front hash(@8.75)
#3	52	1.0 stps outside Side 2 30 yd ln	8.0 stps inside Front hash(@8.75)
#4	68	1.0 stps outside Side 2 35 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	on Side 2 35 yd ln	7.0 stps inside Front hash(@8.75)
#5	92	on Side 2 35 yd ln	7.0 stps inside Front hash(@8.75)
#6	108	on Side 2 40 yd ln	10.0 stps inside Front hash(@8.75)
#7	124	on Side 2 30 yd ln	10.0 stps inside Front hash(@8.75)
#7A	136	on Side 2 30 yd ln	12.0 stps inside Front hash(@8.75)
#8	144	on Side 2 30 yd ln	12.0 stps inside Front hash(@8.75)
#9	172	4.0 stps outside Side 2 30 yd ln	4.0 stps outside Front hash(@8.75)
#9A	186	3.5 stps outside Side 2 40 yd ln	1.0 stps inside Front hash(@8.75)
#10	193	3.5 stps outside Side 2 40 yd ln	1.0 stps inside Front hash(@8.75)
#11	221	1.0 stps inside Side 2 30 yd ln	6.0 stps inside Front hash(@8.75)
#12	235	4.0 stps outside Side 2 25 yd ln	3.0 stps inside Front hash(@8.75)
#13	243	0.5 stps outside Side 2 25 yd ln	1.0 stps inside Front hash(@8.75)
#14	251	1.0 stps outside Side 2 30 yd ln	3.0 stps inside Front hash(@8.75)
#15	267	1.0 stps outside Side 2 30 yd ln	3.0 stps inside Front hash(@8.75)
#16	283	on Side 2 25 yd ln	9.5 stps outside Front hash(@8.75)
#17	307	2.0 stps inside Side 2 25 yd ln	10.0 stps inside Front side line
#17A	331	4.0 stps outside Side 2 45 yd ln	on Front hash(@8.75)
#18	351	4.0 stps outside Side 2 45 yd ln	on Front hash(@8.75)
#19	379	on Side 1 40 yd ln	on Front hash(@8.75)
#20	391	4.0 stps inside Side 1 35 yd ln	4.0 stps outside Front hash(@8.75)

Name: _____ Label: 13 Symbol: A (ID: 41)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on 50 yd ln	on Back hash(@-8.75)
#2	24	on Side 2 45 yd ln	12.0 stps inside Back hash(@-8.75)
#2A	44	1.0 stps inside Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#3	52	1.0 stps inside Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#4	68	1.0 stps inside Side 2 45 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	on Side 2 45 yd ln	7.0 stps inside Front hash(@8.75)
#5	92	on Side 2 45 yd ln	7.0 stps inside Front hash(@8.75)
#6	108	on Side 2 45 yd ln	7.0 stps inside Front hash(@8.75)
#7	124	on Side 2 35 yd ln	7.0 stps inside Front hash(@8.75)
#7A	136	4.0 stps outside Side 2 35 yd ln	9.0 stps inside Front hash(@8.75)
#8	144	4.0 stps outside Side 2 35 yd ln	9.0 stps inside Front hash(@8.75)
#9	172	on Side 2 30 yd ln	7.0 stps outside Front hash(@8.75)
#9A	186	on Side 2 35 yd ln	5.5 stps outside Front hash(@8.75)
#10	193	on Side 2 35 yd ln	5.5 stps outside Front hash(@8.75)
#11	221	1.5 stps inside Side 2 35 yd ln	4.5 stps inside Front hash(@8.75)
#12	235	3.0 stps outside Side 2 30 yd ln	5.0 stps inside Front hash(@8.75)
#13	243	4.0 stps outside Side 2 30 yd ln	3.0 stps outside Front hash(@8.75)
#14	251	1.0 stps outside Side 2 30 yd ln	2.0 stps outside Front hash(@8.75)
#15	267	1.0 stps outside Side 2 30 yd ln	2.0 stps outside Front hash(@8.75)
#16	283	1.5 stps inside Side 2 30 yd ln	11.5 stps inside Front side line
#17	307	1.0 stps inside Side 2 35 yd ln	2.0 stps outside Front hash(@8.75)
#17A	331	on Side 2 45 yd ln	8.0 stps inside Front hash(@8.75)
#18	351	on Side 2 45 yd ln	8.0 stps inside Front hash(@8.75)
#19	379	on Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#20	391	on Side 1 35 yd ln	on Front hash(@8.75)

Name: _____ Label: 1 Symbol: B (ID: 61)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 30 yd ln	4.0 stps inside Front hash(@8.75)
#2	24	on Side 2 35 yd ln	4.0 stps inside Back hash(@-8.75)
#2A	44	3.0 stps inside Side 2 35 yd ln	2.0 stps outside Back hash(@-8.75)
#3	52	3.0 stps inside Side 2 35 yd ln	2.0 stps outside Back hash(@-8.75)
#4	68	3.0 stps inside Side 2 40 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps outside Side 2 45 yd ln	6.0 stps inside Back hash(@-8.75)
#5	92	4.0 stps outside Side 2 45 yd ln	6.0 stps inside Back hash(@-8.75)
#6	108	on Side 2 45 yd ln	6.0 stps inside Back hash(@-8.75)
#7	124	on Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#7A	136	4.0 stps on Side 2 50 yd ln	10.0 stps inside Back hash(@-8.75)
#8	144	4.0 stps on Side 2 50 yd ln	10.0 stps inside Back hash(@-8.75)
#9	172	4.0 stps inside Side 1 40 yd ln	13.0 stps inside Back hash(@-8.75)
#9A	186	2.5 stps on Side 2 50 yd ln	13.5 stps inside Back hash(@-8.75)
#10	193	2.5 stps on Side 2 50 yd ln	13.5 stps inside Back hash(@-8.75)
#11	221	0.5 stps outside Side 1 35 yd ln	12.0 stps inside Back hash(@-8.75)
#12	235	on Side 1 30 yd ln	7.5 stps inside Front hash(@8.75)
#13	243	1.0 stps inside Side 1 30 yd ln	3.0 stps inside Front hash(@8.75)
#14	251	3.0 stps outside Side 1 30 yd ln	1.0 stps outside Front hash(@8.75)
#15	267	3.0 stps outside Side 1 30 yd ln	1.0 stps outside Front hash(@8.75)
#16	283	on Side 1 35 yd ln	8.5 stps inside Front hash(@8.75)
#17	307	on Side 1 45 yd ln	14.0 stps inside Back hash(@-8.75)
#17A	331	on Side 1 45 yd ln	4.0 stps inside Back hash(@-8.75)
#18	351	on Side 1 45 yd ln	4.0 stps inside Back hash(@-8.75)
#19	379	on 50 yd ln	8.0 stps inside Back hash(@-8.75)
#20	391	4.0 stps outside Side 2 45 yd ln	12.0 stps inside Back hash(@-8.75)

Name: _____ Label: 2 Symbol: B (ID: 62)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 35 yd ln	4.0 stps inside Front hash(@8.75)
#2	24	4.0 stps outside Side 2 40 yd ln	4.0 stps inside Back hash(@-8.75)
#2A	44	4.0 stps outside Side 2 45 yd ln	2.0 stps outside Back hash(@-8.75)
#3	52	4.0 stps outside Side 2 45 yd ln	2.0 stps outside Back hash(@-8.75)
#4	68	4.0 stps on Side 2 50 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps on Side 2 50 yd ln	6.0 stps inside Back hash(@-8.75)
#5	92	4.0 stps on Side 2 50 yd ln	6.0 stps inside Back hash(@-8.75)
#6	108	4.0 stps on Side 2 50 yd ln	6.0 stps inside Back hash(@-8.75)
#7	124	4.0 stps inside Side 1 40 yd ln	6.0 stps inside Back hash(@-8.75)
#7A	136	on 50 yd ln	10.0 stps inside Back hash(@-8.75)
#8	144	on 50 yd ln	10.0 stps inside Back hash(@-8.75)
#9	172	on Side 1 40 yd ln	13.0 stps inside Back hash(@-8.75)
#9A	186	3.0 stps on Side 1 50 yd ln	13.0 stps inside Back hash(@-8.75)
#10	193	3.0 stps on Side 1 50 yd ln	13.0 stps inside Back hash(@-8.75)
#11	221	1.5 stps inside Side 1 30 yd ln	13.5 stps inside Front hash(@8.75)
#12	235	2.5 stps outside Side 1 35 yd ln	6.5 stps inside Front hash(@8.75)
#13	243	1.0 stps inside Side 1 35 yd ln	10.0 stps inside Front hash(@8.75)
#14	251	on Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#15	267	on Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#16	283	on 50 yd ln	9.0 stps inside Front hash(@8.75)
#17	307	4.0 stps on Side 2 50 yd ln	8.0 stps inside Front hash(@8.75)
#17A	331	on Side 2 40 yd ln	8.0 stps inside Back hash(@-8.75)
#18	351	on Side 2 40 yd ln	8.0 stps inside Back hash(@-8.75)
#19	379	on 50 yd ln	12.0 stps inside Back hash(@-8.75)
#20	391	on Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)

Name: _____ Label: 3 Symbol: B (ID: 63)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 35 yd ln	4.0 stps outside Back hash(@-8.75)
#2	24	on Side 1 35 yd ln	12.0 stps inside Back hash(@-8.75)
#2A	44	3.0 stps inside Side 1 35 yd ln	4.0 stps inside Back hash(@-8.75)
#3	52	3.0 stps inside Side 1 35 yd ln	4.0 stps inside Back hash(@-8.75)
#4	68	3.0 stps inside Side 1 45 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps inside Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#5	92	4.0 stps inside Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#6	108	on 50 yd ln	6.0 stps inside Back hash(@-8.75)
#7	124	on Side 1 40 yd ln	6.0 stps inside Back hash(@-8.75)
#7A	136	4.0 stps inside Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#8	144	4.0 stps inside Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#9	172	4.0 stps inside Side 1 35 yd ln	13.0 stps inside Back hash(@-8.75)
#9A	186	1.0 stps outside Side 1 45 yd ln	11.5 stps inside Back hash(@-8.75)
#10	193	1.0 stps outside Side 1 45 yd ln	11.5 stps inside Back hash(@-8.75)
#11	221	0.5 stps outside Side 1 30 yd ln	9.0 stps inside Front hash(@8.75)
#12	235	3.0 stps inside Side 1 35 yd ln	8.0 stps inside Front hash(@8.75)
#13	243	1.0 stps outside Side 1 35 yd ln	1.0 stps inside Front hash(@8.75)
#14	251	0.5 stps outside Side 1 35 yd ln	8.5 stps inside Front hash(@8.75)
#15	267	0.5 stps outside Side 1 35 yd ln	8.5 stps inside Front hash(@8.75)
#16	283	1.0 stps outside Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#17	307	2.0 stps on Side 1 50 yd ln	2.0 stps inside Front hash(@8.75)
#17A	331	4.0 stps on Side 2 50 yd ln	8.0 stps inside Back hash(@-8.75)
#18	351	4.0 stps on Side 2 50 yd ln	8.0 stps inside Back hash(@-8.75)
#19	379	4.0 stps outside Side 2 45 yd ln	12.0 stps inside Back hash(@-8.75)
#20	391	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Front hash(@8.75)

Name: _____ Label: 4 Symbol: B (ID: 64)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 35 yd ln	4.0 stps outside Back hash(@-8.75)
#2	24	4.0 stps inside Side 1 30 yd ln	12.0 stps inside Back hash(@-8.75)
#2A	44	2.0 stps inside Side 1 30 yd ln	4.0 stps inside Back hash(@-8.75)
#3	52	2.0 stps inside Side 1 30 yd ln	4.0 stps inside Back hash(@-8.75)
#4	68	2.0 stps inside Side 1 40 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps inside Side 1 40 yd ln	6.0 stps inside Back hash(@-8.75)
#5	92	4.0 stps inside Side 1 40 yd ln	6.0 stps inside Back hash(@-8.75)
#6	108	4.0 stps inside Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#7	124	4.0 stps inside Side 1 35 yd ln	6.0 stps inside Back hash(@-8.75)
#7A	136	on Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#8	144	on Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#9	172	on Side 1 35 yd ln	13.0 stps inside Back hash(@-8.75)
#9A	186	0.5 stps inside Side 1 40 yd ln	11.0 stps inside Back hash(@-8.75)
#10	193	0.5 stps inside Side 1 40 yd ln	11.0 stps inside Back hash(@-8.75)
#11	221	3.5 stps inside Side 1 30 yd ln	6.0 stps inside Front hash(@8.75)
#12	235	0.5 stps inside Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#13	243	2.0 stps outside Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#14	251	2.0 stps outside Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#15	267	2.0 stps outside Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#16	283	2.0 stps inside Side 2 45 yd ln	9.0 stps inside Front hash(@8.75)
#17	307	on Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)
#17A	331	4.0 stps outside Side 2 40 yd ln	4.0 stps inside Back hash(@-8.75)
#18	351	4.0 stps outside Side 2 40 yd ln	4.0 stps inside Back hash(@-8.75)
#19	379	on Side 1 45 yd ln	4.0 stps inside Back hash(@-8.75)
#20	391	on Side 2 45 yd ln	8.0 stps inside Back hash(@-8.75)

Name: _____ Label: 6 Symbol: B (ID: 66)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 30 yd ln	on Back hash(@-8.75)
#2	24	on Side 1 30 yd ln	12.0 stps inside Front hash(@8.75)
#2A	44	2.0 stps outside Side 1 25 yd ln	4.0 stps inside Back hash(@-8.75)
#3	52	2.0 stps outside Side 1 25 yd ln	4.0 stps inside Back hash(@-8.75)
#4	68	2.0 stps outside Side 1 35 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	on Side 1 35 yd ln	9.0 stps inside Back hash(@-8.75)
#5	92	on Side 1 35 yd ln	9.0 stps inside Back hash(@-8.75)
#6	108	on Side 1 45 yd ln	9.0 stps inside Back hash(@-8.75)
#7	124	on Side 1 35 yd ln	9.0 stps inside Back hash(@-8.75)
#7A	136	4.0 stps inside Side 1 40 yd ln	13.0 stps inside Back hash(@-8.75)
#8	144	4.0 stps inside Side 1 40 yd ln	13.0 stps inside Back hash(@-8.75)
#9	172	4.0 stps inside Side 1 30 yd ln	12.0 stps inside Front hash(@8.75)
#9A	186	on Side 1 35 yd ln	12.0 stps inside Back hash(@-8.75)
#10	193	on Side 1 35 yd ln	12.0 stps inside Back hash(@-8.75)
#11	221	3.5 stps outside Side 1 40 yd ln	8.0 stps inside Front hash(@8.75)
#12	235	0.5 stps inside Side 1 45 yd ln	8.0 stps inside Front hash(@8.75)
#13	243	2.0 stps outside Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#14	251	4.0 stps inside Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#15	267	4.0 stps inside Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#16	283	4.0 stps outside Side 2 45 yd ln	9.0 stps inside Front hash(@8.75)
#17	307	4.0 stps outside Side 2 45 yd ln	12.0 stps inside Back hash(@-8.75)
#17A	331	4.0 stps outside Side 2 45 yd ln	4.0 stps inside Back hash(@-8.75)
#18	351	4.0 stps outside Side 2 45 yd ln	4.0 stps inside Back hash(@-8.75)
#19	379	on Side 1 40 yd ln	4.0 stps inside Back hash(@-8.75)
#20	391	on 50 yd ln	8.0 stps inside Back hash(@-8.75)

Name: _____ Label: 5 Symbol: B (ID: 65)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 30 yd ln	4.0 stps outside Back hash(@-8.75)
#2	24	on Side 1 30 yd ln	12.0 stps inside Back hash(@-8.75)
#2A	44	1.0 stps inside Side 1 25 yd ln	4.0 stps inside Back hash(@-8.75)
#3	52	1.0 stps inside Side 1 25 yd ln	4.0 stps inside Back hash(@-8.75)
#4	68	1.0 stps inside Side 1 35 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps inside Side 1 35 yd ln	6.0 stps inside Back hash(@-8.75)
#5	92	4.0 stps inside Side 1 35 yd ln	6.0 stps inside Back hash(@-8.75)
#6	108	on Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#7	124	on Side 1 35 yd ln	6.0 stps inside Back hash(@-8.75)
#7A	136	4.0 stps inside Side 1 40 yd ln	10.0 stps inside Back hash(@-8.75)
#8	144	4.0 stps inside Side 1 40 yd ln	10.0 stps inside Back hash(@-8.75)
#9	172	4.0 stps inside Side 1 30 yd ln	13.0 stps inside Back hash(@-8.75)
#9A	186	2.5 stps inside Side 1 35 yd ln	11.5 stps inside Back hash(@-8.75)
#10	193	2.5 stps inside Side 1 35 yd ln	11.5 stps inside Back hash(@-8.75)
#11	221	1.0 stps inside Side 1 35 yd ln	7.5 stps inside Front hash(@8.75)
#12	235	1.5 stps outside Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#13	243	1.0 stps inside Side 1 40 yd ln	7.0 stps inside Front hash(@8.75)
#14	251	1.0 stps inside Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#15	267	1.0 stps inside Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#16	283	1.0 stps outside Side 2 45 yd ln	9.0 stps inside Front hash(@8.75)
#17	307	2.0 stps outside Side 2 45 yd ln	14.0 stps inside Back hash(@-8.75)
#17A	331	on Side 2 40 yd ln	4.0 stps inside Back hash(@-8.75)
#18	351	on Side 2 40 yd ln	4.0 stps inside Back hash(@-8.75)
#19	379	4.0 stps inside Side 1 40 yd ln	4.0 stps inside Back hash(@-8.75)
#20	391	4.0 stps on Side 2 50 yd ln	8.0 stps inside Back hash(@-8.75)

Name: _____ Label: 7 Symbol: B (ID: 67)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 35 yd ln	on Back hash(@-8.75)
#2	24	4.0 stps inside Side 1 30 yd ln	12.0 stps inside Front hash(@8.75)
#2A	44	1.0 stps outside Side 1 30 yd ln	4.0 stps inside Back hash(@-8.75)
#3	52	1.0 stps outside Side 1 30 yd ln	4.0 stps inside Back hash(@-8.75)
#4	68	1.0 stps outside Side 1 40 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	on Side 1 40 yd ln	9.0 stps inside Back hash(@-8.75)
#5	92	on Side 1 40 yd ln	9.0 stps inside Back hash(@-8.75)
#6	108	4.0 stps inside Side 1 45 yd ln	9.0 stps inside Back hash(@-8.75)
#7	124	4.0 stps inside Side 1 35 yd ln	9.0 stps inside Back hash(@-8.75)
#7A	136	on Side 1 45 yd ln	13.0 stps inside Back hash(@-8.75)
#8	144	on Side 1 45 yd ln	13.0 stps inside Back hash(@-8.75)
#9	172	on Side 1 35 yd ln	12.0 stps inside Front hash(@8.75)
#9A	186	2.0 stps outside Side 1 40 yd ln	11.5 stps inside Back hash(@-8.75)
#10	193	2.0 stps outside Side 1 40 yd ln	11.5 stps inside Back hash(@-8.75)
#11	221	1.5 stps outside Side 1 35 yd ln	6.5 stps inside Front hash(@8.75)
#12	235	3.5 stps inside Side 1 40 yd ln	9.5 stps inside Front hash(@8.75)
#13	243	3.0 stps outside Side 1 40 yd ln	5.0 stps inside Front hash(@8.75)
#14	251	3.0 stps inside Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#15	267	3.0 stps inside Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#16	283	3.0 stps on Side 2 50 yd ln	9.0 stps inside Front hash(@8.75)
#17	307	2.0 stps inside Side 2 45 yd ln	10.0 stps inside Front hash(@8.75)
#17A	331	4.0 stps outside Side 2 40 yd ln	8.0 stps inside Back hash(@-8.75)
#18	351	4.0 stps outside Side 2 40 yd ln	8.0 stps inside Back hash(@-8.75)
#19	379	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#20	391	4.0 stps on Side 2 50 yd ln	12.0 stps inside Front hash(@8.75)

Name: _____ Label: 8 Symbol: B (ID: 68)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 35 yd ln	on Back hash(@-8.75)
#2	24	on Side 1 35 yd ln	12.0 stps inside Front hash(@8.75)
#2A	44	on Side 1 35 yd ln	4.0 stps inside Back hash(@-8.75)
#3	52	on Side 1 35 yd ln	4.0 stps inside Back hash(@-8.75)
#4	68	on Side 1 45 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	on Side 1 45 yd ln	9.0 stps inside Back hash(@-8.75)
#5	92	on Side 1 45 yd ln	9.0 stps inside Back hash(@-8.75)
#6	108	on 50 yd ln	9.0 stps inside Back hash(@-8.75)
#7	124	on Side 1 40 yd ln	9.0 stps inside Back hash(@-8.75)
#7A	136	4.0 stps inside Side 1 45 yd ln	13.0 stps inside Back hash(@-8.75)
#8	144	4.0 stps inside Side 1 45 yd ln	13.0 stps inside Back hash(@-8.75)
#9	172	4.0 stps inside Side 1 35 yd ln	12.0 stps inside Front hash(@8.75)
#9A	186	3.5 stps inside Side 1 40 yd ln	11.0 stps inside Back hash(@-8.75)
#10	193	3.5 stps inside Side 1 40 yd ln	11.0 stps inside Back hash(@-8.75)
#11	221	0.5 stps inside Side 1 30 yd ln	6.5 stps inside Front hash(@8.75)
#12	235	2.0 stps outside Side 1 40 yd ln	8.5 stps inside Front hash(@8.75)
#13	243	on Side 1 35 yd ln	7.0 stps inside Front hash(@8.75)
#14	251	3.0 stps outside Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#15	267	3.0 stps outside Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#16	283	3.0 stps on Side 1 50 yd ln	9.0 stps inside Front hash(@8.75)
#17	307	2.0 stps on Side 2 50 yd ln	6.0 stps inside Front hash(@8.75)
#17A	331	4.0 stps outside Side 2 45 yd ln	8.0 stps inside Back hash(@-8.75)
#18	351	4.0 stps outside Side 2 45 yd ln	8.0 stps inside Back hash(@-8.75)
#19	379	4.0 stps on Side 2 50 yd ln	12.0 stps inside Back hash(@-8.75)
#20	391	4.0 stps outside Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)

Name: _____ Label: 10 Symbol: b (ID: 70)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 30 yd ln	on Front hash(@8.75)
#2	24	on Side 2 35 yd ln	8.0 stps inside Back hash(@-8.75)
#2A	44	2.0 stps outside Side 2 40 yd ln	2.0 stps outside Back hash(@-8.75)
#3	52	2.0 stps outside Side 2 40 yd ln	2.0 stps outside Back hash(@-8.75)
#4	68	2.0 stps outside Side 2 45 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	on Side 2 45 yd ln	9.0 stps inside Back hash(@-8.75)
#5	92	on Side 2 45 yd ln	9.0 stps inside Back hash(@-8.75)
#6	108	on Side 2 45 yd ln	9.0 stps inside Back hash(@-8.75)
#7	124	on Side 1 45 yd ln	9.0 stps inside Back hash(@-8.75)
#7A	136	4.0 stps on Side 2 50 yd ln	13.0 stps inside Back hash(@-8.75)
#8	144	4.0 stps on Side 2 50 yd ln	13.0 stps inside Back hash(@-8.75)
#9	172	4.0 stps inside Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#9A	186	on Side 1 50 yd ln	13.5 stps inside Back hash(@-8.75)
#10	193	on Side 1 50 yd ln	13.5 stps inside Back hash(@-8.75)
#11	221	3.5 stps outside Side 1 35 yd ln	12.5 stps inside Back hash(@-8.75)
#12	235	2.5 stps inside Side 1 30 yd ln	6.5 stps inside Front hash(@8.75)
#13	243	3.0 stps outside Side 1 35 yd ln	7.0 stps inside Front hash(@8.75)
#14	251	2.0 stps outside Side 1 30 yd ln	2.0 stps inside Front hash(@8.75)
#15	267	2.0 stps outside Side 1 30 yd ln	2.0 stps inside Front hash(@8.75)
#16	283	3.5 stps inside Side 1 35 yd ln	9.0 stps inside Front hash(@8.75)
#17	307	3.0 stps inside Side 1 45 yd ln	14.0 stps inside Back hash(@-8.75)
#17A	331	4.0 stps inside Side 1 45 yd ln	4.0 stps inside Back hash(@-8.75)
#18	351	4.0 stps inside Side 1 45 yd ln	4.0 stps inside Back hash(@-8.75)
#19	379	4.0 stps inside Side 1 45 yd ln	8.0 stps inside Back hash(@-8.75)
#20	391	on Side 2 45 yd ln	12.0 stps inside Back hash(@-8.75)

Name: _____ Label: 9 Symbol: B (ID: 69)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 35 yd ln	on Front hash(@8.75)
#2	24	4.0 stps outside Side 2 40 yd ln	8.0 stps inside Back hash(@-8.75)
#2A	44	1.0 stps outside Side 2 45 yd ln	2.0 stps outside Back hash(@-8.75)
#3	52	1.0 stps outside Side 2 45 yd ln	2.0 stps outside Back hash(@-8.75)
#4	68	1.0 stps on Side 2 50 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	on 50 yd ln	9.0 stps inside Back hash(@-8.75)
#5	92	on 50 yd ln	9.0 stps inside Back hash(@-8.75)
#6	108	4.0 stps on Side 2 50 yd ln	9.0 stps inside Back hash(@-8.75)
#7	124	4.0 stps inside Side 1 40 yd ln	9.0 stps inside Back hash(@-8.75)
#7A	136	on 50 yd ln	13.0 stps inside Back hash(@-8.75)
#8	144	on 50 yd ln	13.0 stps inside Back hash(@-8.75)
#9	172	on Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#9A	186	1.5 stps inside Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#10	193	1.5 stps inside Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#11	221	on Side 1 30 yd ln	11.5 stps inside Front hash(@8.75)
#12	235	on Side 1 35 yd ln	7.0 stps inside Front hash(@8.75)
#13	243	3.0 stps outside Side 1 35 yd ln	3.0 stps inside Front hash(@8.75)
#14	251	on Side 1 30 yd ln	4.0 stps inside Front hash(@8.75)
#15	267	on Side 1 30 yd ln	4.0 stps inside Front hash(@8.75)
#16	283	1.5 stps outside Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#17	307	2.0 stps on Side 1 50 yd ln	14.0 stps inside Back hash(@-8.75)
#17A	331	on 50 yd ln	4.0 stps inside Back hash(@-8.75)
#18	351	on 50 yd ln	4.0 stps inside Back hash(@-8.75)
#19	379	on Side 1 45 yd ln	8.0 stps inside Back hash(@-8.75)
#20	391	4.0 stps on Side 2 50 yd ln	12.0 stps inside Back hash(@-8.75)

Name: _____ Label: 11 Symbol: b (ID: 71)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 30 yd ln	on Front hash(@8.75)
#2	24	4.0 stps outside Side 2 35 yd ln	8.0 stps inside Back hash(@-8.75)
#2A	44	3.0 stps outside Side 2 35 yd ln	2.0 stps outside Back hash(@-8.75)
#3	52	3.0 stps outside Side 2 35 yd ln	2.0 stps outside Back hash(@-8.75)
#4	68	3.0 stps outside Side 2 40 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	on Side 2 40 yd ln	9.0 stps inside Back hash(@-8.75)
#5	92	on Side 2 40 yd ln	9.0 stps inside Back hash(@-8.75)
#6	108	4.0 stps outside Side 2 45 yd ln	6.0 stps inside Back hash(@-8.75)
#7	124	4.0 stps inside Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#7A	136	on Side 2 45 yd ln	10.0 stps inside Back hash(@-8.75)
#8	144	on Side 2 45 yd ln	10.0 stps inside Back hash(@-8.75)
#9	172	on Side 1 45 yd ln	13.0 stps inside Back hash(@-8.75)
#9A	186	on Side 2 45 yd ln	11.0 stps inside Back hash(@-8.75)
#10	193	on Side 2 45 yd ln	11.0 stps inside Back hash(@-8.75)
#11	221	2.5 stps outside Side 1 40 yd ln	11.5 stps inside Back hash(@-8.75)
#12	235	0.5 stps inside Side 1 30 yd ln	12.5 stps inside Front hash(@8.75)
#13	243	1.0 stps outside Side 1 35 yd ln	14.0 stps inside Back hash(@-8.75)
#14	251	2.0 stps inside Side 1 35 yd ln	9.0 stps inside Front hash(@8.75)
#15	267	2.0 stps inside Side 1 35 yd ln	9.0 stps inside Front hash(@8.75)
#16	283	2.0 stps inside Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#17	307	on 50 yd ln	4.0 stps inside Front hash(@8.75)
#17A	331	on Side 2 45 yd ln	8.0 stps inside Back hash(@-8.75)
#18	351	on Side 2 45 yd ln	8.0 stps inside Back hash(@-8.75)
#19	379	on Side 2 45 yd ln	12.0 stps inside Back hash(@-8.75)
#20	391	on Side 2 40 yd ln	12.0 stps inside Front hash(@8.75)

Name: _____ Label: 12 Symbol: b (ID: 72)

File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 25 yd ln	on Front hash(@8.75)
#2	24	on Side 2 30 yd ln	8.0 stps inside Back hash(@-8.75)
#2A	44	4.0 stps outside Side 2 30 yd ln	2.0 stps outside Back hash(@-8.75)
#3	52	4.0 stps outside Side 2 30 yd ln	2.0 stps outside Back hash(@-8.75)
#4	68	4.0 stps outside Side 2 35 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	on Side 2 35 yd ln	9.0 stps inside Back hash(@-8.75)
#5	92	on Side 2 35 yd ln	9.0 stps inside Back hash(@-8.75)
#6	108	4.0 stps outside Side 2 45 yd ln	9.0 stps inside Back hash(@-8.75)
#7	124	4.0 stps inside Side 1 45 yd ln	9.0 stps inside Back hash(@-8.75)
#7A	136	on Side 2 45 yd ln	13.0 stps inside Back hash(@-8.75)
#8	144	on Side 2 45 yd ln	13.0 stps inside Back hash(@-8.75)
#9	172	on Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#9A	186	2.0 stps inside Side 2 45 yd ln	13.0 stps inside Back hash(@-8.75)
#10	193	2.0 stps inside Side 2 45 yd ln	13.0 stps inside Back hash(@-8.75)
#11	221	2.0 stps inside Side 1 35 yd ln	11.5 stps inside Back hash(@-8.75)
#12	235	0.5 stps outside Side 1 30 yd ln	10.0 stps inside Front hash(@8.75)
#13	243	3.0 stps inside Side 1 30 yd ln	10.0 stps inside Front hash(@8.75)
#14	251	2.0 stps inside Side 1 30 yd ln	6.0 stps inside Front hash(@8.75)
#15	267	2.0 stps inside Side 1 30 yd ln	6.0 stps inside Front hash(@8.75)
#16	283	1.0 stps inside Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#17	307	1.0 stps on Side 2 50 yd ln	14.0 stps inside Back hash(@-8.75)
#17A	331	4.0 stps on Side 2 50 yd ln	4.0 stps inside Back hash(@-8.75)
#18	351	4.0 stps on Side 2 50 yd ln	4.0 stps inside Back hash(@-8.75)
#19	379	4.0 stps inside Side 1 40 yd ln	8.0 stps inside Back hash(@-8.75)
#20	391	on 50 yd ln	12.0 stps inside Back hash(@-8.75)

Name: _____ Label: 13 Symbol: b (ID: 73)

File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#2	24	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#2A	44	2.0 stps inside Side 2 40 yd ln	12.0 stps inside Front hash(@8.75)
#3	52	2.0 stps inside Side 2 40 yd ln	12.0 stps inside Front hash(@8.75)
#4	68	2.0 stps inside Side 2 30 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps outside Side 2 35 yd ln	12.0 stps inside Back hash(@-8.75)
#5	92	4.0 stps outside Side 2 35 yd ln	12.0 stps inside Back hash(@-8.75)
#6	108	on Side 2 40 yd ln	9.0 stps inside Back hash(@-8.75)
#7	124	on 50 yd ln	9.0 stps inside Back hash(@-8.75)
#7A	136	4.0 stps outside Side 2 45 yd ln	13.0 stps inside Back hash(@-8.75)
#8	144	4.0 stps outside Side 2 45 yd ln	13.0 stps inside Back hash(@-8.75)
#9	172	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#9A	186	1.0 stps outside Side 2 45 yd ln	8.5 stps inside Back hash(@-8.75)
#10	193	1.0 stps outside Side 2 45 yd ln	8.5 stps inside Back hash(@-8.75)
#11	221	on Side 1 40 yd ln	11.5 stps inside Back hash(@-8.75)
#12	235	3.0 stps inside Side 1 30 yd ln	13.0 stps inside Back hash(@-8.75)
#13	243	4.0 stps inside Side 1 30 yd ln	11.0 stps inside Back hash(@-8.75)
#14	251	3.5 stps outside Side 1 35 yd ln	7.0 stps inside Front hash(@8.75)
#15	267	3.5 stps outside Side 1 35 yd ln	7.0 stps inside Front hash(@8.75)
#16	283	3.5 stps outside Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#17	307	4.0 stps on Side 2 50 yd ln	14.0 stps inside Back hash(@-8.75)
#17A	331	on Side 2 45 yd ln	4.0 stps inside Back hash(@-8.75)
#18	351	on Side 2 45 yd ln	4.0 stps inside Back hash(@-8.75)
#19	379	on Side 1 40 yd ln	8.0 stps inside Back hash(@-8.75)
#20	391	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)

Name: _____ Label: 1 Symbol: C (ID: 13)

File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	3.5 stps outside Side 1 30 yd ln	12.0 stps inside Front hash(@8.75)
#2	24	on Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#2A	44	2.0 stps inside Side 1 35 yd ln	on Front hash(@8.75)
#3	52	2.0 stps inside Side 1 35 yd ln	on Front hash(@8.75)
#4	68	2.0 stps inside Side 1 30 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps inside Side 1 30 yd ln	8.0 stps outside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 30 yd ln	8.0 stps outside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 35 yd ln	8.0 stps outside Front hash(@8.75)
#7	124	on Side 1 30 yd ln	12.0 stps outside Front hash(@8.75)
#7A	136	on Side 1 35 yd ln	12.0 stps inside Front side line
#8	144	on Side 1 35 yd ln	12.0 stps inside Front side line
#9	172	on Side 1 35 yd ln	12.0 stps inside Front side line
#9A	186	0.5 stps outside Side 1 35 yd ln	9.0 stps inside Front side line
#10	193	0.5 stps outside Side 1 35 yd ln	9.0 stps inside Front side line
#11	221	3.0 stps outside Side 1 45 yd ln	9.0 stps inside Front side line
#12	235	on Side 1 50 yd ln	11.0 stps outside Front hash(@8.75)
#13	243	on 50 yd ln	11.0 stps outside Front hash(@8.75)
#14	251	1.0 stps on Side 1 50 yd ln	6.0 stps inside Front side line
#15	267	1.0 stps on Side 1 50 yd ln	6.0 stps inside Front side line
#16	283	1.0 stps outside Side 1 40 yd ln	5.5 stps inside Front side line
#17	307	2.0 stps on Side 1 50 yd ln	7.0 stps inside Front side line
#17A	331	on Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#18	351	on Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#19	379	4.0 stps outside Side 2 40 yd ln	12.0 stps outside Front hash(@8.75)
#20	391	on Side 2 35 yd ln	12.0 stps inside Front side line

Name: _____ Label: 2 Symbol: C (ID: 14)

File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 30 yd ln	12.0 stps inside Front hash(@8.75)
#2	24	3.5 stps outside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#2A	44	3.0 stps inside Side 1 40 yd ln	on Front hash(@8.75)
#3	52	3.0 stps inside Side 1 40 yd ln	on Front hash(@8.75)
#4	68	3.0 stps inside Side 1 35 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps inside Side 1 35 yd ln	8.0 stps outside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 35 yd ln	8.0 stps outside Front hash(@8.75)
#6	108	on Side 1 40 yd ln	8.0 stps outside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 30 yd ln	12.0 stps outside Front hash(@8.75)
#7A	136	2.0 stps inside Side 1 35 yd ln	12.0 stps inside Front side line
#8	144	2.0 stps inside Side 1 35 yd ln	12.0 stps inside Front side line
#9	172	2.0 stps inside Side 1 35 yd ln	12.0 stps inside Front side line
#9A	186	2.5 stps inside Side 1 40 yd ln	8.5 stps inside Front side line
#10	193	2.5 stps inside Side 1 40 yd ln	8.5 stps inside Front side line
#11	221	1.5 stps on Side 1 50 yd ln	12.0 stps outside Front hash(@8.75)
#12	235	2.0 stps outside Side 2 45 yd ln	7.0 stps outside Front hash(@8.75)
#13	243	1.0 stps outside Side 2 45 yd ln	12.0 stps outside Front hash(@8.75)
#14	251	3.0 stps outside Side 2 45 yd ln	6.0 stps inside Front side line
#15	267	3.0 stps outside Side 2 45 yd ln	6.0 stps inside Front side line
#16	283	3.0 stps inside Side 1 45 yd ln	6.0 stps inside Front side line
#17	307	2.0 stps inside Side 2 45 yd ln	11.0 stps inside Front side line
#17A	331	on Side 2 45 yd ln	12.0 stps outside Front hash(@8.75)
#18	351	on Side 2 45 yd ln	12.0 stps outside Front hash(@8.75)
#19	379	on Side 2 45 yd ln	12.0 stps inside Front side line
#20	391	4.0 stps inside Side 1 45 yd ln	8.0 stps inside Front side line

Name: _____ Label: 3 Symbol: C (ID: 15)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	3.5 stps outside Side 1 35 yd ln	12.0 stps inside Front hash(@8.75)
#2	24	on Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#2A	44	4.0 stps inside Side 1 45 yd ln	on Front hash(@8.75)
#3	52	4.0 stps inside Side 1 45 yd ln	on Front hash(@8.75)
#4	68	4.0 stps inside Side 1 40 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps inside Side 1 40 yd ln	8.0 stps outside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 40 yd ln	8.0 stps outside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 40 yd ln	8.0 stps outside Front hash(@8.75)
#7	124	on Side 1 35 yd ln	12.0 stps outside Front hash(@8.75)
#7A	136	2.0 stps outside Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#8	144	2.0 stps outside Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#9	172	2.0 stps outside Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#9A	186	0.5 stps inside Side 1 45 yd ln	10.5 stps inside Front side line
#10	193	0.5 stps inside Side 1 45 yd ln	10.5 stps inside Front side line
#11	221	3.0 stps on Side 2 50 yd ln	8.5 stps outside Front hash(@8.75)
#12	235	on Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)
#13	243	4.0 stps outside Side 2 45 yd ln	13.0 stps outside Front hash(@8.75)
#14	251	1.0 stps inside Side 2 40 yd ln	10.0 stps inside Front side line
#15	267	1.0 stps inside Side 2 40 yd ln	10.0 stps inside Front side line
#16	283	2.0 stps on Side 1 50 yd ln	10.0 stps inside Front side line
#17	307	1.5 stps outside Side 1 45 yd ln	11.5 stps outside Front hash(@8.75)
#17A	331	on Side 1 40 yd ln	4.0 stps outside Front hash(@8.75)
#18	351	on Side 1 40 yd ln	4.0 stps outside Front hash(@8.75)
#19	379	4.0 stps outside Side 2 45 yd ln	4.0 stps outside Front hash(@8.75)
#20	391	on Side 2 35 yd ln	8.0 stps outside Front hash(@8.75)

Name: _____ Label: 5 Symbol: C (ID: 17)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 40 yd ln	4.0 stps outside Front hash(@8.75)
#2	24	4.0 stps on Side 2 50 yd ln	on Front hash(@8.75)
#2A	44	2.0 stps outside Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#3	52	2.0 stps outside Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#4	68	2.0 stps inside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps on Side 2 50 yd ln	8.0 stps outside Front hash(@8.75)
#5	92	4.0 stps on Side 2 50 yd ln	8.0 stps outside Front hash(@8.75)
#6	108	on Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#7	124	on Side 2 40 yd ln	12.0 stps inside Front side line
#7A	136	2.0 stps inside Side 2 40 yd ln	12.0 stps inside Front side line
#8	144	2.0 stps inside Side 2 40 yd ln	12.0 stps inside Front side line
#9	172	2.0 stps inside Side 2 40 yd ln	12.0 stps inside Front side line
#9A	186	on Side 2 35 yd ln	8.5 stps inside Front side line
#10	193	on Side 2 35 yd ln	8.5 stps inside Front side line
#11	221	2.0 stps inside Side 2 25 yd ln	9.0 stps inside Front side line
#12	235	3.5 stps inside Side 2 20 yd ln	8.5 stps outside Front hash(@8.75)
#13	243	3.0 stps inside Side 2 25 yd ln	11.0 stps outside Front hash(@8.75)
#14	251	1.5 stps inside Side 2 25 yd ln	13.5 stps inside Front side line
#15	267	1.5 stps inside Side 2 25 yd ln	13.5 stps inside Front side line
#16	283	1.0 stps outside Side 2 35 yd ln	6.0 stps inside Front side line
#17	307	on Side 2 35 yd ln	4.0 stps outside Front hash(@8.75)
#17A	331	4.0 stps outside Side 2 40 yd ln	4.0 stps outside Front hash(@8.75)
#18	351	4.0 stps outside Side 2 40 yd ln	4.0 stps outside Front hash(@8.75)
#19	379	4.0 stps inside Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#20	391	4.0 stps on Side 2 50 yd ln	12.0 stps outside Front hash(@8.75)

Name: _____ Label: 4 Symbol: C (ID: 16)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 35 yd ln	12.0 stps inside Front hash(@8.75)
#2	24	4.0 stps inside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#2A	44	3.0 stps inside Side 2 45 yd ln	on Front hash(@8.75)
#3	52	3.0 stps inside Side 2 45 yd ln	on Front hash(@8.75)
#4	68	3.0 stps on Side 1 50 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps inside Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#6	108	on Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 35 yd ln	12.0 stps outside Front hash(@8.75)
#7A	136	on Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#8	144	on Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#9	172	on Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#9A	186	1.5 stps on Side 2 50 yd ln	9.5 stps outside Front hash(@8.75)
#10	193	1.5 stps on Side 2 50 yd ln	9.5 stps outside Front hash(@8.75)
#11	221	1.0 stps inside Side 2 40 yd ln	7.0 stps outside Front hash(@8.75)
#12	235	1.5 stps inside Side 2 35 yd ln	10.0 stps inside Front side line
#13	243	3.0 stps outside Side 2 40 yd ln	14.0 stps inside Front side line
#14	251	3.0 stps inside Side 2 35 yd ln	9.5 stps inside Front side line
#15	267	3.0 stps inside Side 2 35 yd ln	9.5 stps inside Front side line
#16	283	3.5 stps on Side 2 50 yd ln	10.0 stps inside Front side line
#17	307	3.5 stps on Side 1 50 yd ln	11.5 stps outside Front hash(@8.75)
#17A	331	on Side 1 45 yd ln	4.0 stps outside Front hash(@8.75)
#18	351	on Side 1 45 yd ln	4.0 stps outside Front hash(@8.75)
#19	379	4.0 stps outside Side 2 40 yd ln	4.0 stps outside Front hash(@8.75)
#20	391	on Side 2 30 yd ln	8.0 stps outside Front hash(@8.75)

Name: _____ Label: 6 Symbol: C (ID: 18)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 40 yd ln	on Front hash(@8.75)
#2	24	on Side 2 45 yd ln	on Front hash(@8.75)
#2A	44	1.0 stps on Side 1 50 yd ln	8.0 stps outside Front hash(@8.75)
#3	52	1.0 stps on Side 1 50 yd ln	8.0 stps outside Front hash(@8.75)
#4	68	1.0 stps inside Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps outside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#5	92	4.0 stps outside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#6	108	4.0 stps outside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#7	124	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Front side line
#7A	136	on Side 2 40 yd ln	12.0 stps inside Front side line
#8	144	on Side 2 40 yd ln	12.0 stps inside Front side line
#9	172	on Side 2 40 yd ln	12.0 stps inside Front side line
#9A	186	2.5 stps outside Side 2 35 yd ln	8.0 stps inside Front side line
#10	193	2.5 stps outside Side 2 35 yd ln	8.0 stps inside Front side line
#11	221	on Side 2 25 yd ln	10.0 stps inside Front side line
#12	235	3.0 stps outside Side 2 25 yd ln	6.0 stps outside Front hash(@8.75)
#13	243	3.0 stps inside Side 2 25 yd ln	8.0 stps outside Front hash(@8.75)
#14	251	on Side 2 25 yd ln	8.5 stps outside Front hash(@8.75)
#15	267	on Side 2 25 yd ln	8.5 stps outside Front hash(@8.75)
#16	283	0.5 stps inside Side 2 30 yd ln	7.0 stps inside Front side line
#17	307	4.0 stps outside Side 2 35 yd ln	8.0 stps outside Front hash(@8.75)
#17A	331	4.0 stps outside Side 2 45 yd ln	4.0 stps outside Front hash(@8.75)
#18	351	4.0 stps outside Side 2 45 yd ln	4.0 stps outside Front hash(@8.75)
#19	379	4.0 stps on Side 2 50 yd ln	8.0 stps outside Front hash(@8.75)
#20	391	4.0 stps outside Side 2 45 yd ln	12.0 stps outside Front hash(@8.75)

Name: _____ Label: 7 Symbol: C (ID: 19)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 40 yd ln	4.0 stps inside Front hash(@8.75)
#2	24	4.0 stps outside Side 2 45 yd ln	on Front hash(@8.75)
#2A	44	on Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#3	52	on Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#4	68	on Side 2 35 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps outside Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)
#5	92	4.0 stps outside Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)
#6	108	on Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)
#7	124	on Side 2 35 yd ln	12.0 stps inside Front side line
#7A	136	2.0 stps inside Side 2 35 yd ln	12.0 stps outside Front hash(@8.75)
#8	144	2.0 stps inside Side 2 35 yd ln	12.0 stps outside Front hash(@8.75)
#9	172	2.0 stps inside Side 2 35 yd ln	12.0 stps outside Front hash(@8.75)
#9A	186	0.5 stps outside Side 2 30 yd ln	8.0 stps inside Front side line
#10	193	0.5 stps outside Side 2 30 yd ln	8.0 stps inside Front side line
#11	221	3.5 stps inside Side 2 20 yd ln	13.0 stps outside Front hash(@8.75)
#12	235	2.0 stps inside Side 2 25 yd ln	4.0 stps outside Front hash(@8.75)
#13	243	1.0 stps outside Side 2 30 yd ln	10.0 stps outside Front hash(@8.75)
#14	251	2.5 stps inside Side 2 30 yd ln	11.0 stps inside Front side line
#15	267	2.5 stps inside Side 2 30 yd ln	11.0 stps inside Front side line
#16	283	3.0 stps inside Side 2 40 yd ln	10.0 stps inside Front side line
#17	307	2.5 stps inside Side 2 45 yd ln	11.5 stps outside Front hash(@8.75)
#17A	331	4.0 stps on Side 2 50 yd ln	4.0 stps outside Front hash(@8.75)
#18	351	4.0 stps on Side 2 50 yd ln	4.0 stps outside Front hash(@8.75)
#19	379	4.0 stps outside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#20	391	4.0 stps outside Side 2 40 yd ln	12.0 stps outside Front hash(@8.75)

Name: _____ Label: 8 Symbol: C (ID: 20)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#2	24	on Side 2 40 yd ln	on Front hash(@8.75)
#2A	44	1.0 stps outside Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)
#3	52	1.0 stps outside Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)
#4	68	1.0 stps outside Side 2 30 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps outside Side 2 35 yd ln	8.0 stps outside Front hash(@8.75)
#5	92	4.0 stps outside Side 2 35 yd ln	8.0 stps outside Front hash(@8.75)
#6	108	4.0 stps outside Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)
#7	124	4.0 stps outside Side 2 35 yd ln	12.0 stps inside Front side line
#7A	136	on Side 2 35 yd ln	12.0 stps outside Front hash(@8.75)
#8	144	on Side 2 35 yd ln	12.0 stps outside Front hash(@8.75)
#9	172	on Side 2 35 yd ln	12.0 stps outside Front hash(@8.75)
#9A	186	1.0 stps inside Side 2 25 yd ln	9.0 stps inside Front side line
#10	193	1.0 stps inside Side 2 25 yd ln	9.0 stps inside Front side line
#11	221	3.5 stps inside Side 2 20 yd ln	7.0 stps outside Front hash(@8.75)
#12	235	on Side 2 30 yd ln	4.5 stps outside Front hash(@8.75)
#13	243	on Side 2 35 yd ln	11.0 stps outside Front hash(@8.75)
#14	251	on Side 2 35 yd ln	9.5 stps inside Front side line
#15	267	on Side 2 35 yd ln	9.5 stps inside Front side line
#16	283	1.0 stps inside Side 2 45 yd ln	10.0 stps inside Front side line
#17	307	0.5 stps on Side 1 50 yd ln	11.5 stps outside Front hash(@8.75)
#17A	331	4.0 stps inside Side 1 45 yd ln	4.0 stps outside Front hash(@8.75)
#18	351	4.0 stps inside Side 1 45 yd ln	4.0 stps outside Front hash(@8.75)
#19	379	4.0 stps outside Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)
#20	391	4.0 stps outside Side 2 35 yd ln	12.0 stps outside Front hash(@8.75)

Name: _____ Label: 9 Symbol: C (ID: 33)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	3.5 stps outside Side 1 30 yd ln	12.0 stps inside Back hash(@-8.75)
#2	24	on Side 1 40 yd ln	8.0 stps inside Front hash(@8.75)
#2A	44	3.0 stps outside Side 1 40 yd ln	on Front hash(@8.75)
#3	52	3.0 stps outside Side 1 40 yd ln	on Front hash(@8.75)
#4	68	3.0 stps outside Side 1 35 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	on Side 1 35 yd ln	5.0 stps outside Front hash(@8.75)
#5	92	on Side 1 35 yd ln	5.0 stps outside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 35 yd ln	5.0 stps outside Front hash(@8.75)
#7	124	on Side 1 30 yd ln	9.0 stps outside Front hash(@8.75)
#7A	136	on Side 1 35 yd ln	13.0 stps outside Front hash(@8.75)
#8	144	on Side 1 35 yd ln	13.0 stps outside Front hash(@8.75)
#9	172	on Side 1 35 yd ln	13.0 stps outside Front hash(@8.75)
#9A	186	2.0 stps inside Side 1 30 yd ln	12.5 stps inside Front side line
#10	193	2.0 stps inside Side 1 30 yd ln	12.5 stps inside Front side line
#11	221	1.0 stps outside Side 1 40 yd ln	8.0 stps inside Front side line
#12	235	3.0 stps inside Side 1 45 yd ln	12.5 stps inside Front side line
#13	243	on Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#14	251	1.0 stps inside Side 1 45 yd ln	6.0 stps inside Front side line
#15	267	1.0 stps inside Side 1 45 yd ln	6.0 stps inside Front side line
#16	283	1.0 stps inside Side 1 35 yd ln	6.0 stps inside Front side line
#17	307	2.0 stps inside Side 1 45 yd ln	5.0 stps inside Front side line
#17A	331	on Side 1 40 yd ln	12.0 stps outside Front hash(@8.75)
#18	351	on Side 1 40 yd ln	12.0 stps outside Front hash(@8.75)
#19	379	4.0 stps outside Side 2 45 yd ln	12.0 stps outside Front hash(@8.75)
#20	391	on Side 2 40 yd ln	12.0 stps inside Front side line

Name: _____ Label: 10 Symbol: C (ID: 34)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 30 yd ln	12.0 stps inside Back hash(@-8.75)
#2	24	4.0 stps inside Side 1 40 yd ln	8.0 stps inside Front hash(@8.75)
#2A	44	2.0 stps outside Side 1 45 yd ln	on Front hash(@8.75)
#3	52	2.0 stps outside Side 1 45 yd ln	on Front hash(@8.75)
#4	68	2.0 stps outside Side 1 40 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	on Side 1 40 yd ln	5.0 stps outside Front hash(@8.75)
#5	92	on Side 1 40 yd ln	5.0 stps outside Front hash(@8.75)
#6	108	on Side 1 40 yd ln	5.0 stps outside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 30 yd ln	9.0 stps outside Front hash(@8.75)
#7A	136	2.0 stps inside Side 1 35 yd ln	13.0 stps outside Front hash(@8.75)
#8	144	2.0 stps inside Side 1 35 yd ln	13.0 stps outside Front hash(@8.75)
#9	172	2.0 stps inside Side 1 35 yd ln	13.0 stps outside Front hash(@8.75)
#9A	186	3.0 stps outside Side 1 40 yd ln	8.0 stps inside Front side line
#10	193	3.0 stps outside Side 1 40 yd ln	8.0 stps inside Front side line
#11	221	1.5 stps inside Side 1 45 yd ln	11.5 stps inside Front side line
#12	235	3.0 stps inside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#13	243	3.0 stps on Side 2 50 yd ln	12.0 stps outside Front hash(@8.75)
#14	251	3.0 stps inside Side 2 45 yd ln	6.0 stps inside Front side line
#15	267	3.0 stps inside Side 2 45 yd ln	6.0 stps inside Front side line
#16	283	3.0 stps outside Side 1 45 yd ln	6.0 stps inside Front side line
#17	307	2.0 stps on Side 2 50 yd ln	9.0 stps inside Front side line
#17A	331	on 50 yd ln	12.0 stps outside Front hash(@8.75)
#18	351	on 50 yd ln	12.0 stps outside Front hash(@8.75)
#19	379	on Side 2 40 yd ln	12.0 stps inside Front side line
#20	391	4.0 stps on Side 2 50 yd ln	8.0 stps inside Front side line

Name: _____ Label: 11 Symbol: C (ID: 35)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	3.5 stps outside Side 1 35 yd ln	12.0 stps inside Back hash(@-8.75)
#2	24	on Side 1 45 yd ln	8.0 stps inside Front hash(@8.75)
#2A	44	1.0 stps on Side 1 50 yd ln	on Front hash(@8.75)
#3	52	1.0 stps on Side 1 50 yd ln	on Front hash(@8.75)
#4	68	1.0 stps outside Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	on Side 1 45 yd ln	5.0 stps outside Front hash(@8.75)
#5	92	on Side 1 45 yd ln	5.0 stps outside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 40 yd ln	5.0 stps outside Front hash(@8.75)
#7	124	on Side 1 35 yd ln	9.0 stps outside Front hash(@8.75)
#7A	136	2.0 stps outside Side 1 45 yd ln	9.0 stps outside Front hash(@8.75)
#8	144	2.0 stps outside Side 1 45 yd ln	9.0 stps outside Front hash(@8.75)
#9	172	2.0 stps outside Side 1 45 yd ln	9.0 stps outside Front hash(@8.75)
#9A	186	2.5 stps on Side 1 50 yd ln	13.0 stps outside Front hash(@8.75)
#10	193	2.5 stps on Side 1 50 yd ln	13.0 stps outside Front hash(@8.75)
#11	221	1.0 stps outside Side 2 45 yd ln	7.0 stps outside Front hash(@8.75)
#12	235	3.5 stps outside Side 2 40 yd ln	12.5 stps outside Front hash(@8.75)
#13	243	on Side 2 40 yd ln	12.0 stps outside Front hash(@8.75)
#14	251	1.5 stps outside Side 2 40 yd ln	10.0 stps inside Front side line
#15	267	1.5 stps outside Side 2 40 yd ln	10.0 stps inside Front side line
#16	283	0.5 stps on Side 2 50 yd ln	10.0 stps inside Front side line
#17	307	1.0 stps inside Side 1 45 yd ln	11.5 stps outside Front hash(@8.75)
#17A	331	4.0 stps inside Side 1 40 yd ln	4.0 stps outside Front hash(@8.75)
#18	351	4.0 stps inside Side 1 40 yd ln	4.0 stps outside Front hash(@8.75)
#19	379	on Side 2 40 yd ln	4.0 stps outside Front hash(@8.75)
#20	391	4.0 stps outside Side 2 35 yd ln	8.0 stps outside Front hash(@8.75)

Name: _____ Label: 13 Symbol: C (ID: 37)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 40 yd ln	4.0 stps outside Front hash(@8.75)
#2	24	4.0 stps on Side 2 50 yd ln	4.0 stps inside Front hash(@8.75)
#2A	44	1.0 stps inside Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#3	52	1.0 stps inside Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#4	68	1.0 stps outside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	on Side 2 45 yd ln	5.0 stps outside Front hash(@8.75)
#5	92	on Side 2 45 yd ln	5.0 stps outside Front hash(@8.75)
#6	108	on Side 2 45 yd ln	5.0 stps outside Front hash(@8.75)
#7	124	on Side 2 40 yd ln	13.0 stps outside Front hash(@8.75)
#7A	136	2.0 stps inside Side 2 40 yd ln	13.0 stps outside Front hash(@8.75)
#8	144	2.0 stps inside Side 2 40 yd ln	13.0 stps outside Front hash(@8.75)
#9	172	2.0 stps inside Side 2 40 yd ln	13.0 stps outside Front hash(@8.75)
#9A	186	3.0 stps inside Side 2 35 yd ln	13.0 stps inside Front side line
#10	193	3.0 stps inside Side 2 35 yd ln	13.0 stps inside Front side line
#11	221	on Side 2 30 yd ln	8.0 stps inside Front side line
#12	235	3.0 stps outside Side 2 25 yd ln	13.5 stps inside Front side line
#13	243	2.0 stps outside Side 2 25 yd ln	11.0 stps outside Front hash(@8.75)
#14	251	on Side 2 25 yd ln	11.5 stps outside Front hash(@8.75)
#15	267	on Side 2 25 yd ln	11.5 stps outside Front hash(@8.75)
#16	283	3.5 stps inside Side 2 30 yd ln	6.0 stps inside Front side line
#17	307	2.0 stps outside Side 2 35 yd ln	6.0 stps outside Front hash(@8.75)
#17A	331	on Side 2 40 yd ln	4.0 stps outside Front hash(@8.75)
#18	351	on Side 2 40 yd ln	4.0 stps outside Front hash(@8.75)
#19	379	on 50 yd ln	8.0 stps outside Front hash(@8.75)
#20	391	on Side 2 45 yd ln	12.0 stps outside Front hash(@8.75)

Name: _____ Label: 12 Symbol: C (ID: 36)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 35 yd ln	12.0 stps inside Back hash(@-8.75)
#2	24	3.5 stps inside Side 1 45 yd ln	8.0 stps inside Front hash(@8.75)
#2A	44	on Side 2 45 yd ln	on Front hash(@8.75)
#3	52	on Side 2 45 yd ln	on Front hash(@8.75)
#4	68	on 50 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	on 50 yd ln	5.0 stps outside Front hash(@8.75)
#5	92	on 50 yd ln	5.0 stps outside Front hash(@8.75)
#6	108	on Side 1 45 yd ln	5.0 stps outside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 35 yd ln	9.0 stps outside Front hash(@8.75)
#7A	136	on Side 1 45 yd ln	9.0 stps outside Front hash(@8.75)
#8	144	on Side 1 45 yd ln	9.0 stps outside Front hash(@8.75)
#9	172	on Side 1 45 yd ln	9.0 stps outside Front hash(@8.75)
#9A	186	0.5 stps inside Side 2 45 yd ln	7.0 stps outside Front hash(@8.75)
#10	193	0.5 stps inside Side 2 45 yd ln	7.0 stps outside Front hash(@8.75)
#11	221	3.0 stps outside Side 2 40 yd ln	11.0 stps outside Front hash(@8.75)
#12	235	3.5 stps outside Side 2 35 yd ln	8.0 stps inside Front side line
#13	243	2.0 stps outside Side 2 40 yd ln	8.0 stps inside Front side line
#14	251	2.0 stps inside Side 2 40 yd ln	6.0 stps inside Front side line
#15	267	2.0 stps inside Side 2 40 yd ln	6.0 stps inside Front side line
#16	283	2.0 stps on Side 1 50 yd ln	6.0 stps inside Front side line
#17	307	on Side 2 45 yd ln	12.0 stps inside Front side line
#17A	331	4.0 stps outside Side 2 45 yd ln	12.0 stps outside Front hash(@8.75)
#18	351	4.0 stps outside Side 2 45 yd ln	12.0 stps outside Front hash(@8.75)
#19	379	4.0 stps on Side 2 50 yd ln	12.0 stps inside Front side line
#20	391	on Side 1 45 yd ln	8.0 stps inside Front side line

Name: _____ Label: 14 Symbol: C (ID: 38)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 40 yd ln	on Front hash(@8.75)
#2	24	on Side 2 45 yd ln	4.0 stps inside Front hash(@8.75)
#2A	44	2.0 stps on Side 2 50 yd ln	8.0 stps outside Front hash(@8.75)
#3	52	2.0 stps on Side 2 50 yd ln	8.0 stps outside Front hash(@8.75)
#4	68	2.0 stps outside Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	on Side 2 40 yd ln	5.0 stps outside Front hash(@8.75)
#5	92	on Side 2 40 yd ln	5.0 stps outside Front hash(@8.75)
#6	108	4.0 stps outside Side 2 45 yd ln	5.0 stps outside Front hash(@8.75)
#7	124	4.0 stps outside Side 2 40 yd ln	13.0 stps outside Front hash(@8.75)
#7A	136	on Side 2 40 yd ln	13.0 stps outside Front hash(@8.75)
#8	144	on Side 2 40 yd ln	13.0 stps outside Front hash(@8.75)
#9	172	on Side 2 40 yd ln	13.0 stps outside Front hash(@8.75)
#9A	186	2.0 stps inside Side 2 35 yd ln	10.0 stps inside Front side line
#10	193	2.0 stps inside Side 2 35 yd ln	10.0 stps inside Front side line
#11	221	2.5 stps outside Side 2 30 yd ln	8.5 stps inside Front side line
#12	235	3.5 stps inside Side 2 20 yd ln	11.5 stps outside Front hash(@8.75)
#13	243	3.0 stps outside Side 2 25 yd ln	7.0 stps outside Front hash(@8.75)
#14	251	on Side 2 25 yd ln	5.5 stps outside Front hash(@8.75)
#15	267	on Side 2 25 yd ln	5.5 stps outside Front hash(@8.75)
#16	283	1.5 stps outside Side 2 30 yd ln	8.0 stps inside Front side line
#17	307	2.0 stps inside Side 2 30 yd ln	10.0 stps outside Front hash(@8.75)
#17A	331	4.0 stps outside Side 2 40 yd ln	12.0 stps outside Front hash(@8.75)
#18	351	4.0 stps outside Side 2 40 yd ln	12.0 stps outside Front hash(@8.75)
#19	379	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Front side line
#20	391	on Side 1 40 yd ln	8.0 stps inside Front side line

Name: _____ Label: 15 Symbol: C (ID: 39)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 40 yd ln	4.0 stps inside Front hash(@8.75)
#2	24	4.0 stps outside Side 2 45 yd ln	4.0 stps inside Front hash(@8.75)
#2A	44	3.0 stps outside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#3	52	3.0 stps outside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#4	68	3.0 stps outside Side 2 35 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	on Side 2 35 yd ln	5.0 stps outside Front hash(@8.75)
#5	92	on Side 2 35 yd ln	5.0 stps outside Front hash(@8.75)
#6	108	on Side 2 40 yd ln	5.0 stps outside Front hash(@8.75)
#7	124	on Side 2 35 yd ln	13.0 stps outside Front hash(@8.75)
#7A	136	2.0 stps inside Side 2 35 yd ln	9.0 stps outside Front hash(@8.75)
#8	144	2.0 stps inside Side 2 35 yd ln	9.0 stps outside Front hash(@8.75)
#9	172	2.0 stps inside Side 2 35 yd ln	9.0 stps outside Front hash(@8.75)
#9A	186	2.0 stps inside Side 2 30 yd ln	8.0 stps inside Front side line
#10	193	2.0 stps inside Side 2 30 yd ln	8.0 stps inside Front side line
#11	221	2.5 stps outside Side 2 25 yd ln	12.0 stps inside Front side line
#12	235	0.5 stps outside Side 2 25 yd ln	4.5 stps outside Front hash(@8.75)
#13	243	3.0 stps outside Side 2 25 yd ln	2.0 stps outside Front hash(@8.75)
#14	251	0.5 stps inside Side 2 25 yd ln	2.5 stps outside Front hash(@8.75)
#15	267	0.5 stps inside Side 2 25 yd ln	2.5 stps outside Front hash(@8.75)
#16	283	3.5 stps outside Side 2 30 yd ln	10.0 stps inside Front side line
#17	307	on Side 2 30 yd ln	12.0 stps outside Front hash(@8.75)
#17A	331	on Side 2 40 yd ln	12.0 stps outside Front hash(@8.75)
#18	351	on Side 2 40 yd ln	12.0 stps outside Front hash(@8.75)
#19	379	on 50 yd ln	12.0 stps inside Front side line
#20	391	4.0 stps inside Side 1 40 yd ln	8.0 stps inside Front side line

Name: _____ Label: 1 Symbol: D (ID: 95)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	1.0 stps on Side 1 50 yd ln	12.0 stps inside Back side line
#2	24	1.0 stps on Side 1 50 yd ln	8.0 stps outside Back hash(@-8.75)
#2A	44	3.0 stps inside Side 1 45 yd ln	on Back hash(@-8.75)
#3	52	3.0 stps inside Side 1 45 yd ln	on Back hash(@-8.75)
#4	68	3.0 stps inside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#4A	76	3.0 stps inside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#5	92	3.0 stps inside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#6	108	4.0 stps inside Side 1 40 yd ln	4.0 stps outside Back hash(@-8.75)
#7	124	4.0 stps on Side 2 50 yd ln	8.0 stps outside Back hash(@-8.75)
#7A	136	4.0 stps on Side 2 50 yd ln	3.0 stps outside Back hash(@-8.75)
#8	144	4.0 stps on Side 2 50 yd ln	on Back hash(@-8.75)
#9	172	on Side 1 35 yd ln	on Back hash(@-8.75)
#9A	186	3.0 stps outside Side 1 40 yd ln	3.0 stps outside Back hash(@-8.75)
#10	193	3.0 stps outside Side 1 40 yd ln	3.0 stps outside Back hash(@-8.75)
#11	221	on 50 yd ln	6.0 stps inside Back hash(@-8.75)
#12	235	2.0 stps inside Side 1 40 yd ln	6.0 stps inside Back hash(@-8.75)
#13	243	2.0 stps inside Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#14	251	2.0 stps inside Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#15	267	2.0 stps inside Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#16	283	2.0 stps outside Side 2 45 yd ln	6.0 stps inside Back hash(@-8.75)
#17	307	2.0 stps on Side 2 50 yd ln	on Back hash(@-8.75)
#17A	331	2.0 stps on Side 2 50 yd ln	8.0 stps outside Back hash(@-8.75)
#18	351	2.0 stps on Side 2 50 yd ln	8.0 stps outside Back hash(@-8.75)
#19	379	2.0 stps on Side 2 50 yd ln	8.0 stps outside Back hash(@-8.75)
#20	391	2.0 stps on Side 2 50 yd ln	8.0 stps outside Back hash(@-8.75)

Name: _____ Label: 16 Symbol: C (ID: 40)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 35 yd ln	8.0 stps inside Front hash(@8.75)
#2	24	on Side 2 40 yd ln	4.0 stps outside Front hash(@8.75)
#2A	44	2.0 stps inside Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)
#3	52	2.0 stps inside Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)
#4	68	2.0 stps inside Side 2 30 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps outside Side 2 35 yd ln	2.0 stps outside Front hash(@8.75)
#5	92	4.0 stps outside Side 2 35 yd ln	2.0 stps outside Front hash(@8.75)
#6	108	4.0 stps outside Side 2 40 yd ln	5.0 stps outside Front hash(@8.75)
#7	124	4.0 stps outside Side 2 35 yd ln	13.0 stps outside Front hash(@8.75)
#7A	136	on Side 2 35 yd ln	9.0 stps outside Front hash(@8.75)
#8	144	on Side 2 35 yd ln	9.0 stps outside Front hash(@8.75)
#9	172	on Side 2 35 yd ln	9.0 stps outside Front hash(@8.75)
#9A	186	3.5 stps outside Side 2 30 yd ln	8.5 stps inside Front side line
#10	193	3.5 stps outside Side 2 30 yd ln	8.5 stps inside Front side line
#11	221	3.5 stps inside Side 2 20 yd ln	10.0 stps outside Front hash(@8.75)
#12	235	2.5 stps outside Side 2 30 yd ln	4.0 stps outside Front hash(@8.75)
#13	243	3.0 stps inside Side 2 30 yd ln	10.0 stps outside Front hash(@8.75)
#14	251	2.5 stps outside Side 2 35 yd ln	10.0 stps inside Front side line
#15	267	2.5 stps outside Side 2 35 yd ln	10.0 stps inside Front side line
#16	283	1.5 stps outside Side 2 45 yd ln	10.0 stps inside Front side line
#17	307	2.0 stps on Side 2 50 yd ln	11.5 stps outside Front hash(@8.75)
#17A	331	on 50 yd ln	4.0 stps outside Front hash(@8.75)
#18	351	on 50 yd ln	4.0 stps outside Front hash(@8.75)
#19	379	on Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)
#20	391	on Side 2 35 yd ln	12.0 stps outside Front hash(@8.75)

Name: _____ Label: 2 Symbol: D (ID: 96)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps on Side 2 50 yd ln	12.0 stps inside Back side line
#2	24	2.0 stps on Side 2 50 yd ln	8.0 stps outside Back hash(@-8.75)
#2A	44	2.0 stps on Side 1 50 yd ln	on Back hash(@-8.75)
#3	52	2.0 stps on Side 1 50 yd ln	on Back hash(@-8.75)
#4	68	on Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#4A	76	on Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#5	92	on Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#6	108	1.0 stps outside Side 1 45 yd ln	4.0 stps outside Back hash(@-8.75)
#7	124	1.0 stps inside Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)
#7A	136	1.0 stps inside Side 2 45 yd ln	3.0 stps outside Back hash(@-8.75)
#8	144	1.0 stps inside Side 2 45 yd ln	on Back hash(@-8.75)
#9	172	3.0 stps inside Side 1 35 yd ln	on Back hash(@-8.75)
#9A	186	on Side 1 40 yd ln	3.0 stps outside Back hash(@-8.75)
#10	193	on Side 1 40 yd ln	3.0 stps outside Back hash(@-8.75)
#11	221	3.0 stps on Side 2 50 yd ln	6.0 stps inside Back hash(@-8.75)
#12	235	3.0 stps outside Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#13	243	3.0 stps on Side 1 50 yd ln	6.0 stps inside Back hash(@-8.75)
#14	251	3.0 stps on Side 1 50 yd ln	6.0 stps inside Back hash(@-8.75)
#15	267	3.0 stps on Side 1 50 yd ln	6.0 stps inside Back hash(@-8.75)
#16	283	3.0 stps inside Side 2 40 yd ln	6.0 stps inside Back hash(@-8.75)
#17	307	3.0 stps inside Side 2 45 yd ln	on Back hash(@-8.75)
#17A	331	3.0 stps inside Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)
#18	351	3.0 stps inside Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)
#19	379	3.0 stps inside Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)
#20	391	3.0 stps inside Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)

Name: _____ Label: 3 Symbol: D (ID: 97)

File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	3.0 stps inside Side 2 45 yd ln	12.0 stps inside Back side line
#2	24	3.0 stps inside Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)
#2A	44	1.0 stps on Side 2 50 yd ln	on Back hash(@-8.75)
#3	52	1.0 stps on Side 2 50 yd ln	on Back hash(@-8.75)
#4	68	3.0 stps outside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#4A	76	3.0 stps outside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#5	92	3.0 stps outside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#6	108	2.0 stps inside Side 1 45 yd ln	4.0 stps outside Back hash(@-8.75)
#7	124	2.0 stps outside Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)
#7A	136	2.0 stps outside Side 2 45 yd ln	3.0 stps outside Back hash(@-8.75)
#8	144	2.0 stps outside Side 2 45 yd ln	on Back hash(@-8.75)
#9	172	2.0 stps outside Side 1 40 yd ln	on Back hash(@-8.75)
#9A	186	3.0 stps inside Side 1 40 yd ln	3.0 stps outside Back hash(@-8.75)
#10	193	3.0 stps inside Side 1 40 yd ln	3.0 stps outside Back hash(@-8.75)
#11	221	2.0 stps outside Side 2 45 yd ln	6.0 stps inside Back hash(@-8.75)
#12	235	on Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#13	243	on 50 yd ln	6.0 stps inside Back hash(@-8.75)
#14	251	on 50 yd ln	6.0 stps inside Back hash(@-8.75)
#15	267	on 50 yd ln	6.0 stps inside Back hash(@-8.75)
#16	283	on Side 2 40 yd ln	6.0 stps inside Back hash(@-8.75)
#17	307	on Side 2 45 yd ln	on Back hash(@-8.75)
#17A	331	on Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)
#18	351	on Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)
#19	379	on Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)
#20	391	on Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)

Name: _____ Label: 4 Symbol: D (ID: 98)

File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 45 yd ln	12.0 stps inside Back side line
#2	24	on Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)
#2A	44	4.0 stps on Side 2 50 yd ln	on Back hash(@-8.75)
#3	52	4.0 stps on Side 2 50 yd ln	on Back hash(@-8.75)
#4	68	2.0 stps inside Side 2 40 yd ln	4.0 stps outside Back hash(@-8.75)
#4A	76	2.0 stps inside Side 2 40 yd ln	4.0 stps outside Back hash(@-8.75)
#5	92	2.0 stps inside Side 2 40 yd ln	4.0 stps outside Back hash(@-8.75)
#6	108	3.0 stps on Side 1 50 yd ln	4.0 stps outside Back hash(@-8.75)
#7	124	3.0 stps inside Side 2 40 yd ln	8.0 stps outside Back hash(@-8.75)
#7A	136	3.0 stps inside Side 2 40 yd ln	3.0 stps outside Back hash(@-8.75)
#8	144	3.0 stps inside Side 2 40 yd ln	on Back hash(@-8.75)
#9	172	1.0 stps inside Side 1 40 yd ln	on Back hash(@-8.75)
#9A	186	2.0 stps outside Side 1 45 yd ln	3.0 stps outside Back hash(@-8.75)
#10	193	2.0 stps outside Side 1 45 yd ln	3.0 stps outside Back hash(@-8.75)
#11	221	1.0 stps outside Side 2 45 yd ln	6.0 stps inside Back hash(@-8.75)
#12	235	3.0 stps inside Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#13	243	3.0 stps on Side 2 50 yd ln	6.0 stps inside Back hash(@-8.75)
#14	251	3.0 stps on Side 2 50 yd ln	6.0 stps inside Back hash(@-8.75)
#15	267	3.0 stps on Side 2 50 yd ln	6.0 stps inside Back hash(@-8.75)
#16	283	3.0 stps outside Side 2 40 yd ln	6.0 stps inside Back hash(@-8.75)
#17	307	3.0 stps outside Side 2 45 yd ln	on Back hash(@-8.75)
#17A	331	3.0 stps outside Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)
#18	351	3.0 stps outside Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)
#19	379	3.0 stps outside Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)
#20	391	3.0 stps outside Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)

Name: _____ Label: 5 Symbol: D (ID: 99)

File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	3.0 stps outside Side 2 45 yd ln	12.0 stps inside Back side line
#2	24	3.0 stps outside Side 2 45 yd ln	8.0 stps outside Back hash(@-8.75)
#2A	44	1.0 stps inside Side 2 45 yd ln	on Back hash(@-8.75)
#3	52	1.0 stps inside Side 2 45 yd ln	on Back hash(@-8.75)
#4	68	1.0 stps outside Side 2 40 yd ln	4.0 stps outside Back hash(@-8.75)
#4A	76	1.0 stps outside Side 2 40 yd ln	4.0 stps outside Back hash(@-8.75)
#5	92	1.0 stps outside Side 2 40 yd ln	4.0 stps outside Back hash(@-8.75)
#6	108	on 50 yd ln	4.0 stps outside Back hash(@-8.75)
#7	124	on Side 2 40 yd ln	8.0 stps outside Back hash(@-8.75)
#7A	136	on Side 2 40 yd ln	3.0 stps outside Back hash(@-8.75)
#8	144	on Side 2 40 yd ln	on Back hash(@-8.75)
#9	172	4.0 stps inside Side 1 40 yd ln	on Back hash(@-8.75)
#9A	186	1.0 stps inside Side 1 45 yd ln	3.0 stps outside Back hash(@-8.75)
#10	193	1.0 stps inside Side 1 45 yd ln	3.0 stps outside Back hash(@-8.75)
#11	221	4.0 stps outside Side 2 45 yd ln	6.0 stps inside Back hash(@-8.75)
#12	235	2.0 stps on Side 1 50 yd ln	6.0 stps inside Back hash(@-8.75)
#13	243	2.0 stps inside Side 2 45 yd ln	6.0 stps inside Back hash(@-8.75)
#14	251	2.0 stps inside Side 2 45 yd ln	6.0 stps inside Back hash(@-8.75)
#15	267	2.0 stps inside Side 2 45 yd ln	6.0 stps inside Back hash(@-8.75)
#16	283	2.0 stps inside Side 2 35 yd ln	6.0 stps inside Back hash(@-8.75)
#17	307	2.0 stps inside Side 2 40 yd ln	on Back hash(@-8.75)
#17A	331	2.0 stps inside Side 2 40 yd ln	8.0 stps outside Back hash(@-8.75)
#18	351	2.0 stps inside Side 2 40 yd ln	8.0 stps outside Back hash(@-8.75)
#19	379	2.0 stps inside Side 2 40 yd ln	8.0 stps outside Back hash(@-8.75)
#20	391	2.0 stps inside Side 2 40 yd ln	8.0 stps outside Back hash(@-8.75)

Name: _____ Label: 1 Symbol: F (ID: 1)

File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	3.5 stps outside Side 1 30 yd ln	8.0 stps inside Front hash(@8.75)
#2	24	on Side 1 40 yd ln	on Front hash(@8.75)
#2A	44	1.0 stps outside Side 1 35 yd ln	on Front hash(@8.75)
#3	52	1.0 stps outside Side 1 35 yd ln	on Front hash(@8.75)
#4	68	1.0 stps outside Side 1 30 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps inside Side 1 30 yd ln	2.0 stps outside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 30 yd ln	2.0 stps outside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 35 yd ln	2.0 stps outside Front hash(@8.75)
#7	124	on Side 1 30 yd ln	6.0 stps outside Front hash(@8.75)
#7A	136	2.0 stps outside Side 1 40 yd ln	6.0 stps outside Front hash(@8.75)
#8	144	2.0 stps outside Side 1 40 yd ln	6.0 stps outside Front hash(@8.75)
#9	172	2.0 stps outside Side 1 40 yd ln	6.0 stps outside Front hash(@8.75)
#9A	186	3.0 stps outside Side 1 35 yd ln	10.5 stps inside Front side line
#10	193	3.0 stps outside Side 1 35 yd ln	10.5 stps inside Front side line
#11	221	1.5 stps inside Side 1 40 yd ln	8.5 stps inside Front side line
#12	235	2.5 stps on Side 1 50 yd ln	13.0 stps outside Front hash(@8.75)
#13	243	4.0 stps inside Side 1 45 yd ln	14.0 stps inside Front side line
#14	251	4.0 stps inside Side 1 45 yd ln	6.0 stps inside Front side line
#15	267	4.0 stps inside Side 1 45 yd ln	6.0 stps inside Front side line
#16	283	4.0 stps inside Side 1 35 yd ln	5.5 stps inside Front side line
#17	307	4.0 stps inside Side 1 45 yd ln	6.0 stps inside Front side line
#17A	331	4.0 stps inside Side 1 40 yd ln	12.0 stps outside Front hash(@8.75)
#18	351	4.0 stps inside Side 1 40 yd ln	12.0 stps outside Front hash(@8.75)
#19	379	on Side 2 40 yd ln	12.0 stps outside Front hash(@8.75)
#20	391	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Front side line

Name: _____ Label: 2 Symbol: F (ID: 2)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 30 yd ln	8.0 stps inside Front hash(@8.75)
#2	24	3.5 stps outside Side 1 45 yd ln	on Front hash(@8.75)
#2A	44	on Side 1 40 yd ln	on Front hash(@8.75)
#3	52	on Side 1 40 yd ln	on Front hash(@8.75)
#4	68	on Side 1 35 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps inside Side 1 35 yd ln	2.0 stps outside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 35 yd ln	2.0 stps outside Front hash(@8.75)
#6	108	on Side 1 40 yd ln	2.0 stps outside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 30 yd ln	6.0 stps outside Front hash(@8.75)
#7A	136	on Side 1 40 yd ln	6.0 stps outside Front hash(@8.75)
#8	144	on Side 1 40 yd ln	6.0 stps outside Front hash(@8.75)
#9	172	on Side 1 40 yd ln	6.0 stps outside Front hash(@8.75)
#9A	186	on Side 1 40 yd ln	8.0 stps inside Front side line
#10	193	on Side 1 40 yd ln	8.0 stps inside Front side line
#11	221	3.5 stps on Side 1 50 yd ln	13.5 stps inside Front side line
#12	235	0.5 stps inside Side 2 45 yd ln	7.0 stps outside Front hash(@8.75)
#13	243	3.0 stps inside Side 2 45 yd ln	13.0 stps inside Front side line
#14	251	on Side 2 45 yd ln	6.0 stps inside Front side line
#15	267	on Side 2 45 yd ln	6.0 stps inside Front side line
#16	283	on Side 1 45 yd ln	6.0 stps inside Front side line
#17	307	4.0 stps on Side 2 50 yd ln	10.0 stps inside Front side line
#17A	331	4.0 stps on Side 2 50 yd ln	12.0 stps outside Front hash(@8.75)
#18	351	4.0 stps on Side 2 50 yd ln	12.0 stps outside Front hash(@8.75)
#19	379	4.0 stps outside Side 2 45 yd ln	12.0 stps inside Front side line
#20	391	on 50 yd ln	8.0 stps inside Front side line

Name: _____ Label: 4 Symbol: F (ID: 4)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 35 yd ln	8.0 stps inside Front hash(@8.75)
#2	24	4.0 stps inside Side 1 45 yd ln	on Front hash(@8.75)
#2A	44	2.0 stps on Side 2 50 yd ln	on Front hash(@8.75)
#3	52	2.0 stps on Side 2 50 yd ln	on Front hash(@8.75)
#4	68	2.0 stps inside Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps inside Side 1 45 yd ln	2.0 stps outside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 45 yd ln	2.0 stps outside Front hash(@8.75)
#6	108	on Side 1 45 yd ln	2.0 stps outside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 35 yd ln	6.0 stps outside Front hash(@8.75)
#7A	136	on Side 1 40 yd ln	9.0 stps outside Front hash(@8.75)
#8	144	on Side 1 40 yd ln	9.0 stps outside Front hash(@8.75)
#9	172	on Side 1 40 yd ln	9.0 stps outside Front hash(@8.75)
#9A	186	2.0 stps outside Side 1 45 yd ln	9.0 stps inside Front side line
#10	193	2.0 stps outside Side 1 45 yd ln	9.0 stps inside Front side line
#11	221	0.5 stps on Side 2 50 yd ln	10.0 stps outside Front hash(@8.75)
#12	235	2.5 stps inside Side 2 40 yd ln	7.0 stps outside Front hash(@8.75)
#13	243	on Side 2 40 yd ln	13.0 stps inside Front side line
#14	251	1.0 stps outside Side 2 40 yd ln	6.0 stps inside Front side line
#15	267	1.0 stps outside Side 2 40 yd ln	6.0 stps inside Front side line
#16	283	1.0 stps on Side 2 50 yd ln	6.0 stps inside Front side line
#17	307	on Side 2 35 yd ln	14.0 stps inside Front side line
#17A	331	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Front side line
#18	351	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Front side line
#19	379	on Side 1 45 yd ln	12.0 stps inside Front side line
#20	391	4.0 stps inside Side 1 35 yd ln	8.0 stps inside Front side line

Name: _____ Label: 3 Symbol: F (ID: 3)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	3.5 stps outside Side 1 35 yd ln	8.0 stps inside Front hash(@8.75)
#2	24	on Side 1 45 yd ln	on Front hash(@8.75)
#2A	44	1.0 stps inside Side 1 45 yd ln	on Front hash(@8.75)
#3	52	1.0 stps inside Side 1 45 yd ln	on Front hash(@8.75)
#4	68	1.0 stps inside Side 1 40 yd ln	8.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps inside Side 1 40 yd ln	2.0 stps outside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 40 yd ln	2.0 stps outside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 40 yd ln	2.0 stps outside Front hash(@8.75)
#7	124	on Side 1 35 yd ln	6.0 stps outside Front hash(@8.75)
#7A	136	2.0 stps outside Side 1 40 yd ln	9.0 stps outside Front hash(@8.75)
#8	144	2.0 stps outside Side 1 40 yd ln	9.0 stps outside Front hash(@8.75)
#9	172	2.0 stps outside Side 1 40 yd ln	9.0 stps outside Front hash(@8.75)
#9A	186	2.0 stps inside Side 1 35 yd ln	8.0 stps inside Front side line
#10	193	2.0 stps inside Side 1 35 yd ln	8.0 stps inside Front side line
#11	221	0.5 stps outside Side 1 45 yd ln	10.0 stps inside Front side line
#12	235	1.5 stps on Side 2 50 yd ln	9.5 stps outside Front hash(@8.75)
#13	243	1.0 stps on Side 2 50 yd ln	9.0 stps inside Front side line
#14	251	2.0 stps on Side 2 50 yd ln	6.0 stps inside Front side line
#15	267	2.0 stps on Side 2 50 yd ln	6.0 stps inside Front side line
#16	283	2.0 stps inside Side 1 40 yd ln	6.0 stps inside Front side line
#17	307	on 50 yd ln	8.0 stps inside Front side line
#17A	331	4.0 stps inside Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#18	351	4.0 stps inside Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#19	379	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Front side line
#20	391	on Side 2 45 yd ln	8.0 stps inside Front side line

Name: _____ Label: 5 Symbol: F (ID: 5)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 30 yd ln	8.0 stps outside Front hash(@8.75)
#2	24	on Side 1 30 yd ln	8.0 stps outside Front hash(@8.75)
#2A	44	2.0 stps outside Side 1 25 yd ln	4.0 stps inside Front hash(@8.75)
#3	52	2.0 stps outside Side 1 25 yd ln	4.0 stps inside Front hash(@8.75)
#4	68	2.0 stps outside Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	on Side 1 35 yd ln	1.0 stps inside Front hash(@8.75)
#5	92	on Side 1 35 yd ln	1.0 stps inside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 35 yd ln	1.0 stps inside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 40 yd ln	4.0 stps outside Front hash(@8.75)
#7A	136	2.0 stps inside Side 1 45 yd ln	5.0 stps outside Front hash(@8.75)
#8	144	2.0 stps inside Side 1 45 yd ln	5.0 stps outside Front hash(@8.75)
#9	172	2.0 stps inside Side 1 45 yd ln	5.0 stps outside Front hash(@8.75)
#9A	186	2.5 stps inside Side 1 45 yd ln	12.5 stps inside Front side line
#10	193	2.5 stps inside Side 1 45 yd ln	12.5 stps inside Front side line
#11	221	1.5 stps inside Side 2 45 yd ln	7.5 stps outside Front hash(@8.75)
#12	235	2.0 stps outside Side 2 40 yd ln	9.5 stps outside Front hash(@8.75)
#13	243	2.0 stps outside Side 2 35 yd ln	9.0 stps outside Front hash(@8.75)
#14	251	on Side 2 30 yd ln	12.5 stps inside Front side line
#15	267	on Side 2 30 yd ln	12.5 stps inside Front side line
#16	283	on Side 2 40 yd ln	10.0 stps inside Front side line
#17	307	on Side 2 45 yd ln	11.5 stps outside Front hash(@8.75)
#17A	331	on Side 2 45 yd ln	4.0 stps outside Front hash(@8.75)
#18	351	on Side 2 45 yd ln	4.0 stps outside Front hash(@8.75)
#19	379	on Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#20	391	on Side 2 40 yd ln	12.0 stps outside Front hash(@8.75)

Name: _____ Label: 6 Symbol: F (ID: 6)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 30 yd ln	12.0 stps outside Front hash(@8.75)
#2	24	4.0 stps inside Side 1 30 yd ln	8.0 stps outside Front hash(@8.75)
#2A	44	1.0 stps outside Side 1 30 yd ln	4.0 stps inside Front hash(@8.75)
#3	52	1.0 stps outside Side 1 30 yd ln	4.0 stps inside Front hash(@8.75)
#4	68	1.0 stps outside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	on Side 1 40 yd ln	1.0 stps inside Front hash(@8.75)
#5	92	on Side 1 40 yd ln	1.0 stps inside Front hash(@8.75)
#6	108	on Side 1 40 yd ln	1.0 stps inside Front hash(@8.75)
#7	124	on Side 1 45 yd ln	4.0 stps outside Front hash(@8.75)
#7A	136	4.0 stps inside Side 1 45 yd ln	5.0 stps outside Front hash(@8.75)
#8	144	4.0 stps inside Side 1 45 yd ln	5.0 stps outside Front hash(@8.75)
#9	172	4.0 stps inside Side 1 45 yd ln	5.0 stps outside Front hash(@8.75)
#9A	186	3.5 stps inside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#10	193	3.5 stps inside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#11	221	1.5 stps outside Side 2 40 yd ln	8.5 stps outside Front hash(@8.75)
#12	235	0.5 stps outside Side 2 35 yd ln	8.5 stps inside Front side line
#13	243	1.0 stps inside Side 2 30 yd ln	12.0 stps inside Front side line
#14	251	2.5 stps inside Side 2 30 yd ln	6.5 stps inside Front side line
#15	267	2.5 stps inside Side 2 30 yd ln	6.5 stps inside Front side line
#16	283	2.5 stps inside Side 2 40 yd ln	6.0 stps inside Front side line
#17	307	on Side 2 40 yd ln	6.0 stps inside Front side line
#17A	331	4.0 stps on Side 2 50 yd ln	12.0 stps inside Front side line
#18	351	4.0 stps on Side 2 50 yd ln	12.0 stps inside Front side line
#19	379	4.0 stps inside Side 1 40 yd ln	8.0 stps inside Front side line
#20	391	4.0 stps inside Side 1 35 yd ln	4.0 stps inside Front side line

Name: _____ Label: 8 Symbol: F (ID: 8)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on 50 yd ln	8.0 stps inside Back hash(@-8.75)
#2	24	on Side 2 45 yd ln	8.0 stps inside Front hash(@8.75)
#2A	44	1.0 stps outside Side 2 45 yd ln	8.0 stps inside Front hash(@8.75)
#3	52	1.0 stps outside Side 2 45 yd ln	8.0 stps inside Front hash(@8.75)
#4	68	1.0 stps on Side 2 50 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	on 50 yd ln	1.0 stps inside Front hash(@8.75)
#5	92	on 50 yd ln	1.0 stps inside Front hash(@8.75)
#6	108	on Side 1 45 yd ln	1.0 stps inside Front hash(@8.75)
#7	124	on 50 yd ln	4.0 stps outside Front hash(@8.75)
#7A	136	4.0 stps on Side 2 50 yd ln	8.0 stps outside Front hash(@8.75)
#8	144	4.0 stps on Side 2 50 yd ln	8.0 stps outside Front hash(@8.75)
#9	172	4.0 stps on Side 2 50 yd ln	8.0 stps outside Front hash(@8.75)
#9A	186	3.5 stps outside Side 2 40 yd ln	12.0 stps outside Front hash(@8.75)
#10	193	3.5 stps outside Side 2 40 yd ln	12.0 stps outside Front hash(@8.75)
#11	221	3.0 stps inside Side 2 30 yd ln	8.0 stps inside Front side line
#12	235	1.5 stps outside Side 2 25 yd ln	11.0 stps inside Front side line
#13	243	1.0 stps inside Side 2 25 yd ln	8.0 stps inside Front side line
#14	251	2.0 stps outside Side 2 30 yd ln	8.5 stps inside Front side line
#15	267	2.0 stps outside Side 2 30 yd ln	8.5 stps inside Front side line
#16	283	3.0 stps outside Side 2 40 yd ln	6.0 stps inside Front side line
#17	307	4.0 stps outside Side 2 45 yd ln	2.0 stps inside Front side line
#17A	331	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Front side line
#18	351	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Front side line
#19	379	4.0 stps inside Side 1 45 yd ln	8.0 stps inside Front side line
#20	391	4.0 stps inside Side 1 40 yd ln	4.0 stps inside Front side line

Name: _____ Label: 7 Symbol: F (ID: 7)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 30 yd ln	12.0 stps inside Front side line
#2	24	on Side 1 35 yd ln	8.0 stps outside Front hash(@8.75)
#2A	44	on Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#3	52	on Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#4	68	on Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	on Side 1 45 yd ln	1.0 stps inside Front hash(@8.75)
#5	92	on Side 1 45 yd ln	1.0 stps inside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 40 yd ln	1.0 stps inside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 45 yd ln	4.0 stps outside Front hash(@8.75)
#7A	136	2.0 stps on Side 2 50 yd ln	8.0 stps outside Front hash(@8.75)
#8	144	2.0 stps on Side 2 50 yd ln	8.0 stps outside Front hash(@8.75)
#9	172	2.0 stps on Side 2 50 yd ln	8.0 stps outside Front hash(@8.75)
#9A	186	2.0 stps outside Side 2 40 yd ln	9.0 stps outside Front hash(@8.75)
#10	193	2.0 stps outside Side 2 40 yd ln	9.0 stps outside Front hash(@8.75)
#11	221	1.5 stps outside Side 2 35 yd ln	8.0 stps inside Front side line
#12	235	0.5 stps inside Side 2 25 yd ln	9.5 stps inside Front side line
#13	243	3.0 stps outside Side 2 30 yd ln	14.0 stps inside Front side line
#14	251	3.0 stps inside Side 2 25 yd ln	11.0 stps inside Front side line
#15	267	3.0 stps inside Side 2 25 yd ln	11.0 stps inside Front side line
#16	283	1.5 stps inside Side 2 35 yd ln	6.0 stps inside Front side line
#17	307	2.0 stps outside Side 2 45 yd ln	on Front side line
#17A	331	on Side 1 45 yd ln	12.0 stps inside Front side line
#18	351	on Side 1 45 yd ln	12.0 stps inside Front side line
#19	379	on 50 yd ln	8.0 stps inside Front side line
#20	391	on Side 1 45 yd ln	4.0 stps inside Front side line

Name: _____ Label: 9 Symbol: F (ID: 9)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 30 yd ln	4.0 stps outside Front hash(@8.75)
#2	24	4.0 stps inside Side 1 25 yd ln	8.0 stps outside Front hash(@8.75)
#2A	44	on Side 1 20 yd ln	4.0 stps inside Front hash(@8.75)
#3	52	on Side 1 20 yd ln	4.0 stps inside Front hash(@8.75)
#4	68	on Side 1 30 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	4.0 stps inside Side 1 30 yd ln	4.0 stps inside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 30 yd ln	4.0 stps inside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 40 yd ln	1.0 stps outside Front hash(@8.75)
#7A	136	2.0 stps inside Side 1 45 yd ln	2.0 stps outside Front hash(@8.75)
#8	144	2.0 stps inside Side 1 45 yd ln	2.0 stps outside Front hash(@8.75)
#9	172	2.0 stps inside Side 1 45 yd ln	2.0 stps outside Front hash(@8.75)
#9A	186	0.5 stps on Side 1 50 yd ln	11.0 stps outside Front hash(@8.75)
#10	193	0.5 stps on Side 1 50 yd ln	11.0 stps outside Front hash(@8.75)
#11	221	3.5 stps outside Side 2 45 yd ln	6.5 stps outside Front hash(@8.75)
#12	235	3.0 stps inside Side 2 35 yd ln	12.5 stps inside Front side line
#13	243	4.0 stps outside Side 2 35 yd ln	13.0 stps inside Front side line
#14	251	2.0 stps outside Side 2 35 yd ln	6.0 stps inside Front side line
#15	267	2.0 stps outside Side 2 35 yd ln	6.0 stps inside Front side line
#16	283	2.0 stps outside Side 2 45 yd ln	6.0 stps inside Front side line
#17	307	2.0 stps outside Side 2 40 yd ln	8.0 stps inside Front side line
#17A	331	on Side 2 45 yd ln	12.0 stps inside Front side line
#18	351	on Side 2 45 yd ln	12.0 stps inside Front side line
#19	379	on Side 1 40 yd ln	8.0 stps inside Front side line
#20	391	on Side 1 35 yd ln	4.0 stps inside Front side line

Name: _____ Label: 10 Symbol: F (ID: 10)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 30 yd ln	8.0 stps outside Front hash(@8.75)
#2	24	on Side 1 30 yd ln	4.0 stps outside Front hash(@8.75)
#2A	44	1.0 stps inside Side 1 25 yd ln	4.0 stps inside Front hash(@8.75)
#3	52	1.0 stps inside Side 1 25 yd ln	4.0 stps inside Front hash(@8.75)
#4	68	1.0 stps inside Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	4.0 stps inside Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#6	108	on Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#7	124	on Side 1 45 yd ln	1.0 stps outside Front hash(@8.75)
#7A	136	4.0 stps inside Side 1 45 yd ln	2.0 stps outside Front hash(@8.75)
#8	144	4.0 stps inside Side 1 45 yd ln	2.0 stps outside Front hash(@8.75)
#9	172	4.0 stps inside Side 1 45 yd ln	2.0 stps outside Front hash(@8.75)
#9A	186	2.0 stps outside Side 2 45 yd ln	6.5 stps outside Front hash(@8.75)
#10	193	2.0 stps outside Side 2 45 yd ln	6.5 stps outside Front hash(@8.75)
#11	221	3.5 stps inside Side 2 35 yd ln	13.5 stps outside Front hash(@8.75)
#12	235	1.0 stps inside Side 2 30 yd ln	8.0 stps inside Front side line
#13	243	on Side 2 35 yd ln	6.0 stps inside Front side line
#14	251	4.0 stps outside Side 2 40 yd ln	6.0 stps inside Front side line
#15	267	4.0 stps outside Side 2 40 yd ln	6.0 stps inside Front side line
#16	283	4.0 stps on Side 2 50 yd ln	6.0 stps inside Front side line
#17	307	2.0 stps inside Side 2 35 yd ln	12.0 stps inside Front side line
#17A	331	on Side 2 40 yd ln	12.0 stps inside Front side line
#18	351	on Side 2 40 yd ln	12.0 stps inside Front side line
#19	379	4.0 stps inside Side 1 40 yd ln	12.0 stps inside Front side line
#20	391	on Side 1 35 yd ln	8.0 stps inside Front side line

Name: _____ Label: 12 Symbol: F (ID: 12)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 30 yd ln	12.0 stps inside Front side line
#2	24	on Side 1 35 yd ln	4.0 stps outside Front hash(@8.75)
#2A	44	3.0 stps inside Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#3	52	3.0 stps inside Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#4	68	3.0 stps inside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	4.0 stps inside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#6	108	on Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#7	124	on 50 yd ln	1.0 stps outside Front hash(@8.75)
#7A	136	4.0 stps on Side 2 50 yd ln	5.0 stps outside Front hash(@8.75)
#8	144	4.0 stps on Side 2 50 yd ln	5.0 stps outside Front hash(@8.75)
#9	172	4.0 stps on Side 2 50 yd ln	5.0 stps outside Front hash(@8.75)
#9A	186	on Side 2 40 yd ln	7.5 stps outside Front hash(@8.75)
#10	193	on Side 2 40 yd ln	7.5 stps outside Front hash(@8.75)
#11	221	0.5 stps inside Side 2 35 yd ln	9.0 stps inside Front side line
#12	235	3.5 stps inside Side 2 25 yd ln	8.5 stps inside Front side line
#13	243	3.0 stps outside Side 2 30 yd ln	10.0 stps inside Front side line
#14	251	on Side 2 30 yd ln	7.0 stps inside Front side line
#15	267	on Side 2 30 yd ln	7.0 stps inside Front side line
#16	283	on Side 2 40 yd ln	6.0 stps inside Front side line
#17	307	2.0 stps inside Side 2 40 yd ln	4.0 stps inside Front side line
#17A	331	on 50 yd ln	12.0 stps inside Front side line
#18	351	on 50 yd ln	12.0 stps inside Front side line
#19	379	on Side 1 45 yd ln	8.0 stps inside Front side line
#20	391	on Side 1 40 yd ln	4.0 stps inside Front side line

Name: _____ Label: 11 Symbol: F (ID: 11)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 30 yd ln	12.0 stps outside Front hash(@8.75)
#2	24	4.0 stps inside Side 1 30 yd ln	4.0 stps outside Front hash(@8.75)
#2A	44	2.0 stps inside Side 1 30 yd ln	4.0 stps inside Front hash(@8.75)
#3	52	2.0 stps inside Side 1 30 yd ln	4.0 stps inside Front hash(@8.75)
#4	68	2.0 stps inside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	4.0 stps inside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 45 yd ln	1.0 stps outside Front hash(@8.75)
#7A	136	2.0 stps on Side 2 50 yd ln	5.0 stps outside Front hash(@8.75)
#8	144	2.0 stps on Side 2 50 yd ln	5.0 stps outside Front hash(@8.75)
#9	172	2.0 stps on Side 2 50 yd ln	5.0 stps outside Front hash(@8.75)
#9A	186	3.0 stps inside Side 2 40 yd ln	7.0 stps outside Front hash(@8.75)
#10	193	3.0 stps inside Side 2 40 yd ln	7.0 stps outside Front hash(@8.75)
#11	221	2.5 stps inside Side 2 35 yd ln	11.0 stps inside Front side line
#12	235	1.0 stps outside Side 2 30 yd ln	8.0 stps inside Front side line
#13	243	2.0 stps outside Side 2 35 yd ln	10.0 stps inside Front side line
#14	251	0.5 stps inside Side 2 35 yd ln	6.0 stps inside Front side line
#15	267	0.5 stps inside Side 2 35 yd ln	6.0 stps inside Front side line
#16	283	0.5 stps inside Side 2 45 yd ln	6.0 stps inside Front side line
#17	307	4.0 stps outside Side 2 40 yd ln	10.0 stps inside Front side line
#17A	331	4.0 stps outside Side 2 45 yd ln	12.0 stps inside Front side line
#18	351	4.0 stps outside Side 2 45 yd ln	12.0 stps inside Front side line
#19	379	on Side 1 40 yd ln	12.0 stps inside Front side line
#20	391	4.0 stps inside Side 1 30 yd ln	8.0 stps inside Front side line

Name: _____ Label: 1 Symbol: G (ID: 103)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Front side line
#2	24	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Front side line
#2A	44	on Side 1 45 yd ln	12.0 stps inside Front side line
#3	52	on Side 1 45 yd ln	12.0 stps inside Front side line
#4	68	on Side 1 45 yd ln	4.0 stps inside Front side line
#4A	76	on Side 1 45 yd ln	4.0 stps inside Front side line
#5	92	on Side 1 45 yd ln	4.0 stps inside Front side line
#6	108	4.0 stps inside Side 1 35 yd ln	4.0 stps inside Front side line
#7	124	on Side 1 45 yd ln	on Front side line
#7A	136	on Side 1 45 yd ln	on Front side line
#8	144	on 50 yd ln	8.0 stps inside Front side line
#9	172	on 50 yd ln	8.0 stps inside Front side line
#9A	186	2.0 stps outside Side 1 40 yd ln	4.0 stps inside Front side line
#10	193	2.0 stps outside Side 1 40 yd ln	4.0 stps inside Front side line
#11	221	2.0 stps outside Side 1 40 yd ln	4.0 stps inside Front side line
#12	235	2.0 stps outside Side 1 40 yd ln	4.0 stps inside Front side line
#13	243	4.0 stps inside Side 1 35 yd ln	10.0 stps inside Front side line
#14	251	4.0 stps inside Side 1 30 yd ln	14.0 stps inside Front side line
#15	267	on Side 1 40 yd ln	14.0 stps inside Front side line
#16	283	on Side 1 40 yd ln	14.0 stps inside Front side line
#17	307	on Side 1 35 yd ln	4.0 stps inside Front side line
#17A	331	on Side 1 40 yd ln	8.0 stps inside Front side line
#18	351	on Side 1 40 yd ln	8.0 stps inside Front side line
#19	379	4.0 stps outside Side 2 45 yd ln	8.0 stps inside Front side line
#20	391	2.0 stps inside Side 2 40 yd ln	6.0 stps inside Front side line

Name: _____ Label: 2 Symbol: G (ID: 104)

File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps on Side 1 50 yd ln	14.0 stps inside Front side line
#2	24	2.0 stps on Side 1 50 yd ln	14.0 stps inside Front side line
#2A	44	4.0 stps inside Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#3	52	4.0 stps inside Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#4	68	4.0 stps inside Side 1 45 yd ln	8.0 stps inside Front side line
#4A	76	4.0 stps inside Side 1 45 yd ln	8.0 stps inside Front side line
#5	92	4.0 stps inside Side 1 45 yd ln	8.0 stps inside Front side line
#6	108	on Side 1 40 yd ln	4.0 stps inside Front side line
#7	124	4.0 stps inside Side 1 45 yd ln	on Front side line
#7A	136	4.0 stps inside Side 1 45 yd ln	on Front side line
#8	144	3.5 stps on Side 2 50 yd ln	6.5 stps inside Front side line
#9	172	3.5 stps on Side 2 50 yd ln	6.5 stps inside Front side line
#9A	186	1.5 stps inside Side 1 40 yd ln	4.0 stps inside Front side line
#10	193	1.5 stps inside Side 1 40 yd ln	4.0 stps inside Front side line
#11	221	1.5 stps inside Side 1 40 yd ln	4.0 stps inside Front side line
#12	235	1.5 stps inside Side 1 40 yd ln	4.0 stps inside Front side line
#13	243	on Side 1 40 yd ln	10.0 stps inside Front side line
#14	251	4.0 stps inside Side 1 35 yd ln	14.0 stps inside Front side line
#15	267	on Side 1 45 yd ln	14.0 stps inside Front side line
#16	283	on Side 1 45 yd ln	14.0 stps inside Front side line
#17	307	3.0 stps inside Side 1 35 yd ln	4.0 stps inside Front side line
#17A	331	on Side 1 45 yd ln	8.0 stps inside Front side line
#18	351	on Side 1 45 yd ln	8.0 stps inside Front side line
#19	379	4.0 stps outside Side 2 40 yd ln	8.0 stps inside Front side line
#20	391	4.0 stps outside Side 2 40 yd ln	on Front side line

Name: _____ Label: 3 Symbol: G (ID: 105)

File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on 50 yd ln	12.0 stps inside Front side line
#2	24	on 50 yd ln	12.0 stps inside Front side line
#2A	44	on 50 yd ln	12.0 stps inside Front side line
#3	52	on 50 yd ln	12.0 stps inside Front side line
#4	68	on 50 yd ln	4.0 stps inside Front side line
#4A	76	on 50 yd ln	4.0 stps inside Front side line
#5	92	on 50 yd ln	4.0 stps inside Front side line
#6	108	4.0 stps inside Side 1 40 yd ln	4.0 stps inside Front side line
#7	124	on 50 yd ln	on Front side line
#7A	136	on 50 yd ln	on Front side line
#8	144	on Side 2 45 yd ln	6.0 stps inside Front side line
#9	172	on Side 2 45 yd ln	6.0 stps inside Front side line
#9A	186	2.0 stps outside Side 1 45 yd ln	4.5 stps inside Front side line
#10	193	2.0 stps outside Side 1 45 yd ln	4.5 stps inside Front side line
#11	221	2.0 stps outside Side 1 45 yd ln	4.5 stps inside Front side line
#12	235	2.0 stps outside Side 1 45 yd ln	4.5 stps inside Front side line
#13	243	3.5 stps inside Side 1 40 yd ln	10.5 stps inside Front side line
#14	251	4.0 stps inside Side 1 40 yd ln	14.0 stps inside Front side line
#15	267	on 50 yd ln	14.0 stps inside Front side line
#16	283	on 50 yd ln	14.0 stps inside Front side line
#17	307	2.0 stps outside Side 1 40 yd ln	4.0 stps inside Front side line
#17A	331	on 50 yd ln	8.0 stps inside Front side line
#18	351	on 50 yd ln	8.0 stps inside Front side line
#19	379	on Side 2 40 yd ln	4.0 stps inside Front side line
#20	391	on Side 2 45 yd ln	on Front side line

Name: _____ Label: 4 Symbol: G (ID: 106)

File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps on Side 2 50 yd ln	14.0 stps inside Front side line
#2	24	2.0 stps on Side 2 50 yd ln	14.0 stps inside Front side line
#2A	44	4.0 stps on Side 2 50 yd ln	12.0 stps outside Front hash(@8.75)
#3	52	4.0 stps on Side 2 50 yd ln	12.0 stps outside Front hash(@8.75)
#4	68	4.0 stps on Side 2 50 yd ln	8.0 stps inside Front side line
#4A	76	4.0 stps on Side 2 50 yd ln	8.0 stps inside Front side line
#5	92	4.0 stps on Side 2 50 yd ln	8.0 stps inside Front side line
#6	108	on Side 1 45 yd ln	4.0 stps inside Front side line
#7	124	4.0 stps on Side 2 50 yd ln	on Front side line
#7A	136	4.0 stps on Side 2 50 yd ln	on Front side line
#8	144	3.5 stps outside Side 2 45 yd ln	5.5 stps inside Front side line
#9	172	3.5 stps outside Side 2 45 yd ln	5.5 stps inside Front side line
#9A	186	1.5 stps inside Side 1 45 yd ln	5.5 stps inside Front side line
#10	193	1.5 stps inside Side 1 45 yd ln	5.5 stps inside Front side line
#11	221	1.5 stps inside Side 1 45 yd ln	5.5 stps inside Front side line
#12	235	1.5 stps inside Side 1 45 yd ln	5.5 stps inside Front side line
#13	243	on Side 1 45 yd ln	11.5 stps inside Front side line
#14	251	4.0 stps inside Side 1 45 yd ln	14.0 stps inside Front side line
#15	267	on Side 2 45 yd ln	14.0 stps inside Front side line
#16	283	on Side 2 45 yd ln	14.0 stps inside Front side line
#17	307	1.0 stps inside Side 1 40 yd ln	4.0 stps inside Front side line
#17A	331	on Side 2 45 yd ln	8.0 stps inside Front side line
#18	351	on Side 2 45 yd ln	8.0 stps inside Front side line
#19	379	on Side 2 45 yd ln	4.0 stps inside Front side line
#20	391	4.0 stps inside Side 1 45 yd ln	on Front side line

Name: _____ Label: 5 Symbol: G (ID: 107)

File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps on Side 2 50 yd ln	12.0 stps inside Front side line
#2	24	4.0 stps on Side 2 50 yd ln	12.0 stps inside Front side line
#2A	44	on Side 2 45 yd ln	12.0 stps inside Front side line
#3	52	on Side 2 45 yd ln	12.0 stps inside Front side line
#4	68	on Side 2 45 yd ln	4.0 stps inside Front side line
#4A	76	on Side 2 45 yd ln	4.0 stps inside Front side line
#5	92	on Side 2 45 yd ln	4.0 stps inside Front side line
#6	108	4.0 stps inside Side 1 45 yd ln	4.0 stps inside Front side line
#7	124	on Side 2 45 yd ln	on Front side line
#7A	136	on Side 2 45 yd ln	on Front side line
#8	144	on Side 2 40 yd ln	6.0 stps inside Front side line
#9	172	on Side 2 40 yd ln	6.0 stps inside Front side line
#9A	186	2.5 stps on Side 1 50 yd ln	7.5 stps inside Front side line
#10	193	2.5 stps on Side 1 50 yd ln	7.5 stps inside Front side line
#11	221	2.5 stps on Side 1 50 yd ln	7.5 stps inside Front side line
#12	235	2.5 stps on Side 1 50 yd ln	7.5 stps inside Front side line
#13	243	3.0 stps inside Side 1 45 yd ln	13.5 stps inside Front side line
#14	251	4.0 stps on Side 2 50 yd ln	14.0 stps inside Front side line
#15	267	on Side 2 40 yd ln	14.0 stps inside Front side line
#16	283	on Side 2 40 yd ln	14.0 stps inside Front side line
#17	307	4.0 stps inside Side 1 40 yd ln	4.0 stps inside Front side line
#17A	331	on Side 2 40 yd ln	8.0 stps inside Front side line
#18	351	on Side 2 40 yd ln	8.0 stps inside Front side line
#19	379	on 50 yd ln	4.0 stps inside Front side line
#20	391	on Side 1 40 yd ln	on Front side line

Name: _____ Label: 6 Symbol: G (ID: 108)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps outside Side 1 45 yd ln	12.0 stps inside Front side line
#2	24	2.0 stps outside Side 1 45 yd ln	12.0 stps inside Front side line
#2A	44	on Side 1 35 yd ln	8.0 stps inside Front side line
#3	52	on Side 1 35 yd ln	8.0 stps inside Front side line
#4	68	on Side 1 40 yd ln	8.0 stps inside Front side line
#4A	76	on Side 1 40 yd ln	8.0 stps inside Front side line
#5	92	on Side 1 40 yd ln	8.0 stps inside Front side line
#6	108	2.0 stps outside Side 1 40 yd ln	12.0 stps inside Front side line
#7	124	3.5 stps inside Side 1 45 yd ln	13.5 stps outside Front hash(@8.75)
#7A	136	2.0 stps inside Side 2 45 yd ln	11.5 stps outside Front hash(@8.75)
#8	144	2.0 stps inside Side 2 45 yd ln	11.5 stps outside Front hash(@8.75)
#9	172	on Side 1 40 yd ln	on Front hash(@8.75)
#9A	186	on Side 1 40 yd ln	10.0 stps outside Front hash(@8.75)
#10	193	on Side 1 40 yd ln	10.0 stps outside Front hash(@8.75)
#11	221	on Side 1 40 yd ln	10.0 stps outside Front hash(@8.75)
#12	235	on Side 1 40 yd ln	10.0 stps outside Front hash(@8.75)
#13	243	on Side 1 45 yd ln	6.0 stps outside Front hash(@8.75)
#14	251	4.0 stps inside Side 1 45 yd ln	6.0 stps outside Front hash(@8.75)
#15	267	on Side 2 45 yd ln	6.0 stps outside Front hash(@8.75)
#16	283	on Side 2 45 yd ln	6.0 stps outside Front hash(@8.75)
#17	307	on Side 2 45 yd ln	on Front hash(@8.75)
#17A	331	4.0 stps outside Side 2 40 yd ln	4.0 stps inside Front hash(@8.75)
#18	351	4.0 stps outside Side 2 40 yd ln	4.0 stps inside Front hash(@8.75)
#19	379	4.0 stps inside Side 1 45 yd ln	on Front hash(@8.75)
#20	391	4.0 stps inside Side 1 45 yd ln	4.0 stps outside Front hash(@8.75)

Name: _____ Label: 8 Symbol: G (ID: 110)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps outside Side 2 45 yd ln	12.0 stps inside Front side line
#2	24	2.0 stps outside Side 2 45 yd ln	12.0 stps inside Front side line
#2A	44	on Side 2 35 yd ln	8.0 stps inside Front side line
#3	52	on Side 2 35 yd ln	8.0 stps inside Front side line
#4	68	on Side 2 40 yd ln	8.0 stps inside Front side line
#4A	76	on Side 2 40 yd ln	8.0 stps inside Front side line
#5	92	on Side 2 40 yd ln	8.0 stps inside Front side line
#6	108	4.0 stps outside Side 2 45 yd ln	12.0 stps inside Front side line
#7	124	3.0 stps inside Side 2 45 yd ln	6.5 stps inside Front side line
#7A	136	0.5 stps on Side 1 50 yd ln	3.0 stps inside Front side line
#8	144	0.5 stps on Side 1 50 yd ln	3.0 stps inside Front side line
#9	172	on Side 1 30 yd ln	6.0 stps inside Front side line
#9A	186	0.5 stps outside Side 1 25 yd ln	7.0 stps outside Front hash(@8.75)
#10	193	0.5 stps outside Side 1 25 yd ln	7.0 stps outside Front hash(@8.75)
#11	221	0.5 stps outside Side 1 25 yd ln	7.0 stps outside Front hash(@8.75)
#12	235	0.5 stps outside Side 1 25 yd ln	7.0 stps outside Front hash(@8.75)
#13	243	on Side 1 30 yd ln	3.0 stps outside Front hash(@8.75)
#14	251	on Side 1 35 yd ln	2.0 stps outside Front hash(@8.75)
#15	267	4.0 stps inside Side 1 40 yd ln	2.0 stps outside Front hash(@8.75)
#16	283	4.0 stps inside Side 1 40 yd ln	2.0 stps outside Front hash(@8.75)
#17	307	on Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#17A	331	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#18	351	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#19	379	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#20	391	4.0 stps inside Side 1 45 yd ln	8.0 stps inside Front hash(@8.75)

Name: _____ Label: 7 Symbol: G (ID: 109)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps on Side 2 50 yd ln	8.0 stps outside Front hash(@8.75)
#2	24	2.0 stps on Side 2 50 yd ln	8.0 stps outside Front hash(@8.75)
#2A	44	4.0 stps outside Side 2 45 yd ln	12.0 stps outside Front hash(@8.75)
#3	52	4.0 stps outside Side 2 45 yd ln	12.0 stps outside Front hash(@8.75)
#4	68	4.0 stps on Side 2 50 yd ln	12.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps on Side 2 50 yd ln	12.0 stps outside Front hash(@8.75)
#5	92	4.0 stps on Side 2 50 yd ln	12.0 stps outside Front hash(@8.75)
#6	108	on 50 yd ln	12.0 stps inside Front side line
#7	124	1.0 stps outside Side 2 45 yd ln	2.0 stps outside Front hash(@8.75)
#7A	136	on Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#8	144	on Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#9	172	on 50 yd ln	8.0 stps inside Front hash(@8.75)
#9A	186	4.0 stps inside Side 1 40 yd ln	6.0 stps outside Front hash(@8.75)
#10	193	4.0 stps inside Side 1 40 yd ln	6.0 stps outside Front hash(@8.75)
#11	221	4.0 stps inside Side 1 40 yd ln	6.0 stps outside Front hash(@8.75)
#12	235	4.0 stps inside Side 1 40 yd ln	6.0 stps outside Front hash(@8.75)
#13	243	4.0 stps inside Side 1 45 yd ln	2.0 stps outside Front hash(@8.75)
#14	251	on 50 yd ln	2.0 stps outside Front hash(@8.75)
#15	267	4.0 stps outside Side 2 45 yd ln	2.0 stps outside Front hash(@8.75)
#16	283	4.0 stps outside Side 2 45 yd ln	2.0 stps outside Front hash(@8.75)
#17	307	2.0 stps inside Side 2 40 yd ln	2.0 stps inside Front hash(@8.75)
#17A	331	on Side 2 45 yd ln	12.0 stps inside Back hash(@-8.75)
#18	351	on Side 2 45 yd ln	12.0 stps inside Back hash(@-8.75)
#19	379	on Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#20	391	on Side 1 40 yd ln	8.0 stps inside Front hash(@8.75)

Name: _____ Label: 9 Symbol: G (ID: 111)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps inside Side 1 40 yd ln	12.0 stps inside Front side line
#2	24	2.0 stps inside Side 1 40 yd ln	12.0 stps inside Front side line
#2A	44	4.0 stps inside Side 1 25 yd ln	8.0 stps inside Front side line
#3	52	4.0 stps inside Side 1 25 yd ln	8.0 stps inside Front side line
#4	68	4.0 stps inside Side 1 30 yd ln	8.0 stps inside Front side line
#4A	76	4.0 stps inside Side 1 30 yd ln	8.0 stps inside Front side line
#5	92	4.0 stps inside Side 1 30 yd ln	8.0 stps inside Front side line
#6	108	4.0 stps inside Side 1 25 yd ln	12.0 stps inside Front side line
#7	124	on Side 1 35 yd ln	9.5 stps inside Front side line
#7A	136	0.5 stps inside Side 1 40 yd ln	7.5 stps inside Front side line
#8	144	0.5 stps inside Side 1 40 yd ln	7.5 stps inside Front side line
#9	172	2.0 stps inside Side 1 35 yd ln	8.0 stps outside Front hash(@8.75)
#9A	186	4.0 stps inside Side 1 35 yd ln	14.0 stps inside Front side line
#10	193	4.0 stps inside Side 1 35 yd ln	14.0 stps inside Front side line
#11	221	4.0 stps inside Side 1 35 yd ln	14.0 stps inside Front side line
#12	235	4.0 stps inside Side 1 35 yd ln	14.0 stps inside Front side line
#13	243	4.0 stps inside Side 1 40 yd ln	10.0 stps outside Front hash(@8.75)
#14	251	on Side 1 45 yd ln	10.0 stps outside Front hash(@8.75)
#15	267	4.0 stps on Side 2 50 yd ln	10.0 stps outside Front hash(@8.75)
#16	283	4.0 stps on Side 2 50 yd ln	10.0 stps outside Front hash(@8.75)
#17	307	3.0 stps outside Side 2 40 yd ln	12.0 stps outside Front hash(@8.75)
#17A	331	4.0 stps outside Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)
#18	351	4.0 stps outside Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)
#19	379	on Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#20	391	2.0 stps outside Side 1 45 yd ln	10.0 stps outside Front hash(@8.75)

Name: _____ Label: 10 Symbol: G (ID: 112)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps inside Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#2	24	2.0 stps inside Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#2A	44	2.0 stps outside Side 1 40 yd ln	12.0 stps inside Front side line
#3	52	2.0 stps outside Side 1 40 yd ln	12.0 stps inside Front side line
#4	68	2.0 stps outside Side 1 45 yd ln	12.0 stps inside Front side line
#4A	76	2.0 stps outside Side 1 45 yd ln	12.0 stps inside Front side line
#5	92	2.0 stps outside Side 1 45 yd ln	12.0 stps inside Front side line
#6	108	4.0 stps inside Side 1 40 yd ln	12.0 stps inside Front side line
#7	124	1.0 stps on Side 2 50 yd ln	10.0 stps outside Front hash(@8.75)
#7A	136	3.0 stps outside Side 2 45 yd ln	6.0 stps outside Front hash(@8.75)
#8	144	3.0 stps outside Side 2 45 yd ln	6.0 stps outside Front hash(@8.75)
#9	172	on 50 yd ln	on Front hash(@8.75)
#9A	186	on Side 1 45 yd ln	10.0 stps outside Front hash(@8.75)
#10	193	on Side 1 45 yd ln	10.0 stps outside Front hash(@8.75)
#11	221	on Side 1 45 yd ln	10.0 stps outside Front hash(@8.75)
#12	235	on Side 1 45 yd ln	10.0 stps outside Front hash(@8.75)
#13	243	on 50 yd ln	6.0 stps outside Front hash(@8.75)
#14	251	4.0 stps on Side 2 50 yd ln	6.0 stps outside Front hash(@8.75)
#15	267	on Side 2 40 yd ln	6.0 stps outside Front hash(@8.75)
#16	283	on Side 2 40 yd ln	6.0 stps outside Front hash(@8.75)
#17	307	4.0 stps outside Side 2 40 yd ln	4.0 stps inside Front hash(@8.75)
#17A	331	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Back hash(@-8.75)
#18	351	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Back hash(@-8.75)
#19	379	on Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#20	391	4.0 stps inside Side 1 40 yd ln	14.0 stps inside Back hash(@-8.75)

Name: _____ Label: 12 Symbol: G (ID: 114)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps inside Side 2 40 yd ln	12.0 stps inside Front side line
#2	24	2.0 stps inside Side 2 40 yd ln	12.0 stps inside Front side line
#2A	44	4.0 stps outside Side 2 30 yd ln	8.0 stps inside Front side line
#3	52	4.0 stps outside Side 2 30 yd ln	8.0 stps inside Front side line
#4	68	4.0 stps outside Side 2 35 yd ln	8.0 stps inside Front side line
#4A	76	4.0 stps outside Side 2 35 yd ln	8.0 stps inside Front side line
#5	92	4.0 stps outside Side 2 35 yd ln	8.0 stps inside Front side line
#6	108	2.0 stps inside Side 2 30 yd ln	12.0 stps inside Front side line
#7	124	2.5 stps outside Side 2 35 yd ln	6.0 stps inside Front side line
#7A	136	on Side 2 35 yd ln	2.0 stps inside Front side line
#8	144	on Side 2 35 yd ln	2.0 stps inside Front side line
#9	172	1.0 stps inside Side 1 45 yd ln	5.0 stps inside Front side line
#9A	186	1.5 stps outside Side 1 35 yd ln	5.0 stps inside Front side line
#10	193	1.5 stps outside Side 1 35 yd ln	5.0 stps inside Front side line
#11	221	1.5 stps outside Side 1 35 yd ln	5.0 stps inside Front side line
#12	235	1.5 stps outside Side 1 35 yd ln	5.0 stps inside Front side line
#13	243	2.0 stps outside Side 1 35 yd ln	12.0 stps outside Front hash(@8.75)
#14	251	on Side 1 40 yd ln	10.0 stps outside Front hash(@8.75)
#15	267	4.0 stps inside Side 1 45 yd ln	10.0 stps outside Front hash(@8.75)
#16	283	4.0 stps inside Side 1 45 yd ln	10.0 stps outside Front hash(@8.75)
#17	307	1.0 stps outside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#17A	331	on Side 2 45 yd ln	4.0 stps inside Front hash(@8.75)
#18	351	on Side 2 45 yd ln	4.0 stps inside Front hash(@8.75)
#19	379	on Side 2 45 yd ln	on Front hash(@8.75)
#20	391	on Side 2 45 yd ln	4.0 stps outside Front hash(@8.75)

Name: _____ Label: 11 Symbol: G (ID: 113)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps inside Side 2 45 yd ln	12.0 stps outside Front hash(@8.75)
#2	24	2.0 stps inside Side 2 45 yd ln	12.0 stps outside Front hash(@8.75)
#2A	44	2.0 stps outside Side 2 40 yd ln	12.0 stps inside Front side line
#3	52	2.0 stps outside Side 2 40 yd ln	12.0 stps inside Front side line
#4	68	2.0 stps outside Side 2 45 yd ln	12.0 stps inside Front side line
#4A	76	2.0 stps outside Side 2 45 yd ln	12.0 stps inside Front side line
#5	92	2.0 stps outside Side 2 45 yd ln	12.0 stps inside Front side line
#6	108	2.0 stps inside Side 2 45 yd ln	12.0 stps inside Front side line
#7	124	2.5 stps on Side 1 50 yd ln	8.0 stps inside Front side line
#7A	136	1.0 stps outside Side 1 45 yd ln	5.0 stps inside Front side line
#8	144	1.0 stps outside Side 1 45 yd ln	5.0 stps inside Front side line
#9	172	on Side 1 25 yd ln	8.0 stps inside Front side line
#9A	186	4.0 stps inside Side 1 25 yd ln	on Front hash(@8.75)
#10	193	4.0 stps inside Side 1 25 yd ln	on Front hash(@8.75)
#11	221	4.0 stps inside Side 1 25 yd ln	on Front hash(@8.75)
#12	235	4.0 stps inside Side 1 25 yd ln	on Front hash(@8.75)
#13	243	2.0 stps outside Side 1 35 yd ln	3.0 stps outside Front hash(@8.75)
#14	251	on Side 1 40 yd ln	2.0 stps outside Front hash(@8.75)
#15	267	4.0 stps inside Side 1 45 yd ln	2.0 stps outside Front hash(@8.75)
#16	283	4.0 stps inside Side 1 45 yd ln	2.0 stps outside Front hash(@8.75)
#17	307	on Side 1 40 yd ln	4.0 stps outside Front hash(@8.75)
#17A	331	on Side 1 40 yd ln	8.0 stps outside Front hash(@8.75)
#18	351	on Side 1 40 yd ln	8.0 stps outside Front hash(@8.75)
#19	379	on Side 2 45 yd ln	12.0 stps outside Front hash(@8.75)
#20	391	on Side 2 45 yd ln	12.0 stps inside Front side line

Name: _____ Label: 13 Symbol: G (ID: 115)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps outside Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#2	24	2.0 stps outside Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#2A	44	2.0 stps inside Side 1 30 yd ln	12.0 stps inside Front side line
#3	52	2.0 stps inside Side 1 30 yd ln	12.0 stps inside Front side line
#4	68	2.0 stps inside Side 1 35 yd ln	12.0 stps inside Front side line
#4A	76	2.0 stps inside Side 1 35 yd ln	12.0 stps inside Front side line
#5	92	2.0 stps inside Side 1 35 yd ln	12.0 stps inside Front side line
#6	108	2.0 stps inside Side 1 30 yd ln	12.0 stps inside Front side line
#7	124	1.0 stps outside Side 1 40 yd ln	10.0 stps inside Front side line
#7A	136	on Side 1 45 yd ln	9.0 stps inside Front side line
#8	144	on Side 1 45 yd ln	9.0 stps inside Front side line
#9	172	4.0 stps inside Side 1 30 yd ln	4.0 stps outside Front hash(@8.75)
#9A	186	on Side 1 35 yd ln	10.0 stps outside Front hash(@8.75)
#10	193	on Side 1 35 yd ln	10.0 stps outside Front hash(@8.75)
#11	221	on Side 1 35 yd ln	10.0 stps outside Front hash(@8.75)
#12	235	on Side 1 35 yd ln	10.0 stps outside Front hash(@8.75)
#13	243	on Side 1 40 yd ln	6.0 stps outside Front hash(@8.75)
#14	251	4.0 stps inside Side 1 40 yd ln	6.0 stps outside Front hash(@8.75)
#15	267	on 50 yd ln	6.0 stps outside Front hash(@8.75)
#16	283	on 50 yd ln	6.0 stps outside Front hash(@8.75)
#17	307	4.0 stps inside Side 1 40 yd ln	8.0 stps outside Front hash(@8.75)
#17A	331	4.0 stps inside Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#18	351	4.0 stps inside Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#19	379	4.0 stps inside Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#20	391	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Front side line

Name: _____ Label: 14 Symbol: G (ID: 116)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps on Side 1 50 yd ln	8.0 stps outside Front hash(@8.75)
#2	24	2.0 stps on Side 1 50 yd ln	8.0 stps outside Front hash(@8.75)
#2A	44	4.0 stps inside Side 1 40 yd ln	12.0 stps outside Front hash(@8.75)
#3	52	4.0 stps inside Side 1 40 yd ln	12.0 stps outside Front hash(@8.75)
#4	68	4.0 stps inside Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#4A	76	4.0 stps inside Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 45 yd ln	12.0 stps outside Front hash(@8.75)
#6	108	2.0 stps inside Side 1 45 yd ln	12.0 stps inside Front side line
#7	124	2.0 stps inside Side 2 45 yd ln	6.5 stps outside Front hash(@8.75)
#7A	136	1.0 stps inside Side 2 40 yd ln	0.5 stps inside Front hash(@8.75)
#8	144	1.0 stps inside Side 2 40 yd ln	0.5 stps inside Front hash(@8.75)
#9	172	2.0 stps inside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#9A	186	4.0 stps inside Side 1 35 yd ln	6.0 stps outside Front hash(@8.75)
#10	193	4.0 stps inside Side 1 35 yd ln	6.0 stps outside Front hash(@8.75)
#11	221	4.0 stps inside Side 1 35 yd ln	6.0 stps outside Front hash(@8.75)
#12	235	4.0 stps inside Side 1 35 yd ln	6.0 stps outside Front hash(@8.75)
#13	243	4.0 stps inside Side 1 40 yd ln	2.0 stps outside Front hash(@8.75)
#14	251	on Side 1 45 yd ln	2.0 stps outside Front hash(@8.75)
#15	267	4.0 stps on Side 2 50 yd ln	2.0 stps outside Front hash(@8.75)
#16	283	4.0 stps on Side 2 50 yd ln	2.0 stps outside Front hash(@8.75)
#17	307	2.0 stps on Side 2 50 yd ln	2.0 stps outside Front hash(@8.75)
#17A	331	on Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#18	351	on Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#19	379	4.0 stps outside Side 2 45 yd ln	4.0 stps inside Front hash(@8.75)
#20	391	2.0 stps inside Side 2 40 yd ln	2.0 stps inside Front hash(@8.75)

Name: _____ Label: 16 Symbol: G (ID: 118)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps inside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#2	24	2.0 stps inside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#2A	44	on Side 2 35 yd ln	12.0 stps outside Front hash(@8.75)
#3	52	on Side 2 35 yd ln	12.0 stps outside Front hash(@8.75)
#4	68	on Side 2 40 yd ln	12.0 stps outside Front hash(@8.75)
#4A	76	on Side 2 40 yd ln	12.0 stps outside Front hash(@8.75)
#5	92	on Side 2 40 yd ln	12.0 stps outside Front hash(@8.75)
#6	108	2.0 stps outside Side 2 40 yd ln	12.0 stps inside Front side line
#7	124	3.5 stps outside Side 2 45 yd ln	6.0 stps inside Front side line
#7A	136	0.5 stps inside Side 2 45 yd ln	2.0 stps inside Front side line
#8	144	0.5 stps inside Side 2 45 yd ln	2.0 stps inside Front side line
#9	172	on Side 1 35 yd ln	5.0 stps inside Front side line
#9A	186	0.5 stps outside Side 1 25 yd ln	12.0 stps inside Front side line
#10	193	0.5 stps outside Side 1 25 yd ln	12.0 stps inside Front side line
#11	221	0.5 stps outside Side 1 25 yd ln	12.0 stps inside Front side line
#12	235	0.5 stps outside Side 1 25 yd ln	12.0 stps inside Front side line
#13	243	on Side 1 30 yd ln	8.0 stps outside Front hash(@8.75)
#14	251	4.0 stps inside Side 1 35 yd ln	6.0 stps outside Front hash(@8.75)
#15	267	on Side 1 45 yd ln	6.0 stps outside Front hash(@8.75)
#16	283	on Side 1 45 yd ln	6.0 stps outside Front hash(@8.75)
#17	307	4.0 stps inside Side 1 35 yd ln	on Front hash(@8.75)
#17A	331	on Side 1 40 yd ln	12.0 stps inside Back hash(@-8.75)
#18	351	on Side 1 40 yd ln	12.0 stps inside Back hash(@-8.75)
#19	379	on Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)
#20	391	on Side 2 45 yd ln	8.0 stps inside Front hash(@8.75)

Name: _____ Label: 15 Symbol: G (ID: 117)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps inside Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#2	24	2.0 stps inside Side 1 45 yd ln	8.0 stps outside Front hash(@8.75)
#2A	44	on Side 1 35 yd ln	12.0 stps outside Front hash(@8.75)
#3	52	on Side 1 35 yd ln	12.0 stps outside Front hash(@8.75)
#4	68	on Side 1 40 yd ln	12.0 stps outside Front hash(@8.75)
#4A	76	on Side 1 40 yd ln	12.0 stps outside Front hash(@8.75)
#5	92	on Side 1 40 yd ln	12.0 stps outside Front hash(@8.75)
#6	108	on Side 1 35 yd ln	12.0 stps inside Front side line
#7	124	2.5 stps outside Side 1 45 yd ln	12.0 stps inside Front side line
#7A	136	0.5 stps on Side 1 50 yd ln	12.5 stps inside Front side line
#8	144	0.5 stps on Side 1 50 yd ln	12.5 stps inside Front side line
#9	172	2.0 stps outside Side 1 45 yd ln	5.0 stps outside Front hash(@8.75)
#9A	186	4.0 stps inside Side 1 40 yd ln	14.0 stps inside Front side line
#10	193	4.0 stps inside Side 1 40 yd ln	14.0 stps inside Front side line
#11	221	4.0 stps inside Side 1 40 yd ln	14.0 stps inside Front side line
#12	235	4.0 stps inside Side 1 40 yd ln	14.0 stps inside Front side line
#13	243	4.0 stps inside Side 1 45 yd ln	10.0 stps outside Front hash(@8.75)
#14	251	on 50 yd ln	10.0 stps outside Front hash(@8.75)
#15	267	4.0 stps outside Side 2 45 yd ln	10.0 stps outside Front hash(@8.75)
#16	283	4.0 stps outside Side 2 45 yd ln	10.0 stps outside Front hash(@8.75)
#17	307	2.0 stps inside Side 2 40 yd ln	10.0 stps outside Front hash(@8.75)
#17A	331	on Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#18	351	on Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)
#19	379	on Side 1 40 yd ln	12.0 stps outside Front hash(@8.75)
#20	391	on Side 1 40 yd ln	12.0 stps inside Front side line

Name: _____ Label: 17 Symbol: G (ID: 119)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps outside Side 2 45 yd ln	12.0 stps outside Front hash(@8.75)
#2	24	2.0 stps outside Side 2 45 yd ln	12.0 stps outside Front hash(@8.75)
#2A	44	2.0 stps inside Side 2 30 yd ln	12.0 stps inside Front side line
#3	52	2.0 stps inside Side 2 30 yd ln	12.0 stps inside Front side line
#4	68	2.0 stps inside Side 2 35 yd ln	12.0 stps inside Front side line
#4A	76	2.0 stps inside Side 2 35 yd ln	12.0 stps inside Front side line
#5	92	2.0 stps inside Side 2 35 yd ln	12.0 stps inside Front side line
#6	108	on Side 2 35 yd ln	12.0 stps inside Front side line
#7	124	3.0 stps outside Side 2 40 yd ln	6.0 stps inside Front side line
#7A	136	on Side 2 40 yd ln	1.5 stps inside Front side line
#8	144	on Side 2 40 yd ln	1.5 stps inside Front side line
#9	172	0.5 stps inside Side 1 40 yd ln	4.5 stps inside Front side line
#9A	186	2.0 stps outside Side 1 30 yd ln	6.5 stps inside Front side line
#10	193	2.0 stps outside Side 1 30 yd ln	6.5 stps inside Front side line
#11	221	2.0 stps outside Side 1 30 yd ln	6.5 stps inside Front side line
#12	235	2.0 stps outside Side 1 30 yd ln	6.5 stps inside Front side line
#13	243	on Side 1 30 yd ln	12.0 stps outside Front hash(@8.75)
#14	251	on Side 1 35 yd ln	10.0 stps outside Front hash(@8.75)
#15	267	4.0 stps inside Side 1 40 yd ln	10.0 stps outside Front hash(@8.75)
#16	283	4.0 stps inside Side 1 40 yd ln	10.0 stps outside Front hash(@8.75)
#17	307	4.0 stps on Side 2 50 yd ln	6.0 stps outside Front hash(@8.75)
#17A	331	4.0 stps inside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#18	351	4.0 stps inside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#19	379	4.0 stps outside Side 2 40 yd ln	on Front hash(@8.75)
#20	391	4.0 stps outside Side 2 40 yd ln	4.0 stps outside Front hash(@8.75)

Name: _____ Label: 1 Symbol: M (ID: 52)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 40 yd ln	12.0 stps inside Back hash(@-8.75)
#2	24	on Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#2A	44	on Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)
#3	52	on Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)
#4	68	on Side 2 35 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps outside Side 2 40 yd ln	10.0 stps inside Front hash(@8.75)
#5	92	4.0 stps outside Side 2 40 yd ln	10.0 stps inside Front hash(@8.75)
#6	108	4.0 stps on Side 2 50 yd ln	13.0 stps inside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 45 yd ln	8.0 stps inside Front hash(@8.75)
#7A	136	2.0 stps inside Side 2 45 yd ln	on Front hash(@8.75)
#8	144	2.0 stps inside Side 2 45 yd ln	on Front hash(@8.75)
#9	172	2.0 stps inside Side 2 45 yd ln	on Front hash(@8.75)
#9A	186	1.5 stps outside Side 1 45 yd ln	on Front hash(@8.75)
#10	193	1.5 stps outside Side 1 45 yd ln	on Front hash(@8.75)
#11	221	3.0 stps inside Side 1 30 yd ln	3.5 stps outside Front hash(@8.75)
#12	235	3.0 stps inside Side 1 30 yd ln	11.5 stps inside Front side line
#13	243	1.0 stps inside Side 1 35 yd ln	10.0 stps outside Front hash(@8.75)
#14	251	on Side 1 30 yd ln	4.0 stps outside Front hash(@8.75)
#15	267	on Side 1 30 yd ln	4.0 stps outside Front hash(@8.75)
#16	283	3.0 stps outside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#17	307	3.0 stps outside Side 1 45 yd ln	14.0 stps inside Back hash(@-8.75)
#17A	331	4.0 stps inside Side 1 40 yd ln	4.0 stps inside Back hash(@-8.75)
#18	351	4.0 stps inside Side 1 40 yd ln	4.0 stps inside Back hash(@-8.75)
#19	379	4.0 stps on Side 2 50 yd ln	8.0 stps inside Back hash(@-8.75)
#20	391	on Side 2 40 yd ln	12.0 stps inside Back hash(@-8.75)

Name: _____ Label: 2 Symbol: M (ID: 53)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#2	24	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#2A	44	1.0 stps outside Side 2 40 yd ln	12.0 stps inside Front hash(@8.75)
#3	52	1.0 stps outside Side 2 40 yd ln	12.0 stps inside Front hash(@8.75)
#4	68	1.0 stps outside Side 2 30 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps outside Side 2 35 yd ln	10.0 stps inside Front hash(@8.75)
#5	92	4.0 stps outside Side 2 35 yd ln	10.0 stps inside Front hash(@8.75)
#6	108	on Side 2 45 yd ln	13.0 stps inside Front hash(@8.75)
#7	124	on 50 yd ln	8.0 stps inside Front hash(@8.75)
#7A	136	on Side 2 45 yd ln	on Front hash(@8.75)
#8	144	on Side 2 45 yd ln	on Front hash(@8.75)
#9	172	on Side 2 45 yd ln	on Front hash(@8.75)
#9A	186	1.0 stps inside Side 1 45 yd ln	0.5 stps inside Front hash(@8.75)
#10	193	1.0 stps inside Side 1 45 yd ln	0.5 stps inside Front hash(@8.75)
#11	221	2.5 stps outside Side 1 35 yd ln	1.0 stps outside Front hash(@8.75)
#12	235	1.5 stps inside Side 1 30 yd ln	13.5 stps outside Front hash(@8.75)
#13	243	3.0 stps outside Side 1 35 yd ln	11.0 stps outside Front hash(@8.75)
#14	251	on Side 1 30 yd ln	7.0 stps outside Front hash(@8.75)
#15	267	on Side 1 30 yd ln	7.0 stps outside Front hash(@8.75)
#16	283	1.5 stps inside Side 1 35 yd ln	3.5 stps inside Front hash(@8.75)
#17	307	2.0 stps inside Side 1 40 yd ln	14.0 stps inside Back hash(@-8.75)
#17A	331	4.0 stps inside Side 1 40 yd ln	on Back hash(@-8.75)
#18	351	4.0 stps inside Side 1 40 yd ln	on Back hash(@-8.75)
#19	379	on Side 2 40 yd ln	on Back hash(@-8.75)
#20	391	4.0 stps outside Side 2 35 yd ln	4.0 stps inside Back hash(@-8.75)

Name: _____ Label: 3 Symbol: M (ID: 54)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#2	24	on Side 1 45 yd ln	8.0 stps inside Back hash(@-8.75)
#2A	44	3.0 stps outside Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)
#3	52	3.0 stps outside Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)
#4	68	3.0 stps outside Side 2 35 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	on Side 2 35 yd ln	13.0 stps inside Front hash(@8.75)
#5	92	on Side 2 35 yd ln	13.0 stps inside Front hash(@8.75)
#6	108	on Side 2 45 yd ln	12.0 stps inside Back hash(@-8.75)
#7	124	on 50 yd ln	11.0 stps inside Front hash(@8.75)
#7A	136	on Side 2 45 yd ln	3.0 stps inside Front hash(@8.75)
#8	144	on Side 2 45 yd ln	3.0 stps inside Front hash(@8.75)
#9	172	on Side 2 45 yd ln	3.0 stps inside Front hash(@8.75)
#9A	186	3.0 stps inside Side 1 45 yd ln	2.5 stps inside Front hash(@8.75)
#10	193	3.0 stps inside Side 1 45 yd ln	2.5 stps inside Front hash(@8.75)
#11	221	on Side 1 35 yd ln	on Front hash(@8.75)
#12	235	1.0 stps inside Side 1 30 yd ln	10.5 stps outside Front hash(@8.75)
#13	243	3.0 stps inside Side 1 35 yd ln	11.0 stps outside Front hash(@8.75)
#14	251	on Side 1 30 yd ln	10.0 stps outside Front hash(@8.75)
#15	267	on Side 1 30 yd ln	10.0 stps outside Front hash(@8.75)
#16	283	1.0 stps outside Side 1 35 yd ln	3.0 stps inside Front hash(@8.75)
#17	307	1.0 stps outside Side 1 40 yd ln	14.0 stps inside Back hash(@-8.75)
#17A	331	on Side 1 40 yd ln	on Back hash(@-8.75)
#18	351	on Side 1 40 yd ln	on Back hash(@-8.75)
#19	379	4.0 stps outside Side 2 45 yd ln	on Back hash(@-8.75)
#20	391	on Side 2 35 yd ln	4.0 stps inside Back hash(@-8.75)

Name: _____ Label: 4 Symbol: M (ID: 55)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 45 yd ln	8.0 stps inside Back hash(@-8.75)
#2	24	4.0 stps inside Side 1 40 yd ln	8.0 stps inside Back hash(@-8.75)
#2A	44	2.0 stps on Side 2 50 yd ln	12.0 stps inside Front hash(@8.75)
#3	52	2.0 stps on Side 2 50 yd ln	12.0 stps inside Front hash(@8.75)
#4	68	2.0 stps outside Side 2 40 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	on Side 2 40 yd ln	13.0 stps inside Front hash(@8.75)
#5	92	on Side 2 40 yd ln	13.0 stps inside Front hash(@8.75)
#6	108	on 50 yd ln	13.0 stps inside Front hash(@8.75)
#7	124	on Side 1 45 yd ln	8.0 stps inside Front hash(@8.75)
#7A	136	2.0 stps inside Side 2 45 yd ln	3.0 stps inside Front hash(@8.75)
#8	144	2.0 stps inside Side 2 45 yd ln	3.0 stps inside Front hash(@8.75)
#9	172	2.0 stps inside Side 2 45 yd ln	3.0 stps inside Front hash(@8.75)
#9A	186	3.5 stps inside Side 1 45 yd ln	5.0 stps inside Front hash(@8.75)
#10	193	3.5 stps inside Side 1 45 yd ln	5.0 stps inside Front hash(@8.75)
#11	221	2.5 stps inside Side 1 35 yd ln	0.5 stps inside Front hash(@8.75)
#12	235	1.5 stps inside Side 1 30 yd ln	7.5 stps outside Front hash(@8.75)
#13	243	2.0 stps outside Side 1 35 yd ln	6.0 stps outside Front hash(@8.75)
#14	251	1.5 stps inside Side 1 30 yd ln	1.5 stps outside Front hash(@8.75)
#15	267	1.5 stps inside Side 1 30 yd ln	1.5 stps outside Front hash(@8.75)
#16	283	on Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#17	307	on Side 1 40 yd ln	8.0 stps inside Front hash(@8.75)
#17A	331	on Side 1 40 yd ln	4.0 stps inside Back hash(@-8.75)
#18	351	on Side 1 40 yd ln	4.0 stps inside Back hash(@-8.75)
#19	379	on Side 2 45 yd ln	8.0 stps inside Back hash(@-8.75)
#20	391	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Back hash(@-8.75)

Name: _____ Label: 1 Symbol: N (ID: 42)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 30 yd ln	4.0 stps outside Front hash(@8.75)
#2	24	4.0 stps inside Side 1 25 yd ln	4.0 stps outside Front hash(@8.75)
#2A	44	3.0 stps inside Side 1 20 yd ln	4.0 stps inside Front hash(@8.75)
#3	52	3.0 stps inside Side 1 20 yd ln	4.0 stps inside Front hash(@8.75)
#4	68	3.0 stps inside Side 1 30 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	on Side 1 35 yd ln	7.0 stps inside Front hash(@8.75)
#5	92	on Side 1 35 yd ln	7.0 stps inside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 35 yd ln	7.0 stps inside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 30 yd ln	4.0 stps inside Front hash(@8.75)
#7A	136	on Side 1 30 yd ln	3.0 stps inside Front hash(@8.75)
#8	144	on Side 1 30 yd ln	3.0 stps inside Front hash(@8.75)
#9	172	on Side 1 25 yd ln	12.0 stps outside Front hash(@8.75)
#9A	186	1.0 stps inside Side 1 30 yd ln	12.5 stps outside Front hash(@8.75)
#10	193	1.0 stps inside Side 1 30 yd ln	12.5 stps outside Front hash(@8.75)
#11	221	3.5 stps inside Side 1 35 yd ln	8.0 stps inside Front side line
#12	235	0.5 stps inside Side 1 45 yd ln	10.5 stps inside Front side line
#13	243	3.0 stps outside Side 1 45 yd ln	12.0 stps inside Front side line
#14	251	2.5 stps outside Side 1 40 yd ln	5.5 stps inside Front side line
#15	267	2.5 stps outside Side 1 40 yd ln	5.5 stps inside Front side line
#16	283	on Side 1 30 yd ln	13.0 stps inside Front side line
#17	307	3.5 stps outside Side 1 45 yd ln	13.5 stps outside Front hash(@8.75)
#17A	331	4.0 stps inside Side 1 40 yd ln	on Front hash(@8.75)
#18	351	4.0 stps inside Side 1 40 yd ln	on Front hash(@8.75)
#19	379	4.0 stps on Side 2 50 yd ln	4.0 stps outside Front hash(@8.75)
#20	391	on Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)

Name: _____ Label: 2 Symbol: N (ID: 43)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 35 yd ln	8.0 stps outside Front hash(@8.75)
#2	24	on Side 1 30 yd ln	on Front hash(@8.75)
#2A	44	4.0 stps inside Side 1 25 yd ln	4.0 stps inside Front hash(@8.75)
#3	52	4.0 stps inside Side 1 25 yd ln	4.0 stps inside Front hash(@8.75)
#4	68	4.0 stps inside Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	on Side 1 40 yd ln	7.0 stps inside Front hash(@8.75)
#5	92	on Side 1 40 yd ln	7.0 stps inside Front hash(@8.75)
#6	108	on Side 1 40 yd ln	7.0 stps inside Front hash(@8.75)
#7	124	on Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#7A	136	4.0 stps inside Side 1 30 yd ln	3.0 stps inside Front hash(@8.75)
#8	144	4.0 stps inside Side 1 30 yd ln	3.0 stps inside Front hash(@8.75)
#9	172	4.0 stps inside Side 1 25 yd ln	12.0 stps outside Front hash(@8.75)
#9A	186	2.0 stps inside Side 1 30 yd ln	6.5 stps outside Front hash(@8.75)
#10	193	2.0 stps inside Side 1 30 yd ln	6.5 stps outside Front hash(@8.75)
#11	221	1.5 stps outside Side 1 35 yd ln	9.5 stps inside Front side line
#12	235	3.0 stps inside Side 1 40 yd ln	8.5 stps inside Front side line
#13	243	2.0 stps inside Side 1 45 yd ln	11.0 stps inside Front side line
#14	251	on Side 1 40 yd ln	6.0 stps inside Front side line
#15	267	on Side 1 40 yd ln	6.0 stps inside Front side line
#16	283	1.5 stps inside Side 1 30 yd ln	10.5 stps inside Front side line
#17	307	1.5 stps outside Side 1 45 yd ln	12.0 stps inside Front side line
#17A	331	on Side 1 40 yd ln	on Front hash(@8.75)
#18	351	on Side 1 40 yd ln	on Front hash(@8.75)
#19	379	on Side 2 45 yd ln	4.0 stps outside Front hash(@8.75)
#20	391	4.0 stps outside Side 2 40 yd ln	8.0 stps outside Front hash(@8.75)

Name: _____ Label: 3 Symbol: N (ID: 44)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 35 yd ln	12.0 stps outside Front hash(@8.75)
#2	24	4.0 stps inside Side 1 30 yd ln	on Front hash(@8.75)
#2A	44	3.0 stps outside Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#3	52	3.0 stps outside Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#4	68	3.0 stps outside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	on Side 1 45 yd ln	7.0 stps inside Front hash(@8.75)
#5	92	on Side 1 45 yd ln	7.0 stps inside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 40 yd ln	7.0 stps inside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#7A	136	on Side 1 35 yd ln	3.0 stps inside Front hash(@8.75)
#8	144	on Side 1 35 yd ln	3.0 stps inside Front hash(@8.75)
#9	172	on Side 1 30 yd ln	12.0 stps outside Front hash(@8.75)
#9A	186	3.0 stps outside Side 1 35 yd ln	1.5 stps outside Front hash(@8.75)
#10	193	3.0 stps outside Side 1 35 yd ln	1.5 stps outside Front hash(@8.75)
#11	221	1.5 stps inside Side 1 30 yd ln	13.5 stps inside Front side line
#12	235	2.5 stps outside Side 1 40 yd ln	8.0 stps inside Front side line
#13	243	2.0 stps inside Side 1 35 yd ln	9.0 stps inside Front side line
#14	251	3.5 stps outside Side 1 35 yd ln	7.5 stps inside Front side line
#15	267	3.5 stps outside Side 1 35 yd ln	7.5 stps inside Front side line
#16	283	on Side 1 30 yd ln	5.5 stps outside Front hash(@8.75)
#17	307	1.5 stps outside Side 1 40 yd ln	7.5 stps outside Front hash(@8.75)
#17A	331	on 50 yd ln	on Front hash(@8.75)
#18	351	on 50 yd ln	on Front hash(@8.75)
#19	379	on Side 1 45 yd ln	4.0 stps outside Front hash(@8.75)
#20	391	4.0 stps on Side 2 50 yd ln	8.0 stps outside Front hash(@8.75)

Name: _____ Label: 4 Symbol: N (ID: 45)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 35 yd ln	12.0 stps inside Front side line
#2	24	on Side 1 35 yd ln	on Front hash(@8.75)
#2A	44	2.0 stps outside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#3	52	2.0 stps outside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#4	68	2.0 stps on Side 1 50 yd ln	4.0 stps inside Front hash(@8.75)
#4A	76	on 50 yd ln	7.0 stps inside Front hash(@8.75)
#5	92	on 50 yd ln	7.0 stps inside Front hash(@8.75)
#6	108	on Side 1 45 yd ln	7.0 stps inside Front hash(@8.75)
#7	124	on Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#7A	136	4.0 stps inside Side 1 35 yd ln	3.0 stps inside Front hash(@8.75)
#8	144	4.0 stps inside Side 1 35 yd ln	3.0 stps inside Front hash(@8.75)
#9	172	4.0 stps inside Side 1 30 yd ln	12.0 stps outside Front hash(@8.75)
#9A	186	2.0 stps inside Side 1 35 yd ln	0.5 stps inside Front hash(@8.75)
#10	193	2.0 stps inside Side 1 35 yd ln	0.5 stps inside Front hash(@8.75)
#11	221	1.0 stps inside Side 1 30 yd ln	8.5 stps outside Front hash(@8.75)
#12	235	on Side 1 35 yd ln	9.0 stps inside Front side line
#13	243	3.0 stps inside Side 1 30 yd ln	9.0 stps inside Front side line
#14	251	0.5 stps inside Side 1 30 yd ln	12.0 stps inside Front side line
#15	267	0.5 stps inside Side 1 30 yd ln	12.0 stps inside Front side line
#16	283	2.0 stps inside Side 1 30 yd ln	0.5 stps outside Front hash(@8.75)
#17	307	2.0 stps inside Side 1 35 yd ln	3.5 stps outside Front hash(@8.75)
#17A	331	on Side 1 40 yd ln	8.0 stps inside Front hash(@8.75)
#18	351	on Side 1 40 yd ln	8.0 stps inside Front hash(@8.75)
#19	379	on Side 2 45 yd ln	4.0 stps inside Front hash(@8.75)
#20	391	on 50 yd ln	on Front hash(@8.75)

Name: _____ Label: 5 Symbol: N (ID: 46)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 40 yd ln	8.0 stps outside Back hash(@-8.75)
#2	24	on Side 1 45 yd ln	on Back hash(@-8.75)
#2A	44	2.0 stps inside Side 1 35 yd ln	8.0 stps inside Back hash(@-8.75)
#3	52	2.0 stps inside Side 1 35 yd ln	8.0 stps inside Back hash(@-8.75)
#4	68	2.0 stps inside Side 1 30 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps inside Side 1 30 yd ln	10.0 stps inside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 30 yd ln	10.0 stps inside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 35 yd ln	10.0 stps inside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 30 yd ln	7.0 stps inside Front hash(@8.75)
#7A	136	on Side 1 35 yd ln	6.0 stps inside Front hash(@8.75)
#8	144	on Side 1 35 yd ln	6.0 stps inside Front hash(@8.75)
#9	172	on Side 1 25 yd ln	9.0 stps outside Front hash(@8.75)
#9A	186	1.0 stps inside Side 1 30 yd ln	9.5 stps outside Front hash(@8.75)
#10	193	1.0 stps inside Side 1 30 yd ln	9.5 stps outside Front hash(@8.75)
#11	221	0.5 stps inside Side 1 35 yd ln	8.5 stps inside Front side line
#12	235	1.5 stps outside Side 1 45 yd ln	9.5 stps inside Front side line
#13	243	2.0 stps inside Side 1 40 yd ln	13.0 stps outside Front hash(@8.75)
#14	251	2.0 stps inside Side 1 35 yd ln	5.5 stps inside Front side line
#15	267	2.0 stps inside Side 1 35 yd ln	5.5 stps inside Front side line
#16	283	on Side 1 30 yd ln	11.5 stps outside Front hash(@8.75)
#17	307	2.0 stps inside Side 1 40 yd ln	11.5 stps outside Front hash(@8.75)
#17A	331	on Side 1 45 yd ln	on Front hash(@8.75)
#18	351	on Side 1 45 yd ln	on Front hash(@8.75)
#19	379	on 50 yd ln	4.0 stps outside Front hash(@8.75)
#20	391	4.0 stps outside Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)

Name: _____ Label: 7 Symbol: N (ID: 48)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 35 yd ln	8.0 stps outside Back hash(@-8.75)
#2	24	on 50 yd ln	on Back hash(@-8.75)
#2A	44	4.0 stps inside Side 1 45 yd ln	8.0 stps inside Back hash(@-8.75)
#3	52	4.0 stps inside Side 1 45 yd ln	8.0 stps inside Back hash(@-8.75)
#4	68	4.0 stps inside Side 1 40 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps inside Side 1 40 yd ln	10.0 stps inside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 40 yd ln	10.0 stps inside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 40 yd ln	10.0 stps inside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 35 yd ln	7.0 stps inside Front hash(@8.75)
#7A	136	on Side 1 40 yd ln	6.0 stps inside Front hash(@8.75)
#8	144	on Side 1 40 yd ln	6.0 stps inside Front hash(@8.75)
#9	172	on Side 1 30 yd ln	9.0 stps outside Front hash(@8.75)
#9A	186	0.5 stps outside Side 1 35 yd ln	on Front hash(@8.75)
#10	193	0.5 stps outside Side 1 35 yd ln	on Front hash(@8.75)
#11	221	1.0 stps inside Side 1 30 yd ln	11.0 stps outside Front hash(@8.75)
#12	235	2.0 stps inside Side 1 35 yd ln	8.0 stps inside Front side line
#13	243	1.0 stps inside Side 1 35 yd ln	14.0 stps inside Front side line
#14	251	2.0 stps inside Side 1 30 yd ln	9.5 stps inside Front side line
#15	267	2.0 stps inside Side 1 30 yd ln	9.5 stps inside Front side line
#16	283	0.5 stps inside Side 1 30 yd ln	3.0 stps outside Front hash(@8.75)
#17	307	3.5 stps outside Side 1 40 yd ln	5.5 stps outside Front hash(@8.75)
#17A	331	4.0 stps on Side 2 50 yd ln	on Front hash(@8.75)
#18	351	4.0 stps on Side 2 50 yd ln	on Front hash(@8.75)
#19	379	4.0 stps inside Side 1 40 yd ln	4.0 stps outside Front hash(@8.75)
#20	391	on 50 yd ln	8.0 stps outside Front hash(@8.75)

Name: _____ Label: 6 Symbol: N (ID: 47)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 40 yd ln	8.0 stps outside Back hash(@-8.75)
#2	24	4.0 stps inside Side 1 45 yd ln	on Back hash(@-8.75)
#2A	44	3.0 stps inside Side 1 40 yd ln	8.0 stps inside Back hash(@-8.75)
#3	52	3.0 stps inside Side 1 40 yd ln	8.0 stps inside Back hash(@-8.75)
#4	68	3.0 stps inside Side 1 35 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps inside Side 1 35 yd ln	10.0 stps inside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 35 yd ln	10.0 stps inside Front hash(@8.75)
#6	108	on Side 1 40 yd ln	10.0 stps inside Front hash(@8.75)
#7	124	on Side 1 35 yd ln	7.0 stps inside Front hash(@8.75)
#7A	136	4.0 stps inside Side 1 35 yd ln	6.0 stps inside Front hash(@8.75)
#8	144	4.0 stps inside Side 1 35 yd ln	6.0 stps inside Front hash(@8.75)
#9	172	4.0 stps inside Side 1 25 yd ln	9.0 stps outside Front hash(@8.75)
#9A	186	2.5 stps inside Side 1 30 yd ln	3.5 stps outside Front hash(@8.75)
#10	193	2.5 stps inside Side 1 30 yd ln	3.5 stps outside Front hash(@8.75)
#11	221	3.5 stps inside Side 1 30 yd ln	11.0 stps inside Front side line
#12	235	on Side 1 40 yd ln	8.0 stps inside Front side line
#13	243	1.0 stps outside Side 1 40 yd ln	13.0 stps inside Front side line
#14	251	0.5 stps outside Side 1 35 yd ln	6.5 stps inside Front side line
#15	267	0.5 stps outside Side 1 35 yd ln	6.5 stps inside Front side line
#16	283	on Side 1 30 yd ln	8.5 stps outside Front hash(@8.75)
#17	307	on Side 1 40 yd ln	9.5 stps outside Front hash(@8.75)
#17A	331	4.0 stps inside Side 1 45 yd ln	on Front hash(@8.75)
#18	351	4.0 stps inside Side 1 45 yd ln	on Front hash(@8.75)
#19	379	4.0 stps inside Side 1 45 yd ln	4.0 stps outside Front hash(@8.75)
#20	391	on Side 2 45 yd ln	8.0 stps outside Front hash(@8.75)

Name: _____ Label: 8 Symbol: N (ID: 49)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 35 yd ln	8.0 stps outside Back hash(@-8.75)
#2	24	4.0 stps on Side 2 50 yd ln	on Back hash(@-8.75)
#2A	44	3.0 stps inside Side 2 45 yd ln	8.0 stps inside Back hash(@-8.75)
#3	52	3.0 stps inside Side 2 45 yd ln	8.0 stps inside Back hash(@-8.75)
#4	68	3.0 stps on Side 1 50 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps inside Side 1 45 yd ln	10.0 stps inside Front hash(@8.75)
#5	92	4.0 stps inside Side 1 45 yd ln	10.0 stps inside Front hash(@8.75)
#6	108	on Side 1 45 yd ln	10.0 stps inside Front hash(@8.75)
#7	124	on Side 1 40 yd ln	7.0 stps inside Front hash(@8.75)
#7A	136	4.0 stps inside Side 1 40 yd ln	6.0 stps inside Front hash(@8.75)
#8	144	4.0 stps inside Side 1 40 yd ln	6.0 stps inside Front hash(@8.75)
#9	172	4.0 stps inside Side 1 30 yd ln	9.0 stps outside Front hash(@8.75)
#9A	186	2.5 stps outside Side 1 40 yd ln	1.0 stps inside Front hash(@8.75)
#10	193	2.5 stps outside Side 1 40 yd ln	1.0 stps inside Front hash(@8.75)
#11	221	2.0 stps inside Side 1 30 yd ln	5.5 stps outside Front hash(@8.75)
#12	235	2.5 stps outside Side 1 35 yd ln	10.5 stps inside Front side line
#13	243	3.0 stps inside Side 1 30 yd ln	14.0 stps inside Front side line
#14	251	on Side 1 30 yd ln	13.0 stps outside Front hash(@8.75)
#15	267	on Side 1 30 yd ln	13.0 stps outside Front hash(@8.75)
#16	283	3.5 stps outside Side 1 35 yd ln	1.5 stps inside Front hash(@8.75)
#17	307	on Side 1 35 yd ln	1.5 stps outside Front hash(@8.75)
#17A	331	4.0 stps inside Side 1 40 yd ln	8.0 stps inside Front hash(@8.75)
#18	351	4.0 stps inside Side 1 40 yd ln	8.0 stps inside Front hash(@8.75)
#19	379	4.0 stps on Side 2 50 yd ln	4.0 stps inside Front hash(@8.75)
#20	391	4.0 stps inside Side 1 45 yd ln	on Front hash(@8.75)

Name: _____ Label: 1 Symbol: Q (ID: 93)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	3.0 stps inside Side 1 40 yd ln	12.0 stps inside Back side line
#2	24	3.0 stps inside Side 1 40 yd ln	8.0 stps outside Back hash(@-8.75)
#2A	44	1.0 stps outside Side 1 40 yd ln	on Back hash(@-8.75)
#3	52	1.0 stps outside Side 1 40 yd ln	on Back hash(@-8.75)
#4	68	1.0 stps inside Side 1 45 yd ln	4.0 stps outside Back hash(@-8.75)
#4A	76	1.0 stps inside Side 1 45 yd ln	4.0 stps outside Back hash(@-8.75)
#5	92	1.0 stps inside Side 1 45 yd ln	4.0 stps outside Back hash(@-8.75)
#6	108	3.0 stps inside Side 1 40 yd ln	on Back hash(@-8.75)
#7	124	3.0 stps on Side 2 50 yd ln	4.0 stps outside Back hash(@-8.75)
#7A	136	3.0 stps on Side 2 50 yd ln	0.5 stps inside Back hash(@-8.75)
#8	144	3.0 stps on Side 2 50 yd ln	4.0 stps inside Back hash(@-8.75)
#9	172	1.0 stps outside Side 1 35 yd ln	4.0 stps inside Back hash(@-8.75)
#9A	186	4.0 stps inside Side 1 35 yd ln	1.0 stps inside Back hash(@-8.75)
#10	193	4.0 stps inside Side 1 35 yd ln	1.0 stps inside Back hash(@-8.75)
#11	221	1.0 stps on Side 1 50 yd ln	10.0 stps inside Back hash(@-8.75)
#12	235	1.0 stps inside Side 1 40 yd ln	10.0 stps inside Back hash(@-8.75)
#13	243	1.0 stps inside Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#14	251	1.0 stps inside Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#15	267	1.0 stps inside Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#16	283	1.0 stps outside Side 2 45 yd ln	10.0 stps inside Back hash(@-8.75)
#17	307	1.0 stps on Side 2 50 yd ln	4.0 stps inside Back hash(@-8.75)
#17A	331	1.0 stps on Side 2 50 yd ln	4.0 stps outside Back hash(@-8.75)
#18	351	1.0 stps on Side 2 50 yd ln	4.0 stps outside Back hash(@-8.75)
#19	379	1.0 stps on Side 2 50 yd ln	4.0 stps outside Back hash(@-8.75)
#20	391	1.0 stps on Side 2 50 yd ln	4.0 stps outside Back hash(@-8.75)

Name: _____ Label: 1 Symbol: R (ID: 50)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 40 yd ln	4.0 stps inside Back hash(@-8.75)
#2	24	on Side 1 40 yd ln	12.0 stps inside Back hash(@-8.75)
#2A	44	2.0 stps outside Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#3	52	2.0 stps outside Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#4	68	2.0 stps inside Side 2 45 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps on Side 2 50 yd ln	10.0 stps inside Front hash(@8.75)
#5	92	4.0 stps on Side 2 50 yd ln	10.0 stps inside Front hash(@8.75)
#6	108	on Side 2 45 yd ln	10.0 stps inside Front hash(@8.75)
#7	124	on Side 2 35 yd ln	10.0 stps inside Front hash(@8.75)
#7A	136	on Side 2 35 yd ln	12.0 stps inside Front hash(@8.75)
#8	144	on Side 2 35 yd ln	12.0 stps inside Front hash(@8.75)
#9	172	4.0 stps outside Side 2 35 yd ln	4.0 stps outside Front hash(@8.75)
#9A	186	2.5 stps inside Side 2 35 yd ln	4.0 stps outside Front hash(@8.75)
#10	193	2.5 stps inside Side 2 35 yd ln	4.0 stps outside Front hash(@8.75)
#11	221	1.0 stps outside Side 2 35 yd ln	5.5 stps inside Front hash(@8.75)
#12	235	1.5 stps inside Side 2 25 yd ln	4.5 stps inside Front hash(@8.75)
#13	243	3.0 stps inside Side 2 25 yd ln	1.0 stps inside Front hash(@8.75)
#14	251	2.0 stps inside Side 2 25 yd ln	on Front hash(@8.75)
#15	267	2.0 stps inside Side 2 25 yd ln	on Front hash(@8.75)
#16	283	2.0 stps inside Side 2 25 yd ln	12.5 stps inside Front side line
#17	307	2.0 stps outside Side 2 30 yd ln	14.0 stps inside Front side line
#17A	331	4.0 stps outside Side 2 40 yd ln	on Front hash(@8.75)
#18	351	4.0 stps outside Side 2 40 yd ln	on Front hash(@8.75)
#19	379	on Side 1 45 yd ln	on Front hash(@8.75)
#20	391	4.0 stps inside Side 1 40 yd ln	4.0 stps outside Front hash(@8.75)

Name: _____ Label: 2 Symbol: Q (ID: 94)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 40 yd ln	12.0 stps inside Back side line
#2	24	on Side 1 40 yd ln	8.0 stps outside Back hash(@-8.75)
#2A	44	4.0 stps inside Side 1 35 yd ln	on Back hash(@-8.75)
#3	52	4.0 stps inside Side 1 35 yd ln	on Back hash(@-8.75)
#4	68	2.0 stps outside Side 1 45 yd ln	4.0 stps outside Back hash(@-8.75)
#4A	76	2.0 stps outside Side 1 45 yd ln	4.0 stps outside Back hash(@-8.75)
#5	92	2.0 stps outside Side 1 45 yd ln	4.0 stps outside Back hash(@-8.75)
#6	108	on Side 1 40 yd ln	on Back hash(@-8.75)
#7	124	on 50 yd ln	4.0 stps outside Back hash(@-8.75)
#7A	136	on 50 yd ln	0.5 stps inside Back hash(@-8.75)
#8	144	on 50 yd ln	4.0 stps inside Back hash(@-8.75)
#9	172	4.0 stps inside Side 1 30 yd ln	4.0 stps inside Back hash(@-8.75)
#9A	186	1.0 stps inside Side 1 35 yd ln	1.0 stps inside Back hash(@-8.75)
#10	193	1.0 stps inside Side 1 35 yd ln	1.0 stps inside Back hash(@-8.75)
#11	221	4.0 stps inside Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#12	235	2.0 stps outside Side 1 40 yd ln	10.0 stps inside Back hash(@-8.75)
#13	243	2.0 stps outside Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#14	251	2.0 stps outside Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#15	267	2.0 stps outside Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#16	283	2.0 stps inside Side 2 45 yd ln	10.0 stps inside Back hash(@-8.75)
#17	307	2.0 stps on Side 1 50 yd ln	4.0 stps inside Back hash(@-8.75)
#17A	331	2.0 stps on Side 1 50 yd ln	4.0 stps outside Back hash(@-8.75)
#18	351	2.0 stps on Side 1 50 yd ln	4.0 stps outside Back hash(@-8.75)
#19	379	2.0 stps on Side 1 50 yd ln	4.0 stps outside Back hash(@-8.75)
#20	391	2.0 stps on Side 1 50 yd ln	4.0 stps outside Back hash(@-8.75)

Name: _____ Label: 2 Symbol: R (ID: 51)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 40 yd ln	8.0 stps inside Back hash(@-8.75)
#2	24	4.0 stps inside Side 1 40 yd ln	12.0 stps inside Back hash(@-8.75)
#2A	44	1.0 stps on Side 1 50 yd ln	12.0 stps inside Front hash(@8.75)
#3	52	1.0 stps on Side 1 50 yd ln	12.0 stps inside Front hash(@8.75)
#4	68	1.0 stps inside Side 2 40 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps outside Side 2 45 yd ln	10.0 stps inside Front hash(@8.75)
#5	92	4.0 stps outside Side 2 45 yd ln	10.0 stps inside Front hash(@8.75)
#6	108	4.0 stps outside Side 2 45 yd ln	10.0 stps inside Front hash(@8.75)
#7	124	4.0 stps outside Side 2 35 yd ln	10.0 stps inside Front hash(@8.75)
#7A	136	4.0 stps outside Side 2 35 yd ln	12.0 stps inside Front hash(@8.75)
#8	144	4.0 stps outside Side 2 35 yd ln	12.0 stps inside Front hash(@8.75)
#9	172	on Side 2 30 yd ln	4.0 stps outside Front hash(@8.75)
#9A	186	3.5 stps outside Side 2 40 yd ln	1.5 stps outside Front hash(@8.75)
#10	193	3.5 stps outside Side 2 40 yd ln	1.5 stps outside Front hash(@8.75)
#11	221	3.5 stps inside Side 2 30 yd ln	6.0 stps inside Front hash(@8.75)
#12	235	1.0 stps outside Side 2 25 yd ln	3.5 stps inside Front hash(@8.75)
#13	243	4.0 stps outside Side 2 30 yd ln	5.0 stps inside Front hash(@8.75)
#14	251	3.0 stps outside Side 2 30 yd ln	1.5 stps inside Front hash(@8.75)
#15	267	3.0 stps outside Side 2 30 yd ln	1.5 stps inside Front hash(@8.75)
#16	283	0.5 stps inside Side 2 25 yd ln	12.5 stps outside Front hash(@8.75)
#17	307	4.0 stps outside Side 2 30 yd ln	12.0 stps inside Front side line
#17A	331	on Side 2 40 yd ln	on Front hash(@8.75)
#18	351	on Side 2 40 yd ln	on Front hash(@8.75)
#19	379	4.0 stps inside Side 1 40 yd ln	on Front hash(@8.75)
#20	391	on Side 1 40 yd ln	4.0 stps outside Front hash(@8.75)

Name: _____ Label: 1 Symbol: S (ID: 89)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Back side line
#2	24	4.0 stps inside Side 1 45 yd ln	8.0 stps outside Back hash(@-8.75)
#2A	44	on Side 1 45 yd ln	on Back hash(@-8.75)
#3	52	on Side 1 45 yd ln	on Back hash(@-8.75)
#4	68	2.0 stps on Side 2 50 yd ln	4.0 stps outside Back hash(@-8.75)
#4A	76	2.0 stps on Side 2 50 yd ln	4.0 stps outside Back hash(@-8.75)
#5	92	2.0 stps on Side 2 50 yd ln	4.0 stps outside Back hash(@-8.75)
#6	108	4.0 stps inside Side 1 45 yd ln	on Back hash(@-8.75)
#7	124	4.0 stps outside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#7A	136	4.0 stps outside Side 2 45 yd ln	0.5 stps inside Back hash(@-8.75)
#8	144	4.0 stps outside Side 2 45 yd ln	4.0 stps inside Back hash(@-8.75)
#9	172	on Side 1 40 yd ln	4.0 stps inside Back hash(@-8.75)
#9A	186	3.0 stps outside Side 1 45 yd ln	1.0 stps inside Back hash(@-8.75)
#10	193	3.0 stps outside Side 1 45 yd ln	1.0 stps inside Back hash(@-8.75)
#11	221	on Side 2 45 yd ln	10.0 stps inside Back hash(@-8.75)
#12	235	2.0 stps inside Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#13	243	2.0 stps on Side 2 50 yd ln	10.0 stps inside Back hash(@-8.75)
#14	251	2.0 stps on Side 2 50 yd ln	10.0 stps inside Back hash(@-8.75)
#15	267	2.0 stps on Side 2 50 yd ln	10.0 stps inside Back hash(@-8.75)
#16	283	2.0 stps outside Side 2 40 yd ln	10.0 stps inside Back hash(@-8.75)
#17	307	2.0 stps outside Side 2 45 yd ln	4.0 stps inside Back hash(@-8.75)
#17A	331	2.0 stps outside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#18	351	2.0 stps outside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#19	379	2.0 stps outside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#20	391	2.0 stps outside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)

Name: _____ Label: 3 Symbol: S (ID: 91)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 45 yd ln	12.0 stps inside Back side line
#2	24	on Side 1 45 yd ln	8.0 stps outside Back hash(@-8.75)
#2A	44	4.0 stps inside Side 1 40 yd ln	on Back hash(@-8.75)
#3	52	4.0 stps inside Side 1 40 yd ln	on Back hash(@-8.75)
#4	68	2.0 stps on Side 1 50 yd ln	4.0 stps outside Back hash(@-8.75)
#4A	76	2.0 stps on Side 1 50 yd ln	4.0 stps outside Back hash(@-8.75)
#5	92	2.0 stps on Side 1 50 yd ln	4.0 stps outside Back hash(@-8.75)
#6	108	on Side 1 45 yd ln	on Back hash(@-8.75)
#7	124	on Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#7A	136	on Side 2 45 yd ln	0.5 stps inside Back hash(@-8.75)
#8	144	on Side 2 45 yd ln	4.0 stps inside Back hash(@-8.75)
#9	172	4.0 stps inside Side 1 35 yd ln	4.0 stps inside Back hash(@-8.75)
#9A	186	1.0 stps inside Side 1 40 yd ln	1.0 stps inside Back hash(@-8.75)
#10	193	1.0 stps inside Side 1 40 yd ln	1.0 stps inside Back hash(@-8.75)
#11	221	4.0 stps on Side 2 50 yd ln	10.0 stps inside Back hash(@-8.75)
#12	235	2.0 stps outside Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#13	243	2.0 stps on Side 1 50 yd ln	10.0 stps inside Back hash(@-8.75)
#14	251	2.0 stps on Side 1 50 yd ln	10.0 stps inside Back hash(@-8.75)
#15	267	2.0 stps on Side 1 50 yd ln	10.0 stps inside Back hash(@-8.75)
#16	283	2.0 stps inside Side 2 40 yd ln	10.0 stps inside Back hash(@-8.75)
#17	307	2.0 stps inside Side 2 45 yd ln	4.0 stps inside Back hash(@-8.75)
#17A	331	2.0 stps inside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#18	351	2.0 stps inside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#19	379	2.0 stps inside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#20	391	2.0 stps inside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)

Name: _____ Label: 2 Symbol: S (ID: 90)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps inside Side 1 45 yd ln	12.0 stps inside Back side line
#2	24	2.0 stps inside Side 1 45 yd ln	8.0 stps outside Back hash(@-8.75)
#2A	44	2.0 stps outside Side 1 45 yd ln	on Back hash(@-8.75)
#3	52	2.0 stps outside Side 1 45 yd ln	on Back hash(@-8.75)
#4	68	on 50 yd ln	4.0 stps outside Back hash(@-8.75)
#4A	76	on 50 yd ln	4.0 stps outside Back hash(@-8.75)
#5	92	on 50 yd ln	4.0 stps outside Back hash(@-8.75)
#6	108	2.0 stps inside Side 1 45 yd ln	on Back hash(@-8.75)
#7	124	2.0 stps outside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#7A	136	2.0 stps outside Side 2 45 yd ln	0.5 stps inside Back hash(@-8.75)
#8	144	2.0 stps outside Side 2 45 yd ln	4.0 stps inside Back hash(@-8.75)
#9	172	2.0 stps outside Side 1 40 yd ln	4.0 stps inside Back hash(@-8.75)
#9A	186	3.0 stps inside Side 1 40 yd ln	1.0 stps inside Back hash(@-8.75)
#10	193	3.0 stps inside Side 1 40 yd ln	1.0 stps inside Back hash(@-8.75)
#11	221	2.0 stps inside Side 2 45 yd ln	10.0 stps inside Back hash(@-8.75)
#12	235	on Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#13	243	on 50 yd ln	10.0 stps inside Back hash(@-8.75)
#14	251	on 50 yd ln	10.0 stps inside Back hash(@-8.75)
#15	267	on 50 yd ln	10.0 stps inside Back hash(@-8.75)
#16	283	on Side 2 40 yd ln	10.0 stps inside Back hash(@-8.75)
#17	307	on Side 2 45 yd ln	4.0 stps inside Back hash(@-8.75)
#17A	331	on Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#18	351	on Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#19	379	on Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#20	391	on Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)

Name: _____ Label: 4 Symbol: S (ID: 92)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps outside Side 1 45 yd ln	12.0 stps inside Back side line
#2	24	2.0 stps outside Side 1 45 yd ln	8.0 stps outside Back hash(@-8.75)
#2A	44	2.0 stps inside Side 1 40 yd ln	on Back hash(@-8.75)
#3	52	2.0 stps inside Side 1 40 yd ln	on Back hash(@-8.75)
#4	68	4.0 stps inside Side 1 45 yd ln	4.0 stps outside Back hash(@-8.75)
#4A	76	4.0 stps inside Side 1 45 yd ln	4.0 stps outside Back hash(@-8.75)
#5	92	4.0 stps inside Side 1 45 yd ln	4.0 stps outside Back hash(@-8.75)
#6	108	2.0 stps outside Side 1 45 yd ln	on Back hash(@-8.75)
#7	124	2.0 stps inside Side 2 45 yd ln	4.0 stps outside Back hash(@-8.75)
#7A	136	2.0 stps inside Side 2 45 yd ln	0.5 stps inside Back hash(@-8.75)
#8	144	2.0 stps inside Side 2 45 yd ln	4.0 stps inside Back hash(@-8.75)
#9	172	2.0 stps inside Side 1 35 yd ln	4.0 stps inside Back hash(@-8.75)
#9A	186	1.0 stps outside Side 1 40 yd ln	1.0 stps inside Back hash(@-8.75)
#10	193	1.0 stps outside Side 1 40 yd ln	1.0 stps inside Back hash(@-8.75)
#11	221	2.0 stps on Side 2 50 yd ln	10.0 stps inside Back hash(@-8.75)
#12	235	4.0 stps inside Side 1 40 yd ln	10.0 stps inside Back hash(@-8.75)
#13	243	4.0 stps inside Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#14	251	4.0 stps inside Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#15	267	4.0 stps inside Side 1 45 yd ln	10.0 stps inside Back hash(@-8.75)
#16	283	4.0 stps outside Side 2 45 yd ln	10.0 stps inside Back hash(@-8.75)
#17	307	4.0 stps on Side 2 50 yd ln	4.0 stps inside Back hash(@-8.75)
#17A	331	4.0 stps on Side 2 50 yd ln	4.0 stps outside Back hash(@-8.75)
#18	351	4.0 stps on Side 2 50 yd ln	4.0 stps outside Back hash(@-8.75)
#19	379	4.0 stps on Side 2 50 yd ln	4.0 stps outside Back hash(@-8.75)
#20	391	4.0 stps on Side 2 50 yd ln	4.0 stps outside Back hash(@-8.75)

Name: _____ Label: 1 Symbol: T (ID: 56)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 40 yd ln	12.0 stps outside Back hash(@-8.75)
#2	24	on Side 1 45 yd ln	4.0 stps outside Back hash(@-8.75)
#2A	44	3.0 stps outside Side 1 40 yd ln	8.0 stps inside Back hash(@-8.75)
#3	52	3.0 stps outside Side 1 40 yd ln	8.0 stps inside Back hash(@-8.75)
#4	68	3.0 stps outside Side 1 35 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	on Side 1 35 yd ln	13.0 stps inside Front hash(@8.75)
#5	92	on Side 1 35 yd ln	13.0 stps inside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 35 yd ln	13.0 stps inside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 25 yd ln	13.0 stps inside Front hash(@8.75)
#7A	136	4.0 stps inside Side 1 35 yd ln	9.0 stps inside Front hash(@8.75)
#8	144	4.0 stps inside Side 1 35 yd ln	9.0 stps inside Front hash(@8.75)
#9	172	4.0 stps inside Side 1 25 yd ln	on Front hash(@8.75)
#9A	186	1.0 stps outside Side 1 30 yd ln	8.5 stps inside Front hash(@8.75)
#10	193	1.0 stps outside Side 1 30 yd ln	8.5 stps inside Front hash(@8.75)
#11	221	1.5 stps inside Side 1 40 yd ln	9.5 stps inside Front hash(@8.75)
#12	235	2.5 stps inside Side 1 45 yd ln	3.0 stps inside Front hash(@8.75)
#13	243	3.0 stps inside Side 1 45 yd ln	6.0 stps inside Front hash(@8.75)
#14	251	on 50 yd ln	4.0 stps inside Front hash(@8.75)
#15	267	on 50 yd ln	4.0 stps inside Front hash(@8.75)
#16	283	on Side 2 40 yd ln	4.0 stps inside Front hash(@8.75)
#17	307	2.0 stps inside Side 2 35 yd ln	8.0 stps inside Front hash(@8.75)
#17A	331	4.0 stps on Side 2 50 yd ln	12.0 stps inside Front hash(@8.75)
#18	351	4.0 stps on Side 2 50 yd ln	12.0 stps inside Front hash(@8.75)
#19	379	4.0 stps outside Side 2 45 yd ln	8.0 stps inside Front hash(@8.75)
#20	391	on 50 yd ln	4.0 stps inside Front hash(@8.75)

Name: _____ Label: 3 Symbol: T (ID: 58)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 35 yd ln	12.0 stps outside Back hash(@-8.75)
#2	24	on 50 yd ln	4.0 stps outside Back hash(@-8.75)
#2A	44	1.0 stps on Side 1 50 yd ln	8.0 stps inside Back hash(@-8.75)
#3	52	1.0 stps on Side 1 50 yd ln	8.0 stps inside Back hash(@-8.75)
#4	68	1.0 stps outside Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	on Side 1 45 yd ln	13.0 stps inside Front hash(@8.75)
#5	92	on Side 1 45 yd ln	13.0 stps inside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 40 yd ln	13.0 stps inside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 30 yd ln	13.0 stps inside Front hash(@8.75)
#7A	136	4.0 stps inside Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#8	144	4.0 stps inside Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#9	172	4.0 stps inside Side 1 30 yd ln	on Front hash(@8.75)
#9A	186	1.5 stps outside Side 1 35 yd ln	6.5 stps inside Front hash(@8.75)
#10	193	1.5 stps outside Side 1 35 yd ln	6.5 stps inside Front hash(@8.75)
#11	221	1.5 stps inside Side 1 45 yd ln	7.5 stps inside Front hash(@8.75)
#12	235	3.5 stps inside Side 1 40 yd ln	on Front hash(@8.75)
#13	243	on Side 1 40 yd ln	1.0 stps outside Front hash(@8.75)
#14	251	2.0 stps outside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#15	267	2.0 stps outside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#16	283	2.0 stps on Side 1 50 yd ln	4.0 stps inside Front hash(@8.75)
#17	307	2.0 stps inside Side 1 45 yd ln	2.0 stps outside Front hash(@8.75)
#17A	331	on 50 yd ln	8.0 stps inside Back hash(@-8.75)
#18	351	on 50 yd ln	8.0 stps inside Back hash(@-8.75)
#19	379	on Side 2 40 yd ln	12.0 stps inside Back hash(@-8.75)
#20	391	on Side 2 35 yd ln	12.0 stps inside Front hash(@8.75)

Name: _____ Label: 2 Symbol: T (ID: 57)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 40 yd ln	12.0 stps outside Back hash(@-8.75)
#2	24	4.0 stps inside Side 1 45 yd ln	4.0 stps outside Back hash(@-8.75)
#2A	44	2.0 stps outside Side 1 45 yd ln	8.0 stps inside Back hash(@-8.75)
#3	52	2.0 stps outside Side 1 45 yd ln	8.0 stps inside Back hash(@-8.75)
#4	68	2.0 stps outside Side 1 40 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	on Side 1 40 yd ln	13.0 stps inside Front hash(@8.75)
#5	92	on Side 1 40 yd ln	13.0 stps inside Front hash(@8.75)
#6	108	on Side 1 40 yd ln	13.0 stps inside Front hash(@8.75)
#7	124	on Side 1 30 yd ln	13.0 stps inside Front hash(@8.75)
#7A	136	on Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#8	144	on Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#9	172	on Side 1 30 yd ln	on Front hash(@8.75)
#9A	186	3.0 stps inside Side 1 30 yd ln	6.0 stps inside Front hash(@8.75)
#10	193	3.0 stps inside Side 1 30 yd ln	6.0 stps inside Front hash(@8.75)
#11	221	0.5 stps outside Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#12	235	1.0 stps outside Side 1 45 yd ln	on Front hash(@8.75)
#13	243	on Side 1 45 yd ln	2.0 stps inside Front hash(@8.75)
#14	251	2.0 stps inside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#15	267	2.0 stps inside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#16	283	2.0 stps outside Side 2 45 yd ln	4.0 stps inside Front hash(@8.75)
#17	307	on Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#17A	331	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#18	351	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#19	379	4.0 stps outside Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#20	391	on Side 2 45 yd ln	4.0 stps inside Front hash(@8.75)

Name: _____ Label: 4 Symbol: T (ID: 59)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 35 yd ln	12.0 stps outside Back hash(@-8.75)
#2	24	4.0 stps on Side 2 50 yd ln	4.0 stps outside Back hash(@-8.75)
#2A	44	on Side 2 45 yd ln	8.0 stps inside Back hash(@-8.75)
#3	52	on Side 2 45 yd ln	8.0 stps inside Back hash(@-8.75)
#4	68	on 50 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	on 50 yd ln	13.0 stps inside Front hash(@8.75)
#5	92	on 50 yd ln	13.0 stps inside Front hash(@8.75)
#6	108	on Side 1 45 yd ln	13.0 stps inside Front hash(@8.75)
#7	124	on Side 1 35 yd ln	13.0 stps inside Front hash(@8.75)
#7A	136	on Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#8	144	on Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#9	172	on Side 1 35 yd ln	on Front hash(@8.75)
#9A	186	3.5 stps inside Side 1 35 yd ln	8.0 stps inside Front hash(@8.75)
#10	193	3.5 stps inside Side 1 35 yd ln	8.0 stps inside Front hash(@8.75)
#11	221	2.5 stps inside Side 1 45 yd ln	2.0 stps inside Front hash(@8.75)
#12	235	1.5 stps outside Side 1 40 yd ln	0.5 stps inside Front hash(@8.75)
#13	243	3.0 stps inside Side 1 40 yd ln	5.0 stps outside Front hash(@8.75)
#14	251	4.0 stps inside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#15	267	4.0 stps inside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#16	283	4.0 stps on Side 2 50 yd ln	4.0 stps inside Front hash(@8.75)
#17	307	2.0 stps on Side 1 50 yd ln	6.0 stps outside Front hash(@8.75)
#17A	331	4.0 stps inside Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#18	351	4.0 stps inside Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#19	379	on Side 2 40 yd ln	12.0 stps inside Front hash(@8.75)
#20	391	4.0 stps outside Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)

Name: _____ Label: 5 Symbol: T (ID: 60)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 45 yd ln	4.0 stps inside Back hash(@-8.75)
#2	24	on Side 1 40 yd ln	8.0 stps inside Back hash(@-8.75)
#2A	44	1.0 stps inside Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#3	52	1.0 stps inside Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#4	68	1.0 stps outside Side 2 45 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	on Side 2 45 yd ln	13.0 stps inside Front hash(@8.75)
#5	92	on Side 2 45 yd ln	13.0 stps inside Front hash(@8.75)
#6	108	4.0 stps inside Side 1 45 yd ln	13.0 stps inside Front hash(@8.75)
#7	124	4.0 stps inside Side 1 40 yd ln	8.0 stps inside Front hash(@8.75)
#7A	136	4.0 stps inside Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#8	144	4.0 stps inside Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#9	172	4.0 stps inside Side 1 35 yd ln	on Front hash(@8.75)
#9A	186	1.5 stps inside Side 1 40 yd ln	9.5 stps inside Front hash(@8.75)
#10	193	1.5 stps inside Side 1 40 yd ln	9.5 stps inside Front hash(@8.75)
#11	221	2.0 stps outside Side 1 45 yd ln	on Front hash(@8.75)
#12	235	0.5 stps inside Side 1 35 yd ln	on Front hash(@8.75)
#13	243	3.0 stps inside Side 1 35 yd ln	1.0 stps inside Front hash(@8.75)
#14	251	on Side 1 35 yd ln	3.5 stps inside Front hash(@8.75)
#15	267	on Side 1 35 yd ln	3.5 stps inside Front hash(@8.75)
#16	283	on Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#17	307	2.0 stps outside Side 1 45 yd ln	2.0 stps inside Front hash(@8.75)
#17A	331	on Side 1 45 yd ln	8.0 stps inside Back hash(@-8.75)
#18	351	on Side 1 45 yd ln	8.0 stps inside Back hash(@-8.75)
#19	379	4.0 stps outside Side 2 40 yd ln	8.0 stps inside Back hash(@-8.75)
#20	391	on Side 2 30 yd ln	12.0 stps inside Back hash(@-8.75)

Name: _____ Label: 7 Symbol: T (ID: 79)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 40 yd ln	4.0 stps outside Back hash(@-8.75)
#2	24	4.0 stps inside Side 1 45 yd ln	4.0 stps inside Back hash(@-8.75)
#2A	44	on Side 1 40 yd ln	8.0 stps inside Back hash(@-8.75)
#3	52	on Side 1 40 yd ln	8.0 stps inside Back hash(@-8.75)
#4	68	on Side 1 35 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps inside Side 1 35 yd ln	12.0 stps inside Back hash(@-8.75)
#5	92	4.0 stps inside Side 1 35 yd ln	12.0 stps inside Back hash(@-8.75)
#6	108	on Side 1 40 yd ln	12.0 stps inside Back hash(@-8.75)
#7	124	on Side 1 30 yd ln	12.0 stps inside Back hash(@-8.75)
#7A	136	on Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#8	144	on Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#9	172	on Side 1 30 yd ln	3.0 stps inside Front hash(@8.75)
#9A	186	on Side 1 30 yd ln	6.0 stps inside Front hash(@8.75)
#10	193	on Side 1 30 yd ln	6.0 stps inside Front hash(@8.75)
#11	221	3.5 stps outside Side 1 45 yd ln	9.5 stps inside Front hash(@8.75)
#12	235	1.0 stps inside Side 1 45 yd ln	1.0 stps inside Front hash(@8.75)
#13	243	4.0 stps inside Side 1 45 yd ln	3.0 stps outside Front hash(@8.75)
#14	251	3.0 stps on Side 1 50 yd ln	4.0 stps inside Front hash(@8.75)
#15	267	3.0 stps on Side 1 50 yd ln	4.0 stps inside Front hash(@8.75)
#16	283	3.0 stps inside Side 2 40 yd ln	4.0 stps inside Front hash(@8.75)
#17	307	3.0 stps outside Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#17A	331	on 50 yd ln	12.0 stps inside Front hash(@8.75)
#18	351	on 50 yd ln	12.0 stps inside Front hash(@8.75)
#19	379	on Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#20	391	4.0 stps on Side 2 50 yd ln	4.0 stps inside Front hash(@8.75)

Name: _____ Label: 6 Symbol: T (ID: 80)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 40 yd ln	4.0 stps outside Back hash(@-8.75)
#2	24	on Side 1 45 yd ln	4.0 stps inside Back hash(@-8.75)
#2A	44	1.0 stps outside Side 1 35 yd ln	8.0 stps inside Back hash(@-8.75)
#3	52	1.0 stps outside Side 1 35 yd ln	8.0 stps inside Back hash(@-8.75)
#4	68	1.0 stps outside Side 1 30 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps inside Side 1 30 yd ln	12.0 stps inside Back hash(@-8.75)
#5	92	4.0 stps inside Side 1 30 yd ln	12.0 stps inside Back hash(@-8.75)
#6	108	4.0 stps inside Side 1 35 yd ln	12.0 stps inside Back hash(@-8.75)
#7	124	4.0 stps inside Side 1 25 yd ln	12.0 stps inside Back hash(@-8.75)
#7A	136	4.0 stps inside Side 1 25 yd ln	12.0 stps inside Front hash(@8.75)
#8	144	4.0 stps inside Side 1 35 yd ln	12.0 stps inside Front hash(@8.75)
#9	172	4.0 stps inside Side 1 25 yd ln	3.0 stps inside Front hash(@8.75)
#9A	186	0.5 stps outside Side 1 30 yd ln	11.5 stps inside Front hash(@8.75)
#10	193	0.5 stps outside Side 1 30 yd ln	11.5 stps inside Front hash(@8.75)
#11	221	1.0 stps outside Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#12	235	2.5 stps inside Side 1 45 yd ln	6.0 stps inside Front hash(@8.75)
#13	243	2.0 stps on Side 2 50 yd ln	8.0 stps inside Front hash(@8.75)
#14	251	3.0 stps on Side 2 50 yd ln	4.0 stps inside Front hash(@8.75)
#15	267	3.0 stps on Side 2 50 yd ln	4.0 stps inside Front hash(@8.75)
#16	283	3.0 stps outside Side 2 40 yd ln	4.0 stps inside Front hash(@8.75)
#17	307	1.0 stps outside Side 2 35 yd ln	8.0 stps inside Front hash(@8.75)
#17A	331	on Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)
#18	351	on Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)
#19	379	on Side 2 45 yd ln	8.0 stps inside Front hash(@8.75)
#20	391	4.0 stps inside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)

Name: _____ Label: 8 Symbol: T (ID: 78)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 35 yd ln	4.0 stps outside Back hash(@-8.75)
#2	24	on 50 yd ln	4.0 stps inside Back hash(@-8.75)
#2A	44	1.0 stps inside Side 1 45 yd ln	8.0 stps inside Back hash(@-8.75)
#3	52	1.0 stps inside Side 1 45 yd ln	8.0 stps inside Back hash(@-8.75)
#4	68	1.0 stps inside Side 1 40 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps inside Side 1 40 yd ln	12.0 stps inside Back hash(@-8.75)
#5	92	4.0 stps inside Side 1 40 yd ln	12.0 stps inside Back hash(@-8.75)
#6	108	4.0 stps inside Side 1 40 yd ln	12.0 stps inside Back hash(@-8.75)
#7	124	4.0 stps inside Side 1 30 yd ln	12.0 stps inside Back hash(@-8.75)
#7A	136	4.0 stps inside Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#8	144	4.0 stps inside Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#9	172	4.0 stps inside Side 1 30 yd ln	3.0 stps inside Front hash(@8.75)
#9A	186	0.5 stps inside Side 1 35 yd ln	7.0 stps inside Front hash(@8.75)
#10	193	0.5 stps inside Side 1 35 yd ln	7.0 stps inside Front hash(@8.75)
#11	221	3.0 stps inside Side 1 45 yd ln	5.0 stps inside Front hash(@8.75)
#12	235	1.0 stps inside Side 1 40 yd ln	on Front hash(@8.75)
#13	243	2.0 stps inside Side 1 40 yd ln	3.0 stps inside Front hash(@8.75)
#14	251	1.0 stps outside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#15	267	1.0 stps outside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#16	283	1.0 stps inside Side 2 45 yd ln	4.0 stps inside Front hash(@8.75)
#17	307	3.0 stps inside Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)
#17A	331	on Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#18	351	on Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#19	379	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Front hash(@8.75)
#20	391	on Side 2 35 yd ln	8.0 stps inside Front hash(@8.75)

Name: _____ Label: 9 Symbol: T (ID: 77)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 35 yd ln	4.0 stps outside Back hash(@-8.75)
#2	24	4.0 stps on Side 2 50 yd ln	4.0 stps inside Back hash(@-8.75)
#2A	44	2.0 stps on Side 2 50 yd ln	8.0 stps inside Back hash(@-8.75)
#3	52	2.0 stps on Side 2 50 yd ln	8.0 stps inside Back hash(@-8.75)
#4	68	2.0 stps inside Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#5	92	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#6	108	on Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#7	124	on Side 1 35 yd ln	12.0 stps inside Back hash(@-8.75)
#7A	136	on Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#8	144	on Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#9	172	on Side 1 35 yd ln	3.0 stps inside Front hash(@8.75)
#9A	186	1.0 stps outside Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#10	193	1.0 stps outside Side 1 40 yd ln	9.0 stps inside Front hash(@8.75)
#11	221	0.5 stps inside Side 1 45 yd ln	0.5 stps inside Front hash(@8.75)
#12	235	3.5 stps inside Side 1 35 yd ln	0.5 stps inside Front hash(@8.75)
#13	243	1.0 stps inside Side 1 40 yd ln	8.0 stps outside Front hash(@8.75)
#14	251	1.0 stps inside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#15	267	1.0 stps inside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#16	283	1.0 stps on Side 2 50 yd ln	4.0 stps inside Front hash(@8.75)
#17	307	4.0 stps inside Side 1 45 yd ln	4.0 stps outside Front hash(@8.75)
#17A	331	on Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#18	351	on Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#19	379	4.0 stps outside Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)
#20	391	on Side 2 40 yd ln	8.0 stps inside Front hash(@8.75)

Name: _____ Label: 10 Symbol: T (ID: 76)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 40 yd ln	4.0 stps inside Back hash(@-8.75)
#2	24	on Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#2A	44	3.0 stps inside Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#3	52	3.0 stps inside Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#4	68	3.0 stps on Side 2 50 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps on Side 2 50 yd ln	12.0 stps inside Back hash(@-8.75)
#5	92	4.0 stps on Side 2 50 yd ln	12.0 stps inside Back hash(@-8.75)
#6	108	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#7	124	4.0 stps inside Side 1 40 yd ln	11.0 stps inside Front hash(@8.75)
#7A	136	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#8	144	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#9	172	4.0 stps inside Side 1 35 yd ln	3.0 stps inside Front hash(@8.75)
#9A	186	3.0 stps outside Side 1 45 yd ln	9.5 stps inside Front hash(@8.75)
#10	193	3.0 stps outside Side 1 45 yd ln	9.5 stps inside Front hash(@8.75)
#11	221	2.5 stps inside Side 1 40 yd ln	on Front hash(@8.75)
#12	235	1.5 stps outside Side 1 35 yd ln	1.0 stps outside Front hash(@8.75)
#13	243	3.0 stps outside Side 1 40 yd ln	3.0 stps outside Front hash(@8.75)
#14	251	3.0 stps inside Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#15	267	3.0 stps inside Side 1 35 yd ln	4.0 stps inside Front hash(@8.75)
#16	283	3.0 stps inside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#17	307	on Side 1 45 yd ln	on Front hash(@8.75)
#17A	331	4.0 stps inside Side 1 45 yd ln	8.0 stps inside Back hash(@-8.75)
#18	351	4.0 stps inside Side 1 45 yd ln	8.0 stps inside Back hash(@-8.75)
#19	379	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Back hash(@-8.75)
#20	391	4.0 stps outside Side 2 35 yd ln	12.0 stps inside Front hash(@8.75)

Name: _____ Label: 11 Symbol: T (ID: 75)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 40 yd ln	8.0 stps inside Back hash(@-8.75)
#2	24	4.0 stps inside Side 1 40 yd ln	12.0 stps inside Front hash(@8.75)
#2A	44	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#3	52	4.0 stps inside Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#4	68	4.0 stps outside Side 2 45 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps outside Side 2 45 yd ln	12.0 stps inside Back hash(@-8.75)
#5	92	4.0 stps outside Side 2 45 yd ln	12.0 stps inside Back hash(@-8.75)
#6	108	on 50 yd ln	12.0 stps inside Back hash(@-8.75)
#7	124	on Side 1 45 yd ln	11.0 stps inside Front hash(@8.75)
#7A	136	on 50 yd ln	12.0 stps inside Front hash(@8.75)
#8	144	on 50 yd ln	12.0 stps inside Front hash(@8.75)
#9	172	on Side 1 40 yd ln	3.0 stps inside Front hash(@8.75)
#9A	186	on Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#10	193	on Side 1 45 yd ln	9.0 stps inside Front hash(@8.75)
#11	221	on Side 1 40 yd ln	0.5 stps inside Front hash(@8.75)
#12	235	3.5 stps inside Side 1 30 yd ln	2.5 stps outside Front hash(@8.75)
#13	243	3.0 stps inside Side 1 35 yd ln	8.0 stps outside Front hash(@8.75)
#14	251	3.5 stps inside Side 1 30 yd ln	0.5 stps inside Front hash(@8.75)
#15	267	3.5 stps inside Side 1 30 yd ln	0.5 stps inside Front hash(@8.75)
#16	283	2.5 stps inside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#17	307	2.0 stps inside Side 1 40 yd ln	6.0 stps inside Front hash(@8.75)
#17A	331	on Side 1 40 yd ln	8.0 stps inside Back hash(@-8.75)
#18	351	on Side 1 40 yd ln	8.0 stps inside Back hash(@-8.75)
#19	379	4.0 stps outside Side 2 45 yd ln	8.0 stps inside Back hash(@-8.75)
#20	391	on Side 2 35 yd ln	12.0 stps inside Back hash(@-8.75)

Name: _____ Label: 12 Symbol: T (ID: 74)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 40 yd ln	12.0 stps inside Back hash(@-8.75)
#2	24	on Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#2A	44	3.0 stps inside Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)
#3	52	3.0 stps inside Side 2 45 yd ln	12.0 stps inside Front hash(@8.75)
#4	68	3.0 stps inside Side 2 35 yd ln	12.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Back hash(@-8.75)
#5	92	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Back hash(@-8.75)
#6	108	4.0 stps on Side 2 50 yd ln	12.0 stps inside Back hash(@-8.75)
#7	124	4.0 stps inside Side 1 45 yd ln	11.0 stps inside Front hash(@8.75)
#7A	136	4.0 stps on Side 2 50 yd ln	12.0 stps inside Front hash(@8.75)
#8	144	4.0 stps on Side 2 50 yd ln	12.0 stps inside Front hash(@8.75)
#9	172	4.0 stps inside Side 1 40 yd ln	3.0 stps inside Front hash(@8.75)
#9A	186	2.0 stps inside Side 1 45 yd ln	7.5 stps inside Front hash(@8.75)
#10	193	2.0 stps inside Side 1 45 yd ln	7.5 stps inside Front hash(@8.75)
#11	221	2.5 stps outside Side 1 40 yd ln	1.0 stps inside Front hash(@8.75)
#12	235	2.5 stps inside Side 1 30 yd ln	5.0 stps outside Front hash(@8.75)
#13	243	3.5 stps inside Side 1 30 yd ln	6.0 stps outside Front hash(@8.75)
#14	251	2.0 stps outside Side 1 35 yd ln	2.5 stps inside Front hash(@8.75)
#15	267	2.0 stps outside Side 1 35 yd ln	2.5 stps inside Front hash(@8.75)
#16	283	2.5 stps outside Side 1 45 yd ln	4.0 stps inside Front hash(@8.75)
#17	307	4.0 stps inside Side 1 40 yd ln	4.0 stps inside Front hash(@8.75)
#17A	331	4.0 stps inside Side 1 40 yd ln	8.0 stps inside Back hash(@-8.75)
#18	351	4.0 stps inside Side 1 40 yd ln	8.0 stps inside Back hash(@-8.75)
#19	379	on Side 2 40 yd ln	8.0 stps inside Back hash(@-8.75)
#20	391	4.0 stps outside Side 2 35 yd ln	12.0 stps inside Back hash(@-8.75)

Name: _____ Label: 1 Symbol: U (ID: 81)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 30 yd ln	8.0 stps outside Back hash(@-8.75)
#2	24	4.0 stps inside Side 1 25 yd ln	8.0 stps inside Back hash(@-8.75)
#2A	44	3.0 stps inside Side 1 20 yd ln	4.0 stps inside Back hash(@-8.75)
#3	52	3.0 stps inside Side 1 20 yd ln	4.0 stps inside Back hash(@-8.75)
#4	68	3.0 stps inside Side 1 30 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	on Side 1 35 yd ln	3.0 stps inside Back hash(@-8.75)
#5	92	on Side 1 35 yd ln	3.0 stps inside Back hash(@-8.75)
#6	108	on Side 1 45 yd ln	3.0 stps inside Back hash(@-8.75)
#7	124	4.0 stps on Side 2 50 yd ln	3.0 stps inside Back hash(@-8.75)
#7A	136	4.0 stps outside Side 2 45 yd ln	10.0 stps inside Back hash(@-8.75)
#8	144	4.0 stps outside Side 2 45 yd ln	10.0 stps inside Back hash(@-8.75)
#9	172	4.0 stps inside Side 1 40 yd ln	4.0 stps inside Back hash(@-8.75)
#9A	186	1.0 stps outside Side 1 45 yd ln	0.5 stps inside Back hash(@-8.75)
#10	193	1.0 stps outside Side 1 45 yd ln	0.5 stps inside Back hash(@-8.75)
#11	221	1.0 stps inside Side 2 45 yd ln	12.0 stps inside Back hash(@-8.75)
#12	235	1.5 stps inside Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#13	243	on 50 yd ln	11.0 stps inside Front hash(@8.75)
#14	251	on Side 1 45 yd ln	14.0 stps inside Back hash(@-8.75)
#15	267	on Side 1 45 yd ln	14.0 stps inside Back hash(@-8.75)
#16	283	on Side 2 45 yd ln	14.0 stps inside Back hash(@-8.75)
#17	307	2.0 stps outside Side 2 35 yd ln	10.0 stps inside Front hash(@8.75)
#17A	331	4.0 stps outside Side 2 40 yd ln	on Back hash(@-8.75)
#18	351	4.0 stps outside Side 2 40 yd ln	on Back hash(@-8.75)
#19	379	4.0 stps inside Side 1 45 yd ln	4.0 stps inside Back hash(@-8.75)
#20	391	4.0 stps outside Side 2 45 yd ln	8.0 stps inside Back hash(@-8.75)

Name: _____ Label: 2 Symbol: U (ID: 82)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 30 yd ln	8.0 stps outside Back hash(@-8.75)
#2	24	on Side 1 30 yd ln	8.0 stps inside Back hash(@-8.75)
#2A	44	4.0 stps inside Side 1 25 yd ln	4.0 stps inside Back hash(@-8.75)
#3	52	4.0 stps inside Side 1 25 yd ln	4.0 stps inside Back hash(@-8.75)
#4	68	4.0 stps inside Side 1 35 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	on Side 1 40 yd ln	3.0 stps inside Back hash(@-8.75)
#5	92	on Side 1 40 yd ln	3.0 stps inside Back hash(@-8.75)
#6	108	4.0 stps inside Side 1 45 yd ln	3.0 stps inside Back hash(@-8.75)
#7	124	on Side 2 45 yd ln	3.0 stps inside Back hash(@-8.75)
#7A	136	on Side 2 40 yd ln	13.0 stps inside Back hash(@-8.75)
#8	144	on Side 2 40 yd ln	13.0 stps inside Back hash(@-8.75)
#9	172	on Side 1 45 yd ln	7.0 stps inside Back hash(@-8.75)
#9A	186	2.5 stps on Side 2 50 yd ln	0.5 stps inside Back hash(@-8.75)
#10	193	2.5 stps on Side 2 50 yd ln	0.5 stps inside Back hash(@-8.75)
#11	221	3.5 stps inside Side 1 45 yd ln	12.5 stps inside Back hash(@-8.75)
#12	235	1.5 stps outside Side 1 40 yd ln	11.5 stps inside Back hash(@-8.75)
#13	243	3.0 stps inside Side 1 40 yd ln	11.0 stps inside Front hash(@8.75)
#14	251	1.0 stps outside Side 1 40 yd ln	13.5 stps inside Back hash(@-8.75)
#15	267	1.0 stps outside Side 1 40 yd ln	13.5 stps inside Back hash(@-8.75)
#16	283	1.0 stps on Side 1 50 yd ln	14.0 stps inside Back hash(@-8.75)
#17	307	4.0 stps outside Side 2 40 yd ln	12.0 stps inside Back hash(@-8.75)
#17A	331	on Side 2 45 yd ln	on Back hash(@-8.75)
#18	351	on Side 2 45 yd ln	on Back hash(@-8.75)
#19	379	on Side 2 45 yd ln	4.0 stps inside Back hash(@-8.75)
#20	391	on Side 2 35 yd ln	8.0 stps inside Back hash(@-8.75)

Name: _____ Label: 3 Symbol: U (ID: 83)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 1 35 yd ln	8.0 stps outside Back hash(@-8.75)
#2	24	4.0 stps inside Side 1 30 yd ln	8.0 stps inside Back hash(@-8.75)
#2A	44	3.0 stps outside Side 1 35 yd ln	4.0 stps inside Back hash(@-8.75)
#3	52	3.0 stps outside Side 1 35 yd ln	4.0 stps inside Back hash(@-8.75)
#4	68	3.0 stps outside Side 1 45 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	on Side 1 45 yd ln	3.0 stps inside Back hash(@-8.75)
#5	92	on Side 1 45 yd ln	3.0 stps inside Back hash(@-8.75)
#6	108	on 50 yd ln	3.0 stps inside Back hash(@-8.75)
#7	124	4.0 stps outside Side 2 45 yd ln	3.0 stps inside Back hash(@-8.75)
#7A	136	on Side 2 40 yd ln	10.0 stps inside Back hash(@-8.75)
#8	144	on Side 2 40 yd ln	10.0 stps inside Back hash(@-8.75)
#9	172	on Side 1 45 yd ln	4.0 stps inside Back hash(@-8.75)
#9A	186	1.5 stps inside Side 1 45 yd ln	0.5 stps inside Back hash(@-8.75)
#10	193	1.5 stps inside Side 1 45 yd ln	0.5 stps inside Back hash(@-8.75)
#11	221	3.5 stps on Side 2 50 yd ln	13.0 stps inside Back hash(@-8.75)
#12	235	1.0 stps outside Side 1 45 yd ln	11.5 stps inside Back hash(@-8.75)
#13	243	2.0 stps on Side 1 50 yd ln	13.0 stps inside Back hash(@-8.75)
#14	251	3.0 stps outside Side 1 45 yd ln	13.5 stps inside Back hash(@-8.75)
#15	267	3.0 stps outside Side 1 45 yd ln	13.5 stps inside Back hash(@-8.75)
#16	283	3.0 stps inside Side 2 45 yd ln	14.0 stps inside Back hash(@-8.75)
#17	307	on Side 2 35 yd ln	12.0 stps inside Front hash(@8.75)
#17A	331	on Side 2 40 yd ln	on Back hash(@-8.75)
#18	351	on Side 2 40 yd ln	on Back hash(@-8.75)
#19	379	on 50 yd ln	4.0 stps inside Back hash(@-8.75)
#20	391	on Side 2 40 yd ln	8.0 stps inside Back hash(@-8.75)

Name: _____ Label: 4 Symbol: U (ID: 84)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 35 yd ln	8.0 stps outside Back hash(@-8.75)
#2	24	on Side 1 35 yd ln	8.0 stps inside Back hash(@-8.75)
#2A	44	2.0 stps outside Side 1 40 yd ln	4.0 stps inside Back hash(@-8.75)
#3	52	2.0 stps outside Side 1 40 yd ln	4.0 stps inside Back hash(@-8.75)
#4	68	2.0 stps on Side 1 50 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	on 50 yd ln	3.0 stps inside Back hash(@-8.75)
#5	92	on 50 yd ln	3.0 stps inside Back hash(@-8.75)
#6	108	4.0 stps on Side 2 50 yd ln	3.0 stps inside Back hash(@-8.75)
#7	124	on Side 2 40 yd ln	3.0 stps inside Back hash(@-8.75)
#7A	136	4.0 stps outside Side 2 40 yd ln	13.0 stps inside Back hash(@-8.75)
#8	144	4.0 stps outside Side 2 40 yd ln	13.0 stps inside Back hash(@-8.75)
#9	172	4.0 stps inside Side 1 45 yd ln	7.0 stps inside Back hash(@-8.75)
#9A	186	2.0 stps inside Side 2 45 yd ln	1.5 stps inside Back hash(@-8.75)
#10	193	2.0 stps inside Side 2 45 yd ln	1.5 stps inside Back hash(@-8.75)
#11	221	0.5 stps inside Side 1 45 yd ln	12.0 stps inside Back hash(@-8.75)
#12	235	3.0 stps inside Side 1 35 yd ln	11.5 stps inside Back hash(@-8.75)
#13	243	2.0 stps inside Side 1 40 yd ln	10.0 stps inside Back hash(@-8.75)
#14	251	1.0 stps inside Side 1 35 yd ln	13.5 stps inside Front hash(@8.75)
#15	267	1.0 stps inside Side 1 35 yd ln	13.5 stps inside Front hash(@8.75)
#16	283	1.0 stps inside Side 1 45 yd ln	14.0 stps inside Back hash(@-8.75)
#17	307	on Side 2 40 yd ln	8.0 stps inside Back hash(@-8.75)
#17A	331	on 50 yd ln	on Back hash(@-8.75)
#18	351	on 50 yd ln	on Back hash(@-8.75)
#19	379	on Side 2 40 yd ln	4.0 stps inside Back hash(@-8.75)
#20	391	on Side 2 30 yd ln	8.0 stps inside Back hash(@-8.75)

Name: _____ Label: 5 Symbol: U (ID: 85)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 35 yd ln	8.0 stps inside Front hash(@8.75)
#2	24	4.0 stps outside Side 2 40 yd ln	on Back hash(@-8.75)
#2A	44	1.0 stps inside Side 2 40 yd ln	2.0 stps outside Back hash(@-8.75)
#3	52	1.0 stps inside Side 2 40 yd ln	2.0 stps outside Back hash(@-8.75)
#4	68	1.0 stps inside Side 2 45 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	on Side 2 45 yd ln	3.0 stps inside Back hash(@-8.75)
#5	92	on Side 2 45 yd ln	3.0 stps inside Back hash(@-8.75)
#6	108	on Side 2 45 yd ln	3.0 stps inside Back hash(@-8.75)
#7	124	4.0 stps outside Side 2 40 yd ln	3.0 stps inside Back hash(@-8.75)
#7A	136	4.0 stps outside Side 2 40 yd ln	10.0 stps inside Back hash(@-8.75)
#8	144	4.0 stps outside Side 2 40 yd ln	10.0 stps inside Back hash(@-8.75)
#9	172	4.0 stps inside Side 1 45 yd ln	4.0 stps inside Back hash(@-8.75)
#9A	186	3.0 stps on Side 1 50 yd ln	0.5 stps inside Back hash(@-8.75)
#10	193	3.0 stps on Side 1 50 yd ln	0.5 stps inside Back hash(@-8.75)
#11	221	1.0 stps on Side 2 50 yd ln	13.5 stps inside Back hash(@-8.75)
#12	235	3.5 stps outside Side 1 45 yd ln	11.5 stps inside Back hash(@-8.75)
#13	243	1.0 stps inside Side 1 45 yd ln	12.0 stps inside Front hash(@8.75)
#14	251	2.0 stps inside Side 1 40 yd ln	13.5 stps inside Back hash(@-8.75)
#15	267	2.0 stps inside Side 1 40 yd ln	13.5 stps inside Back hash(@-8.75)
#16	283	2.0 stps on Side 2 50 yd ln	14.0 stps inside Back hash(@-8.75)
#17	307	2.0 stps inside Side 2 35 yd ln	14.0 stps inside Back hash(@-8.75)
#17A	331	4.0 stps outside Side 2 45 yd ln	on Back hash(@-8.75)
#18	351	4.0 stps outside Side 2 45 yd ln	on Back hash(@-8.75)
#19	379	4.0 stps on Side 2 50 yd ln	4.0 stps inside Back hash(@-8.75)
#20	391	4.0 stps outside Side 2 40 yd ln	8.0 stps inside Back hash(@-8.75)

Name: _____ Label: 6 Symbol: U (ID: 86)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	on Side 2 30 yd ln	8.0 stps inside Front hash(@8.75)
#2	24	on Side 2 35 yd ln	on Back hash(@-8.75)
#2A	44	on Side 2 35 yd ln	2.0 stps outside Back hash(@-8.75)
#3	52	on Side 2 35 yd ln	2.0 stps outside Back hash(@-8.75)
#4	68	on Side 2 40 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	on Side 2 40 yd ln	3.0 stps inside Back hash(@-8.75)
#5	92	on Side 2 40 yd ln	3.0 stps inside Back hash(@-8.75)
#6	108	4.0 stps outside Side 2 45 yd ln	3.0 stps inside Back hash(@-8.75)
#7	124	on Side 2 35 yd ln	3.0 stps inside Back hash(@-8.75)
#7A	136	on Side 2 35 yd ln	13.0 stps inside Back hash(@-8.75)
#8	144	on Side 2 35 yd ln	13.0 stps inside Back hash(@-8.75)
#9	172	on 50 yd ln	7.0 stps inside Back hash(@-8.75)
#9A	186	on Side 2 45 yd ln	3.0 stps inside Back hash(@-8.75)
#10	193	on Side 2 45 yd ln	3.0 stps inside Back hash(@-8.75)
#11	221	2.0 stps outside Side 1 45 yd ln	11.5 stps inside Back hash(@-8.75)
#12	235	0.5 stps inside Side 1 35 yd ln	12.0 stps inside Back hash(@-8.75)
#13	243	3.0 stps outside Side 1 40 yd ln	14.0 stps inside Back hash(@-8.75)
#14	251	1.5 stps outside Side 1 35 yd ln	13.0 stps inside Front hash(@8.75)
#15	267	1.5 stps outside Side 1 35 yd ln	13.0 stps inside Front hash(@8.75)
#16	283	2.0 stps outside Side 1 45 yd ln	13.5 stps inside Back hash(@-8.75)
#17	307	2.0 stps inside Side 2 40 yd ln	6.0 stps inside Back hash(@-8.75)
#17A	331	4.0 stps inside Side 1 45 yd ln	on Back hash(@-8.75)
#18	351	4.0 stps inside Side 1 45 yd ln	on Back hash(@-8.75)
#19	379	4.0 stps outside Side 2 40 yd ln	4.0 stps inside Back hash(@-8.75)
#20	391	4.0 stps outside Side 2 30 yd ln	8.0 stps inside Back hash(@-8.75)

Name: _____ Label: 7 Symbol: U (ID: 87)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 30 yd ln	8.0 stps inside Front hash(@8.75)
#2	24	4.0 stps outside Side 2 35 yd ln	on Back hash(@-8.75)
#2A	44	1.0 stps outside Side 2 30 yd ln	2.0 stps outside Back hash(@-8.75)
#3	52	1.0 stps outside Side 2 30 yd ln	2.0 stps outside Back hash(@-8.75)
#4	68	1.0 stps outside Side 2 35 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	on Side 2 35 yd ln	3.0 stps inside Back hash(@-8.75)
#5	92	on Side 2 35 yd ln	3.0 stps inside Back hash(@-8.75)
#6	108	4.0 stps outside Side 2 40 yd ln	3.0 stps inside Back hash(@-8.75)
#7	124	on Side 2 30 yd ln	3.0 stps inside Back hash(@-8.75)
#7A	136	4.0 stps outside Side 2 35 yd ln	13.0 stps inside Back hash(@-8.75)
#8	144	4.0 stps outside Side 2 35 yd ln	13.0 stps inside Back hash(@-8.75)
#9	172	4.0 stps on Side 2 50 yd ln	7.0 stps inside Back hash(@-8.75)
#9A	186	1.5 stps outside Side 2 45 yd ln	5.5 stps inside Back hash(@-8.75)
#10	193	1.5 stps outside Side 2 45 yd ln	5.5 stps inside Back hash(@-8.75)
#11	221	3.0 stps inside Side 1 40 yd ln	11.5 stps inside Back hash(@-8.75)
#12	235	2.0 stps outside Side 1 35 yd ln	12.0 stps inside Back hash(@-8.75)
#13	243	3.0 stps inside Side 1 35 yd ln	9.0 stps inside Back hash(@-8.75)
#14	251	3.0 stps inside Side 1 30 yd ln	12.5 stps inside Front hash(@8.75)
#15	267	3.0 stps inside Side 1 30 yd ln	12.5 stps inside Front hash(@8.75)
#16	283	3.0 stps inside Side 1 40 yd ln	13.5 stps inside Back hash(@-8.75)
#17	307	4.0 stps outside Side 2 45 yd ln	4.0 stps inside Back hash(@-8.75)
#17A	331	on Side 1 45 yd ln	on Back hash(@-8.75)
#18	351	on Side 1 45 yd ln	on Back hash(@-8.75)
#19	379	4.0 stps outside Side 2 40 yd ln	on Back hash(@-8.75)
#20	391	4.0 stps outside Side 2 35 yd ln	4.0 stps inside Back hash(@-8.75)

Name: _____ Label: 8 Symbol: U (ID: 88)
File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps outside Side 2 30 yd ln	4.0 stps inside Front hash(@8.75)
#2	24	4.0 stps outside Side 2 35 yd ln	4.0 stps inside Back hash(@-8.75)
#2A	44	2.0 stps inside Side 2 30 yd ln	2.0 stps outside Back hash(@-8.75)
#3	52	2.0 stps inside Side 2 30 yd ln	2.0 stps outside Back hash(@-8.75)
#4	68	2.0 stps inside Side 2 35 yd ln	2.0 stps inside Back hash(@-8.75)
#4A	76	4.0 stps outside Side 2 40 yd ln	6.0 stps inside Back hash(@-8.75)
#5	92	4.0 stps outside Side 2 40 yd ln	6.0 stps inside Back hash(@-8.75)
#6	108	on Side 2 40 yd ln	3.0 stps inside Back hash(@-8.75)
#7	124	4.0 stps outside Side 2 35 yd ln	3.0 stps inside Back hash(@-8.75)
#7A	136	on Side 2 35 yd ln	10.0 stps inside Back hash(@-8.75)
#8	144	on Side 2 35 yd ln	10.0 stps inside Back hash(@-8.75)
#9	172	on 50 yd ln	4.0 stps inside Back hash(@-8.75)
#9A	186	on Side 1 50 yd ln	0.5 stps inside Back hash(@-8.75)
#10	193	on Side 1 50 yd ln	0.5 stps inside Back hash(@-8.75)
#11	221	1.5 stps on Side 1 50 yd ln	13.0 stps inside Back hash(@-8.75)
#12	235	1.0 stps inside Side 1 40 yd ln	11.5 stps inside Back hash(@-8.75)
#13	243	4.0 stps inside Side 1 40 yd ln	13.0 stps inside Back hash(@-8.75)
#14	251	4.0 stps inside Side 1 35 yd ln	13.5 stps inside Front hash(@8.75)
#15	267	4.0 stps inside Side 1 35 yd ln	13.5 stps inside Front hash(@8.75)
#16	283	4.0 stps inside Side 1 45 yd ln	14.0 stps inside Back hash(@-8.75)
#17	307	2.0 stps outside Side 2 40 yd ln	10.0 stps inside Back hash(@-8.75)
#17A	331	4.0 stps on Side 2 50 yd ln	on Back hash(@-8.75)
#18	351	4.0 stps on Side 2 50 yd ln	on Back hash(@-8.75)
#19	379	4.0 stps outside Side 2 45 yd ln	4.0 stps inside Back hash(@-8.75)
#20	391	4.0 stps outside Side 2 35 yd ln	8.0 stps inside Back hash(@-8.75)

Name: _____ Label: 1 Symbol: Y (ID: 100)

File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps outside Side 1 40 yd ln	12.0 stps inside Back side line
#2	24	2.0 stps outside Side 1 40 yd ln	8.0 stps outside Back hash(@-8.75)
#2A	44	2.0 stps inside Side 1 35 yd ln	on Back hash(@-8.75)
#3	52	2.0 stps inside Side 1 35 yd ln	on Back hash(@-8.75)
#4	68	4.0 stps inside Side 1 40 yd ln	4.0 stps outside Back hash(@-8.75)
#4A	76	4.0 stps inside Side 1 40 yd ln	4.0 stps outside Back hash(@-8.75)
#5	92	4.0 stps inside Side 1 40 yd ln	4.0 stps outside Back hash(@-8.75)
#6	108	on Side 1 40 yd ln	4.0 stps outside Back hash(@-8.75)
#7	124	on 50 yd ln	8.0 stps outside Back hash(@-8.75)
#7A	136	on 50 yd ln	3.0 stps outside Back hash(@-8.75)
#8	144	on 50 yd ln	on Back hash(@-8.75)
#9	172	4.0 stps inside Side 1 30 yd ln	on Back hash(@-8.75)
#9A	186	1.0 stps inside Side 1 35 yd ln	3.0 stps outside Back hash(@-8.75)
#10	193	1.0 stps inside Side 1 35 yd ln	3.0 stps outside Back hash(@-8.75)
#11	221	4.0 stps inside Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#12	235	2.0 stps outside Side 1 40 yd ln	6.0 stps inside Back hash(@-8.75)
#13	243	2.0 stps outside Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#14	251	2.0 stps outside Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#15	267	2.0 stps outside Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#16	283	2.0 stps inside Side 2 45 yd ln	6.0 stps inside Back hash(@-8.75)
#17	307	2.0 stps on Side 1 50 yd ln	on Back hash(@-8.75)
#17A	331	2.0 stps on Side 1 50 yd ln	8.0 stps outside Back hash(@-8.75)
#18	351	2.0 stps on Side 1 50 yd ln	8.0 stps outside Back hash(@-8.75)
#19	379	2.0 stps on Side 1 50 yd ln	8.0 stps outside Back hash(@-8.75)
#20	391	2.0 stps on Side 1 50 yd ln	8.0 stps outside Back hash(@-8.75)

Name: _____ Label: 2 Symbol: Y (ID: 101)

File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	4.0 stps inside Side 1 35 yd ln	12.0 stps inside Back side line
#2	24	4.0 stps inside Side 1 35 yd ln	8.0 stps outside Back hash(@-8.75)
#2A	44	on Side 1 35 yd ln	on Back hash(@-8.75)
#3	52	on Side 1 35 yd ln	on Back hash(@-8.75)
#4	68	2.0 stps inside Side 1 40 yd ln	4.0 stps outside Back hash(@-8.75)
#4A	76	2.0 stps inside Side 1 40 yd ln	4.0 stps outside Back hash(@-8.75)
#5	92	2.0 stps inside Side 1 40 yd ln	4.0 stps outside Back hash(@-8.75)
#6	108	2.0 stps outside Side 1 40 yd ln	4.0 stps outside Back hash(@-8.75)
#7	124	2.0 stps on Side 1 50 yd ln	8.0 stps outside Back hash(@-8.75)
#7A	136	2.0 stps on Side 1 50 yd ln	3.0 stps outside Back hash(@-8.75)
#8	144	2.0 stps on Side 1 50 yd ln	on Back hash(@-8.75)
#9	172	2.0 stps inside Side 1 30 yd ln	on Back hash(@-8.75)
#9A	186	1.0 stps outside Side 1 35 yd ln	3.0 stps outside Back hash(@-8.75)
#10	193	1.0 stps outside Side 1 35 yd ln	3.0 stps outside Back hash(@-8.75)
#11	221	2.0 stps inside Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#12	235	4.0 stps inside Side 1 35 yd ln	6.0 stps inside Back hash(@-8.75)
#13	243	4.0 stps inside Side 1 40 yd ln	6.0 stps inside Back hash(@-8.75)
#14	251	4.0 stps inside Side 1 40 yd ln	6.0 stps inside Back hash(@-8.75)
#15	267	4.0 stps inside Side 1 40 yd ln	6.0 stps inside Back hash(@-8.75)
#16	283	4.0 stps on Side 2 50 yd ln	6.0 stps inside Back hash(@-8.75)
#17	307	4.0 stps inside Side 1 45 yd ln	on Back hash(@-8.75)
#17A	331	4.0 stps inside Side 1 45 yd ln	8.0 stps outside Back hash(@-8.75)
#18	351	4.0 stps inside Side 1 45 yd ln	8.0 stps outside Back hash(@-8.75)
#19	379	4.0 stps inside Side 1 45 yd ln	8.0 stps outside Back hash(@-8.75)
#20	391	4.0 stps inside Side 1 45 yd ln	8.0 stps outside Back hash(@-8.75)

Name: _____ Label: 3 Symbol: Y (ID: 102)

File: C:\Program Files\Pyware 3D Java Interactive\Drills\2010 Irvine HS Mvt 1.3dj

Set	Count	Side 1-Side 2	Back-Front
#1	0	2.0 stps inside Side 1 35 yd ln	12.0 stps inside Back side line
#2	24	2.0 stps inside Side 1 35 yd ln	8.0 stps outside Back hash(@-8.75)
#2A	44	2.0 stps outside Side 1 35 yd ln	on Back hash(@-8.75)
#3	52	2.0 stps outside Side 1 35 yd ln	on Back hash(@-8.75)
#4	68	on Side 1 40 yd ln	4.0 stps outside Back hash(@-8.75)
#4A	76	on Side 1 40 yd ln	4.0 stps outside Back hash(@-8.75)
#5	92	on Side 1 40 yd ln	4.0 stps outside Back hash(@-8.75)
#6	108	4.0 stps inside Side 1 35 yd ln	4.0 stps outside Back hash(@-8.75)
#7	124	4.0 stps inside Side 1 45 yd ln	8.0 stps outside Back hash(@-8.75)
#7A	136	4.0 stps inside Side 1 45 yd ln	3.0 stps outside Back hash(@-8.75)
#8	144	4.0 stps inside Side 1 45 yd ln	on Back hash(@-8.75)
#9	172	on Side 1 30 yd ln	on Back hash(@-8.75)
#9A	186	3.0 stps outside Side 1 35 yd ln	3.0 stps outside Back hash(@-8.75)
#10	193	3.0 stps outside Side 1 35 yd ln	3.0 stps outside Back hash(@-8.75)
#11	221	on Side 1 45 yd ln	6.0 stps inside Back hash(@-8.75)
#12	235	2.0 stps inside Side 1 35 yd ln	6.0 stps inside Back hash(@-8.75)
#13	243	2.0 stps inside Side 1 40 yd ln	6.0 stps inside Back hash(@-8.75)
#14	251	2.0 stps inside Side 1 40 yd ln	6.0 stps inside Back hash(@-8.75)
#15	267	2.0 stps inside Side 1 40 yd ln	6.0 stps inside Back hash(@-8.75)
#16	283	2.0 stps on Side 2 50 yd ln	6.0 stps inside Back hash(@-8.75)
#17	307	2.0 stps inside Side 1 45 yd ln	on Back hash(@-8.75)
#17A	331	2.0 stps inside Side 1 45 yd ln	8.0 stps outside Back hash(@-8.75)
#18	351	2.0 stps inside Side 1 45 yd ln	8.0 stps outside Back hash(@-8.75)
#19	379	2.0 stps inside Side 1 45 yd ln	8.0 stps outside Back hash(@-8.75)
#20	391	2.0 stps inside Side 1 45 yd ln	8.0 stps outside Back hash(@-8.75)