

4 Mallet Exercises

Mark

Chords -
This exercise works on the double vertical stroke

Mallets



ETC

5

9

12

3

3

3

3

ETC

Detailed description: This musical exercise is written on a single treble clef staff in common time (C). It consists of four lines of music. The first line starts with a treble clef and a common time signature. It contains a sequence of chords, each marked with a vertical stroke. The chords progress through various keys, including major and minor triads and dyads. The second line begins with a measure number '5'. The third line begins with a measure number '9'. The fourth line begins with a measure number '12' and includes three triplet markings over groups of notes. The exercise concludes with a double bar line and the word 'ETC'.

The shifting between chords should occur at the same time as the upstroke. Try to shift your center-of-body to reach those difficult -to-play chords. Don't compromise your posture and technique just so you can hit the right notes.

Interval Control -

This exercise works on interval control with Stevens' grip and the lateral stroke



15

19

23

27

Detailed description: This musical exercise is written on a single treble clef staff in common time (C). It consists of four lines of music. The first line starts with a treble clef and a common time signature. It contains a sequence of eighth notes, each marked with a vertical stroke. The notes progress through various intervals. The second line begins with a measure number '15'. The third line begins with a measure number '19'. The fourth line begins with a measure number '23'. The exercise concludes with a double bar line and a final note.

The difference between a lateral stroke and an independent rotation is a mechanical matter. With a lateral stroke, the mallets move as if they are on a see-saw; as one comes down onto the keyboard, the other is on its way up. There is a flick of the wrist involved to get both mallets moving. With an independent rotations, the mallet returns to a "set" position before being used again. Movement here also relies on the fact that as one mallet is being played, the other in the same hand simply rotates.